



**North
Dakota
Long Term Care
ASSOCIATION**

Serving the Full Continuum of Care

NDLTCA Newsletter

March 31, 2026

All Members - All Members
Assisted Living - AL
Basic Care and Adult Residential - BC

Care at Home - CH
Home Health - HH
Nursing Facilities - NF

Thank you for your Platinum sponsorship, HSI!



NDLTCA Updates

🌟 **Help Us Keep Our Career Opportunities Updated!** 🌟

All Members

Do you have open positions at your facility? We'd love to help you spread the word!

Please send all job opportunities to belma@ndltca.org so we can get them posted on our website: ndltca.org/job-opening-list/

Additionally, we're asking all members to take a quick moment to review the current listings. If you see any positions that are filled, outdated, or need to be removed, please let Belma know so we can keep the page accurate and helpful for job seekers across the state. Your updates

ensure our career opportunities page remains a valuable resource for both applicants and our facilities. Thank you for your partnership!

Education

Register Now: 49th Annual Convention & Expo – Early bird end this Friday at Midnight!

All Members

“The Magic of Caring: Celebrating the Everyday Moments that Matter Most”

We’re excited to invite you to our 49th Annual Convention & Expo—and it’s shaping up to be an event you won’t want to miss!

The full schedule is now available, with dynamic sessions, inspiring speakers, and valuable networking opportunities designed to support and energize your work. You can explore the Convention Brochure and Attendee Collection Form on our website and begin planning your experience today.

 View event details and materials here: <https://ndltca.org/events/conventionexpo/>

Early Bird Deadline – Don’t Miss Out!

Be sure to register **by Friday, April 3 at midnight** to take advantage of early bird pricing.

As in years past, facilities that register **at least one attendee by the early bird deadline** may continue to add additional attendees at the discounted rate through **April 10**.

 **Not sure if you're already registered?**

No problem—just reach out! Also, Peggy sent an email on Monday, March 31 reminding members to register and included a list of who has registered so far.

✉ Belma: belma@ndltca.org

✉ Peggy: peggy@ndltca.org

Upcoming Webinar Reminder: Strategies to Reduce Agency Usage


All Members

Wednesday, April 8 | 12:00 p.m. (CT)

Join us for an insightful webinar on reducing agency staffing reliance, hosted by [Flint Healthcare](#)

For many care facilities, agency staffing begins as a short-term solution—but often becomes a long-term expense. In this session, Anson will share practical strategies and real-world approaches facilities are using to successfully reduce agency dependency while maintaining quality care.

This is a great opportunity to gain actionable insights and ask questions specific to your organization.

 A calendar invite has already been sent to all members—be sure to accept it and join us on April 8!

✉ If you did not receive the calendar invite, please email Peggy at peggy@ndltca.org and an invite will be sent to you.

👉 Reserve your spot and come ready with questions—we look forward to having you there!

Register for April's True Leadership Lunch-N-Learn: Boomers to Zoomers

All Members

There is still time to get registered! The University of Mary and Missouri Slope is excited to invite you to a **FREE** training on Boomers to Zoomers: Generational Differences. This session will be available both virtually and in-person at Missouri Slope Lutheran Care Center. The Lunch-N-Learn will feature Dr. Mary Dockter, VP of Medical Education and Partnerships and Dean of the College of Health Professions at the University of Mary. This training gives insight into the different generations within the workplace, reasons for conflict, and strategies to transform differences into powerful strengths. This session is ideal for anyone working within multigenerational teams.

Register for one of our 28 **in-person** spots [HERE](#) *(you will receive a second email with more details once registered)

Register for the **virtual** presentation [HERE](#)

Date: Thursday, April 2nd

 **Time: 12:00 PM – 1:00 PM CST**

Who Should Attend? Professionals looking to enhance their ability to drive meaningful change.
Please feel free to forward this invite on to your teams, colleagues, and friends!

Like what you hear in the webinar? Explore our wide range of online graduate business degrees at <https://www.umary.edu/>

ICYMI: Watch This Dining Webinar and Download AHCA's New Food & Nutrition Toolkit

All Members

AHCA/NCAL's recent free webinar titled *A Whole-Person Approach to Resident Dining & Wellbeing* discusses modern dining and complementary wellbeing practices for senior living residents. [Read More](#)

Assisted Living

NCAL Update: Growth, Advocacy, and 2026 Priorities

AL and BC

The National Center for Assisted Living (NCAL) is part of the American Health Care Association (AHCA) and serves as the national voice for assisted living providers. NCAL is experiencing the strongest membership growth in its history, now representing more than 300,000 assisted living beds nationwide. This growth strengthens our collective voice at both the federal and state levels. While federal policymakers increasingly focus on assisted living, NCAL continues to emphasize that assisted living policy is best developed at the state level. NCAL strongly encourage members to actively engage in advocacy, particularly by inviting federally elected officials to tour assisted living communities during congressional recess.

In 2026, NCAL will prioritize:

- Workforce development and retention

- Protecting and supporting adequate reimbursement
 - Maintaining a fair, balanced, and manageable regulatory environment
 - Serving as a trusted resource to members
 - Strategic Plan Alignment
-

The QAPI Advantage: Redefining Quality in Assisted Living

AL and BC

NCAL offers a 35-minute online course titled *Quality Assurance Performance Improvement 101 for Assisted Living*. [Read More](#)

Workforce

NDSU Employer Survey

All Members

The Challey Institute at North Dakota State University is conducting a brief research survey and would appreciate your participation. The survey asks employers about workforce shortages, hard-to-fill roles, and what credentials or “skill signals” are most credible in hiring-particularly for immigrants/refugees/asylees and non-traditional adult learners. The survey takes ~10–12 minutes and they ask that it be completed by **April 3**:

https://ndstate.co1.qualtrics.com/jfe/form/SV_3z69TEAG1jYAbAO

They are happy to share an executive summary back once results are compiled.

If you're interested in checking out some of the other work they've completed, please visit: [Publications](#).

Regulatory

HHS Issues Final Rule on Health Care Claims Attachment Standards

All Members

On March 20, 2026, the U.S. Department of Health and Human Services (HHS) Office of the Secretary issued a [final rule](#), titled 'Administrative Simplification; Adoption of Standards for Health Care Claims Attachments Transactions and Electronic Signatures.' This final rule establishes for the first time HIPAA-adopted standards for health care claims attachments transactions.

CMS Updates Key Beneficiary Notices for Home Health and Hospice

CH

CMS announced the long-anticipated updates to several Medicare beneficiary notices through this week's [MLN Connects newsletter](#), with additional details available on the [Beneficiary](#)

[Notices Initiative \(BNI\) webpage](#). These updates impact providers in home health and hospice and include important compliance time lines.

Alliance Update

2026 Alliance Annual Meeting & Exposition

CH

Early Bird Rate Ends March 31!

Join care at home leaders for the [2026 Alliance Annual Meeting & Exposition](#) in Washington, DC, October 27-30, for engaging [pre-conference workshops](#), high-impact sessions, peer networking, and the [largest care at home expo](#), all designed to help you gain insights and explore solutions that can transform your organization.

Alliance Member Resource: Program Integrity

Recommendations

CH

- Explore [resources](#) for members.

Program integrity is essential to protecting individuals receiving care, taxpayers, and the sustainability of the Medicare and Medicaid programs. Any fraudulent activity in Medicaid HCBS is a threat to individuals receiving care and legitimate providers who are operating in good faith in an increasingly challenging landscape. The Alliance has been actively engaged on these

issues, and is working in tandem with members to shape the national conversation and enforcement landscape with regulators and lawmakers as it relates to combatting fraud, waste, and abuse.

As Alliance members continue to take an active role in program integrity initiatives and conversations, [this resource page](#) can help members stay prepared, engaged, and informed. Explore [resources](#) including talking points, recommendations, and recent updates.

Insurance

BCBS Update

NF

First, our strategic affiliation between BCBSND and Cambia Health Solutions was effective February 1, 2026. As far as what this means for providers, there are no immediate changes, you will use the same processes and tools as you do today. Your contracts with BCBSND remain in effect, and your usual contacts and resources remain in place. Members have retained their coverage and continue to use their insurance cards as they do today.

We have more information on our website: <https://www.bcbsnd.com/our-company/affiliation>

I also wanted to update this group on our Provider Collaboration Sessions that we hold annually. This year, they will be held in June.

- Minot - Tuesday, June 9
- Bismarck - Thursday, June 11
- Grand Forks - Wednesday, June 17
- Fargo, ND - Thursday, June 18

- Virtual - Tuesday, June 23

Registration, agenda, and event locations will be shared in April through HealthCare News.

If you are not signed up for HealthCare News, you can sign up here:

<https://www.bcbsnd.com/providers/news-resources/healthcare-news-sign-up>

And lastly, I wanted to share a membership update for NextBlue. As of January 2026, our membership is about 6,500.

Medica Update

Medica Network Providers

[April 2026 News](#)

Medicaid

ND Medicaid Provider Newsletter

All Members

[March 2026 Provider Newsletter](#)



Contact us at 701-222-0660 or email Nikki at nikki@ndltca.org or Peggy at peggy@ndltca.org.