

Welcome to NDLTCA-Care at Home Listserv!

NDLTCA Care at Home Listserv (Groups.io)

NDLTCA has launched a private email discussion list for **Care at Home members** using **Groups.io**. This is a simple, email-based way to ask questions, share ideas, and connect with other providers across the state.

How It Works

- This is **email-first** — you use your **existing work email**.
- Send an email to the group address ndltca-ch@group.io to start a discussion.
- Replies come back to your inbox like a normal email.
- No new email account or platform to manage.

Optional Web Access

- Groups.io also has a website [ndltca-ch@groups.io | Home](https://ndltca-ch@groups.io/Home) where messages are stored for reference.
- You do **not** need to log in unless you want to:
 - change email settings (individual emails vs. daily digest), or
 - search past conversations.

Sharing Files

- Files can be attached to messages.
- Attachments are stored with the discussion so members can find them later without digging through email.

Getting Started

- You'll receive an invitation email with the group address and basic instructions.
- Once you accept, you're set — no additional setup required.

Antitrust Policy Requirements

Because this space includes people from different organizations — some of whom may be competitors — we need to be careful not to discuss anything related to pricing or vendor-specific financial details. This includes things like:

- What you pay or charge
- Discounts, rebates, or margins
- Terms of sale
- Future pricing plans
- Encouraging vendors to use the same pricing or contracting approach
- Anything tied to bids, regional pricing, or specific customers

These types of conversations can unintentionally cross into antitrust territory, which puts both individuals and the association at risk.

What *Is* Appropriate to Discuss

Members are encouraged to use this forum to engage in constructive, non-commercial discussion, including:

- General questions and peer-to-peer problem solving
- Shared operational experiences (without financial specifics)
- Regulatory and policy interpretation questions
- Staffing challenges, recruitment, and workforce strategies
- Quality improvement efforts and best practices
- Compliance, survey, and enforcement trends
- Education, training, and resource sharing

These discussions support collaboration, learning, and advocacy while remaining consistent with antitrust requirements. As a general rule, conversations should focus on **policy, practice, and experience**, not on pricing, contracting, or competitive business decisions.

Need Help?

If you have questions or need help getting started, contact **Stacy Irely** at stacy@ndltca.org.