



NDLTCA Newsletter

November 18, 2025

All Members - *All Members*
Assisted Living - *AL*
Basic Care and Adult Residential - *BC*
Nursing Facilities - *NF*

NDLTCA Updates



All Members

National Rural Health Day gives us a chance to celebrate the *power of rural* and recognize the selfless, community-minded spirit that defines rural North Dakota. At NDLTCA, we are proud to honor the dedication, compassion, and innovation shown every day by the long term care providers who serve our rural communities. Your commitment ensures that North Dakotans have access to quality care close to home, and we want you to know how deeply you are valued—by your residents, your communities, our state, and our association.

We encourage all North Dakota facilities to take a moment on November 20 to celebrate and show your support for National Rural Health Day. If you share stories or photos on social media, please use **#PowerofRural** to join the statewide and national celebration of rural healthcare.

NDLTCA Advocacy and Committee Progress

All Members

Over the past several months, NDLTCA and its members have been deeply engaged in a wide range of policy, payment, and quality discussions with HHS and legislators. This includes major work on the Nursing Facility Incentive Program, the transition to PDPM, RSMMeans and infrastructure funding discussions, and Basic Care and Assisted Living licensing and payment reform. We're also facilitating targeted workgroups on the upper payment limit, immediate jeopardy trends, antipsychotic rates, survey process issues, Rural Health Transformation Fund, and Medicaid audit concerns. These efforts are moving steadily forward, and your input continues to shape the proposals and next steps.

Upcoming Meetings & Topics

Assisted Living, Adult Residential, and Basic Care

- **December 3** – Beginning Basic Care and Adult Residential reimbursement discussions with HHS and legislators. *In-person committee meeting*
- **December 8** – NDLTCA Committee meets to debrief and continue planning payment modeling. *Virtual committee meeting*
- **December 9** - AL/BC Networking Session. *Virtual member meeting*
- **January 8** – Payment model review with HHS and legislators. *In-person committee meeting*

Administrative Rules Committee

- **December 3** – PDPM-related nursing facility rate-setting updates and reinstatement of the Basic Care six-month adjustment factor [More info](#)

Workforce Partnership

- **December 11 at 2pm CST** – Strengthen Recruitment. Boost Retention. Invest in Your Team’s Future. NDLTCA partners with University of Mary [Join the meeting now](#)

Informational Webinar for Prospective Home Health, Home Care, or Hospice Members

- **December 16 at 9am CST** – Details coming soon

Nursing Facility Incentive Program (NFIP) Workgroup

- **December (TBD)** – Final refinements integrating the greater membership's feedback before NDHHS finalizes proposal

RSMeans / Infrastructure Ad Hoc Committee

- **Late November or Early December (TBD)** – Final refinements and negotiations

NDLTCA Board Meeting

- **January 28 at 11 am, Bismarck**

NDLTCA Membership Meeting

- **January 28 at 2 pm, Bismarck**
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NDLTCA Caregiver of the Year Award Nominations

All Members

Do you know a long term care employee who goes above and beyond to enhance the lives of residents or tenants? Now's the time to recognize their dedication!

The North Dakota Long Term Care Association (NDLTCA) is accepting nominations for the 2026 Caregiver of the Year Award. All employees working in North Dakota long term care facilities are eligible.



Winners will be honored at the NDLTCA Annual Convention in Bismarck, May 5–8, 2026, during the Awards Gala on Wednesday, May 6.



Deadline: Nominations must be postmarked by Friday, February 6, 2026



Learn more and access the fillable nomination form at ndltca.org/caregiver



NDLTCA Volunteer of the Year Award – Nominate a Hero!

All Members

Have a volunteer who has made a lasting impact on your residents' lives? Show your appreciation by nominating them for the 2026 Volunteer of the Year Award!

NDLTCA is proud to honor individuals or groups who have significantly contributed to the quality of life in long term care settings.



Winners will be celebrated at the NDLTCA Annual Convention in Bismarck, May 5–8, 2026, during the Awards Gala on Wednesday, May 6.

 Deadline: Nominations must be postmarked by Friday, February 6, 2026

 Download the nomination form and learn more at ndltca.org/volunteer

Education



New Facilities Assessment Blog Series from Healthcare Academy:

NF

In long-term care, success starts with understanding your facility's needs—and turning that knowledge into meaningful education plans.

In this two-part blog series, Healthcare Academy explores how facility assessments and thoughtful course planning work hand in hand to support compliance, staff development, and quality care.

Part 1 – *The Annual Facility Assessment: A Compass for Long-Term Care Success*

Learn how to transform your annual facility assessment from a regulatory requirement into a powerful tool for identifying needs, guiding staffing, and shaping educational priorities.

Read Part 1: <https://healthcareacademy.com/the-annual-facility-assessment-a-compass-for-long-term-care-success-part-1/>

Part 2 – *Creating Effective Course Plans for Long-Term Care Facilities*

Discover how to turn assessment insights into action with strategies for building targeted, engaging course plans that align with your facility's goals.

Read Part 2: <https://healthcareacademy.com/the-annual-facility-assessment-creating-effective-course-plans-for-long-term-care-facilities-part-2/>

Together, these insights help leaders create stronger teams, improve outcomes, and foster a culture of continuous learning.

AHCA/NCAL Gero Nurse Prep



Need to Demonstrate Gerontological Nursing Competency?

Gero Nurse Prep is the Answer!

- Significantly boosts experienced LTC RNs gerontological nursing knowledge
- 94% first time pass rate on the optional additional ANCC Board Certification Exam
- Online 24/7 & flexible with up to 12 months to complete

Save \$200 through November 15, 2024
with promo code: **GEROBC24**

RNs Specially Trained in Gerontological Nursing Deliver:

- Better short- & long-term outcomes
- Fewer re-hospitalizations
- Fewer deficiencies
- Stronger nurse leadership
- Clinical confidence



All Members

Gero Nurse Prep is affordable practical training designed for nurses working in LTC. Visit geronurseprep.com to learn more about this online program designed to help nurses increase their geriatric nursing skills and improve facility performance. AHCA/NCAL members will save \$200 off the regular \$790 price through December 31, 2025 on the 30-hour Gero Nurse Prep course by using promo code **LPN25** or **RN25** at checkout.

AHCA Education: Optimizing Operations

NF

We are excited to announce the launch of a new educational webinar series: [AHCA Education: Optimizing Operations](#), now available on ahcancalED.

This three-part series is designed to help organizations strengthen their operational performance through better process design, workflow management, and continuous improvement strategies. Whether you're a facility administrator, department manager, or quality improvement professional, this resource offers practical tools to elevate your day-to-day operations.

Webinar Series Overview:

AHCA/NCAL members can access all three webinars on-demand:

1. **Designing Effective and Efficient Work Processes – Available Now!**
2. Managing Processes for Optimal Results – *Coming Soon*
3. Evaluate, Improve, and Excel – *Coming Soon*

Each session includes real-world exercises using F812 Food Procurement as a case study, guiding participants through a systematic approach to operational excellence that supports survey readiness and regulatory success.

Why This Matters

- Learn how to build and refine work processes that drive performance.
- Gain insights into managing workflows for consistent results.
- Explore strategies for evaluating and improving operations over time.

Registration is free for AHCA/NCAL members. To register, log in to ahcancaLED using your member credentials and click the green "Register" button at the top of the page. For help, email educate@ahca.org.

In Case You Missed It:

All Members

- [First-Time Applicant Hour: Intro to the Quality Award Journey](#)
Recorded on 9/25/2025 - Registration is **free** to AHCA/NCAL members.
 - [Preparing for TEAM: What SNF and PAC Providers Need to Know](#)
Recorded on 9/30/2025 at 3pm EDT - Registration is **free** to AHCA/NCAL members. A [certificate of attendance](#) will be issued upon successful viewing.
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Advocacy

Interim Legislative Calendar

All Members

Nov. 18 | 10 am | Health Care Committee | [More info.](#)

Nov. 19 | 9 am | Human Services Committee | [More info.](#)

Dec. 3 | 10 am | Administrative Rules Committee | [More info.](#)

Dec. 3 | 10 am | Legislative Task Force on Government Efficiency | [More info.](#)

Dec. 12 | 1:30 pm | Department of Health & Human Services Admin Rules Hearing
(nursing facilities) | [More info.](#)

Dec. 12 | 3 pm | Department of Health & Human Services Admin Rules Hearing
(electronic monitoring) | [More info.](#)

AHCA/NCAL Supports Efforts Requesting Long-Term Legislative Telehealth Fix

NF

AHCA/NCAL recently joined efforts with 448 health care, consumer, and technology organizations in sending a stakeholder letter requesting Congressional Leadership to implement a long-term telehealth fix in the next legislative package. [Read More](#)

Regulatory

NORTH DAKOTA MEDICAID

Billing and Policy Manual

Basic Care Facilities

BC

Updates to this document in August 2025 and shared by Kathryn Good:

<https://www.hhs.nd.gov/sites/www/files/documents/Medicaid%20Policies/basic-care-facilities.pdf>

Assisted Living

The LTC Data Cooperative for Assisted Living Is a Source for New Data

AL

Join the Long-Term Care Data Cooperative to harness EHR insights that enhance safety, quality, and resident outcomes in assisted living communities while contributing to national research and care improvement. [Read More](#)

Save \$75 on NCAL's Assisted Living Leadership Training This Fall

AL

Enhance your leadership skills with *Assisted Living Leadership – It's Time to Level Up!*, a comprehensive course covering emotional intelligence, conflict resolution, and data-driven leadership. [Read More](#)

Quality

Using Psychological Safety to Build a QAPI Culture

All Members

Communities that thrive are those that treat QAPI as a culture, not a checklist. And at the heart of that culture is psychological safety. [Read More](#)

Office Hours with an OT Expert- Navigating Consent for Residents Seeking Companionship

All Members

These free, one-hour sessions, held every three weeks, provide a safe and supportive space for long-term care professionals to bring forward real-life scenarios, concerns, and questions related to resident consent and companionship. Guided by trained facilitators who are **Skills2Care® certified** and **creators of the C.A.R.E.™ Checklist**, participants will explore best practices and gain practical strategies for navigating complex situations with compassion, respect, and regulatory alignment.

Dec 10, Dec 31, Jan 21, Feb 11...

Every 3 weeks on Wednesdays at 2 pm CST

Join Zoom Meeting

<https://us06web.zoom.us/j/81015242958?pwd=GdYepAfjVnWc7XckXjLstZn36g12Oc.1>

Would you like these added to your calendar? Ask [Nikki](#) to forward the meeting invite to you.

Workforce

We want your input – The realities of LTC nursing

All Members

[AAPACN](#) and [LTC 100](#) have partnered to create a new survey that gives long-term care nurses and CNAs the opportunity to share their voices and experiences. We want to understand what contributes to job satisfaction, what challenges you face, and what keeps you inspired to stay in this vital field.

The survey includes 16 questions, along with three optional open-ended responses where you can share your personal thoughts. You'll need approximately 10 minutes to complete the questions, and we would appreciate your response **by Sunday, Nov. 30**.

Simply click on the link below or cut and paste the entire URL into your browser.

<https://www.surveymonkey.com/r/2025AAPACNLTC10>

Please also feel free to forward this to other nurses and CNAs working in long-term care.

We'll be sharing the results with owners, operators, and C-suite leaders to help them better understand what makes nurses and CNAs stay—and what factors may drive them away.

Thank you for taking a few minutes to share your perspective. Your voice will help shape the future of long-term care.

Amy Stewart, MSN, RN, DNS-MT, QCP-MT, RAC-MT, RAC-MTA
Chief Nursing Officer
AAPACN

Thank you to our Bronze Sponsors, HIA Hospice and Pope Design Group for your continued support!





Contact us at 701-222-0660 or email Nikki at nikki@ndltca.org or Peggy at peggy@ndltca.org.