

# FEELINGS

Absorbed	Dazzled	Fatigued	Jealous	Rancorous	Uncomfortable
Adventurous	Dejected	Fearful	Jittery	Rapturous	Unconcerned
Affectionate	Delighted	Fidgety	Joyful	Relaxed	Uneasy
Afraid	Depressed	Forlorn	Jubilant	Reluctant	Unglued
Agitated	Despaired	Free	Judged	Repelled	Unhappy
Aggravated	Despondent	Friendly	Judgmental	Resentful	Unlovable
Alarmed	Detached	Frightened		Restful	Unnerved
Alert	Disaffected	Frustrated	Keyed-up	Restless	Unsafe
Alive	Disappointed	Fulfilled			Unsteady
Aloof	Discouraged	Furious	Lazy	Sad	Upbeat
Amused	Disenchanted		Leery	Safe	Uptight
Angry	Disgruntled	Generous	Lethargic	Scared	
Anguished	Disgusted	Glad	Listless	Secure	Vexed
Animated	Disheartened	Gleeful	Lonely	Sensitive	
Annoyed	Dismayed	Gloomy	Lovable	Serene	Warm
Anxious	Disquieted	Glorious	Loving	Shaky	Wearry
Apathetic	Displeased	Glowing		Shame	Wistful
Appreciative	Distressed	Grateful	Mad	Shocked	Withdrawn
Apprehensive	Disturbed	Gratified	Mean	Skeptical	Woeful
Ardent	Downcast	Guilty	Mellow	Sleepy	Wonderful
Ashamed	Downhearted		Merry	Sorrowful	Worried
Astonished	Dull	Happy	Miserable	Sorry	Wretched
Aroused		Harried	Mopey	Spellbound	
	Eager	Heavy	Morose	Spiritless	Zestful
Beat	Ebullient	Helpful	Mournful	Splendid	
Bewildered	Ecstatic	Helpless	Moved	Startled	
Bitter	Edgy	Hesitant		Stimulated	
Blah	Effervescent	Hopeful	Nervous	Suspicious	
Blissful	Elated	Horrible	Nettled	Surprised	
Blue	Embarrassed	Horrificed	Numb		
Bored	Embittered	Hostile		Tender	
Breathless	Enchanted	Hot	Optimistic	Tepid	
Brokenhearted	Encouraged	Humdrum	Overjoyed	Terrified	
Buoyant	Energetic	Hurt	Overwhelmed	Thankful	
	Engrossed			Tired	
Calm	Enliven	Impatient	Panicky	Touched	
Carefree	Enthusiastic	Indifferent	Passive	Tranquil	
Chagrined	Exasperated	Inquisitive	Peaceful	Troubled	
Cheerful	Excited	Inspired	Perky	Trusting	
Cold	Exhausted	Intense	Perplexed		
Comfortable	Exhilarated	Interested	Pessimistic		
Complacent	Expansive	Intrigued	Pleasant		
Composed	Expectant	Invigorated	Proud		
Concerned	Exultant	Involved	Puzzled		
Confident		Irate			
Confused		Irked			
Contented					
Cool					
Cross					

