

# *You're Invited*

## 48<sup>th</sup> NDLTCA Annual Convention & Expo

May 6-9, 2025 | Bismarck Event Center & Radisson Hotel



### Working in partnership with

ACHCA/ND Roughrider Chapter  
Activity Professionals of ND  
Long Term Care Social Workers of ND  
National Association of Directors of Nursing Administration  
ND Association of Nutrition & Foodservice Professionals  
ND Chaplains Association  
ND Environmental Services Association



**North Dakota  
Long Term Care**  
ASSOCIATION

[www.NDLTCA.org](http://www.NDLTCA.org) | (701) 222-0660  
1900 North 11th Street, Bismarck, ND 58501

# Convention Registration



## 48<sup>th</sup> NDLTCA Annual Convention & Expo

May 6-9, 2025 | Bismarck Event Center & Radisson Hotel



Register by March 31 to meet the early bird deadline. Please visit our website at [www.ndltca.org/convention](http://www.ndltca.org/convention) to register online. We have enclosed an attendee collection form for you and your staff to fill out for each participant to help streamline the online registration. Registration includes breakfast and lunch (Awards Gala is not included). Each licensed facility must register separately.

**REGISTER ONLINE: [www.ndltca.org/convention](http://www.ndltca.org/convention)**

Questions? Please contact Belma Chpeljac at [belma@ndltca.org](mailto:belma@ndltca.org) or 701-354-9775

**Register by March 31, 2025  
for the early bird discount!**

	NDLTCA Member		Non-Member		Student/ AIT	Member Guest	Non-Mem- ber Guest	
	BEFORE	AFTER	BEFORE	AFTER				
Convention Pass	Full Registration* (1-4 persons)	\$350	\$450	\$660	\$760	\$200	—	—
	Full Registration* (5 or more attendees)	\$300	\$400	\$600	\$700		—	—
	Theme Hospitality Social & Dance (Thurs, May 8)	included	included	included	included	included	\$40	\$40
	Tuesday (May 6)	\$125	\$225	\$250	\$350	\$50	—	—
	Wednesday (May 7)	\$200	\$300	\$400	\$500	\$100	—	—
	Thursday (May 8)	\$225	\$325	\$425	\$525	\$100	—	—
	Friday (May 9)	\$125	\$225	\$250	\$350	\$50	—	—
	*Awards Gala Ticket (Wed, May 7 – Not included in registration cost.)	\$60	\$100	\$125	\$150	\$60	\$60	\$125
	Expo Show Guest (Wed, May 7)	—	—	—	—	—	\$50	\$100

**NOTE:** Upon completion of your registration, you will receive an email with your registration confirmation number. BE SURE TO KEEP THIS EMAIL AND CONFIRMATION NUMBER. You will need this confirmation number to make changes to your registration and to download your Certificate of Attendance after the conference. Any changes to attendees will need to be done by April 16 to ensure name badges are correct. If you have any changes after this date, please notify Belma at [belma@ndltca.org](mailto:belma@ndltca.org). You can make changes to your sessions up until the start of the conference via the mobile app or by logging into your registration on the website.

### Continuing Education Information

Attendees will be scanned in and out of sessions to monitor and track attendance. In order to receive full credit, you must attend the entire session. In the event of late arrival and/or early departure, hours will be amended accordingly. Credit is only available for each session attended. It is the responsibility of the attendee to be sure that they get scanned in and out of each session they attend. It is also their responsibility to report any issue with the badge being scanned to the room monitor or registration desk.

NDLTCA has applied for nursing contact hours through the ND Board of Nursing.

NDLTCA has applied for contact hours to the Association of Nutrition and Food Service Professionals and the Dietetic Association.

NDLTCA is an approved provider of education by the ND Board of Examiners for Nursing Home Administrators, the Long Term Care Social Workers of ND, and the Activity Professionals of ND.

If you have any questions regarding continuing education hours, please contact Belma Chpeljac at 701-354-9775 or email [belma@ndltca.org](mailto:belma@ndltca.org)





# Convention Information

## Refund/Cancellation Policy

If a registrant cannot attend, an alternate registrant may attend in his/her place. Cancellations received at least 20 business days, prior to May 2nd will receive a full refund for the registration fee. Cancellations received 13-19 business days prior to May 2nd will receive a refund of 75% of the registration fee. Cancellations received 6-12 business days prior to May 2nd will receive a refund of 50% of the registration fee.

Cancellations after April 25th will be charged the full registration fee. No refunds for any credit card fees if paid via credit card. All cancellations must be made in writing and may be emailed to [peggy@ndltca.org](mailto:peggy@ndltca.org) or [belma@ndltca.org](mailto:belma@ndltca.org). Refunds if applicable will be issued via check from NDLTCA after the Convention, regardless of original payment type.

### Survey/Organization Related Disaster

A full refund, minus registration fee and any credit card fees, will be issued due to a state survey or organization-related disaster. Facilities meeting these circumstances must send proof of the survey and/or disaster.

### Substitution Policy No Badge Sharing Policy

If you register and then are unable to attend, you may send someone in your place at no additional charge. Substitutions must be submitted in writing prior to the first day of the Convention. After this date, all substitutions will be processed at on-site registration. Please email [belma@ndltca.org](mailto:belma@ndltca.org) the full name, facility, address, telephone number and email address of the individual who will be replacing you, thereby authorizing the substitution to be made. If the original person has already received their badge in the mail, please follow the same steps when emailing [belma@ndltca.org](mailto:belma@ndltca.org) and have the substitute bring the original registrant's badge to hand in at the on-site registration desk. There will be no sharing of a Full Registration amongst staff.

### Inclement Weather/Illness

There are no refunds available for cancellations due to weather if the seminar itself is not cancelled. In the case of illness, death in the family or other reason, the organization may send another individual to take the place of the current registrant or receive the handout material; see above refund/cancellation policy.

### NDLTCA Code of Conduct Summary

The North Dakota Long Term Care Association (NDLTCA) is committed to ensuring a respectful, safe, and inclusive environment for all participants at NDLTCA events. Attendees, members, and staff are expected to treat others with respect, engage in professional dialogue, and follow venue rules.

Unacceptable behavior includes any form of harassment, discrimination, threats of violence, or disruptive actions. All participants must comply with the instructions of event moderators and NDLTCA staff. If you witness or experience inappropriate conduct, report it to NDLTCA staff immediately. In case of escalating situations, contact security or call 911.

Violations of this Code may result in immediate removal from the event, suspension of future participation, or termination of membership/registration without refund.

**Early bird DEADLINE**  
**March 31, 2025**

To register online visit  
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# Featured Speakers

## OPENING KEYNOTE

Wednesday, 3:15 p.m. – 5:00 p.m.

### 16. The Big Goal Blueprint



#### Brant Menswar

From former rock star to visionary thought leader, Brant Menswar ignites unstoppable momentum in organizations and individual trailblazers facing uncertainty. He seamlessly fuses proprietary research, personal growth principles, and cutting-edge leadership strategies to forge unbreakable, high-performing

cultures while inspiring companies to crush their BIG goals.

A best-selling author and Cornell-certified expert in the Psychology of Leadership, Brant has earned his place among the top motivational speakers in the country.

His award-winning music background electrifies his live events with a unique energy and authenticity, creating profoundly impactful experiences that resonate across generations. Featured on every major network and a driving force behind some of the world's most recognized brands, Brant leaves an enduring legacy of growth, innovation, and unwavering human connection.

His dynamic sessions spark emotional breakthroughs and deliver actionable strategies, inspiring teams to shatter limitations and achieve the impossible. Brant doesn't just create moments; he ignites movements.

## CLOSING KEYNOTE

Friday, 10:45 a.m. – 12:30 p.m.

### 51. Ignite Unstoppable Momentum



#### Kim Becking

The driving force behind the Unstoppable Momentum™ Movement, Kim Becking is changing the way we think about change and resilience in a rapidly changing world that NEVER SLOWS DOWN. An engaging, high energy and impactful international keynote speaker, New York Times Bestselling Author, human behavior

expert and change and resilience researcher, Kim's strategic insights and practical solutions have been utilized by hundreds of organizations ranging from Fortune 50 companies to associations and organizations around the world.

Kim's expertise on reframing change and redefining resilience is regularly featured in media outlets such as the New York Times, People, Good Morning America, USA Today and Harvard Business Review.

Kim has helped companies and organizations around the world empower their leaders, teams, and communities to redefine resilience, reframe change, and understand what it truly means to lead, live, and lean into a rapidly changing, ever-evolving world that never slows down. Her mission is to inspire everyone she meets to be more adaptable, more resilient, and better equipped to own what's now and embrace what's next with a deep breath and a big cup of Bring It On.

Using humor and vulnerability, Kim has the ability to connect with her audiences at a deeper level. Her authentic, engaging, humorous, and empowering messages of extraordinary resilience, conquering change, and creating success regardless of your circumstances have made her a favorite among her audiences.

She has boosted communication, collaboration and consensus building capabilities for companies, associations, government, and non-profit organizations and coached Fortune 500 CEO's and C-Suite leaders, association executives and government leaders to accelerate their success and momentum.

Kim knows a thing or two about change and challenges through her own experiences in business and life. As a "recovering" attorney, serial entrepreneur running 2 successful businesses, communications and public affairs government, and politics. She's also conquered life challenges - as a breast cancer thriver, mom of 3 with a blended family, caregiver with aging parents and many other unexpected changes.

Kim has spent decades discovering research-based strategies, tools and the Unstoppable Momentum™ Framework, rooted in positive psychology, emotional intelligence, and communications - and then proving them in her life and in the work she has done with hundreds of organizations.

Unstoppable is the power to use any change or challenge as a catalyst to bounce forward—not just bounce back—no matter what. Fueled by emotional intelligence, a Momentum Mindset, and intentional action, it is the fastest way to build sustainable resilience and adaptability in this ever-evolving world where change is happening at breakneck speed.

After hearing Kim, leaders leave with the framework, mindset, and tools to revolutionize their approach to change, challenges, and obstacles, embrace the power of possibility, and use any change or challenge as rocket fuel for forward growth, transforming their lives, leadership, and your organization.

Kim resides in Columbia, Missouri, and delivers programs as a keynote speaker, consultant and executive coach both in-person and virtually throughout the world.

Recommended Audience: NDLTCA applies for continuing education for administrators, activities, dietary, nursing and social services. If we applied for continuing education for these disciplines they will be listed out specifically.



# Agenda

## Tuesday, May 6

8:00 a.m. – 6:00 p.m.

**ServSafe Class with Exam sponsored by Deborah Strand**  
*Separate registration required*

8:00 a.m. – 5:00 p.m.

**LTC Managers Boot camp – Radisson**

8:00 a.m. – 8:30 a.m.

**NDLTCA Foundation Meeting – Radisson**

8:30 a.m. – 10:30 a.m.

**NDLTCA Board Meeting – Radisson**

10:45 a.m. – 12:45 p.m.

**NDLTCA Membership Meeting – Radisson**

2:00 p.m. – 5:00 p.m.

**Expo Registration and Setup – Bismarck Event Center**

2:00 p.m. – 5:00 p.m.

**Registration Open – Bismarck Event Center**

4:00 p.m. – 5:30 p.m.

**APND Board Meeting – Radisson**

4:00 p.m. – 5:30 p.m.

**NDESA Board Meeting – Radisson**

4:00 p.m. – 5:30 p.m.

**ND ANFP Board Meeting – Radisson**

4:00 p.m. – 5:30 p.m.

**LTCSWND Board Meeting – Radisson**

6:30 p.m. – 9:00 p.m.

**PAC Event Taste of Bismarck**

## Early bird DEADLINE

March 31, 2025

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## Wednesday, May 7

6:00 a.m. – 7:00 a.m.

**Exhibitor Registration and Setup**

*Location: Hall C & D*

7:00 a.m. – 5:00 p.m.

**Registration Open**

*Location: Exhibit Hall Lobby*

**Expo and Breakfast**

7:00 a.m. – 11:45 a.m.

**Expo Viewing and Breakfast**

**– Administrators, DON's and others**

*Location: Hall B, C & D*

Take this time to see the latest in products and services - from transportation to furniture and equipment to the latest technology solutions from over 100 companies. See demonstrations, pick up sample products, meet with experts, and talk with suppliers who are working to provide you with exactly what you need to meet today's challenges. Enjoy a great breakfast and register to win some great prizes!

## Half-Day EP Workshop

8:00 – 11:45 a.m.

**1. EP Workshop: Writing a Tabletop Exercise, Facilitating, and Writing the AAR**

*Presented by: Sherry Adams, Duane Ell and EP team*  
*Location: TBT*

**Content:** Throughout the years, North Dakota has been faced with many types of Disasters, whether Natural, Biological, or Chemical. This presentation will give an overview on the importance of planning, preparing and exercising for disasters. This workshop will help the groups write a tabletop, show how to carry out facilitation for the exercise, and then write the After-Action report for CMS credit.

**Learning Objectives:** Participants will learn the difference between the different types of exercises and will learn to write a tabletop exercise, Participants will practice facilitation of the tabletop, and Participants will learn how to conduct and write an AAR.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.



## Ethics Session – 2 hours

8:00 a.m. – 10:00 a.m.

### 2. Introduction to C3 De-escalation

*Presented by: Patti Treibel-Leeds*

*Location: TBT*

**Content:** C3 De-escalation® is an immediate, short-term intervention, covering the gaps between use of restraints and long-term therapy. C3 makes use of little-used brain research from Yale, combined with practical fieldwork from Chicago and care facilities around the country. C3 is non-contact and respectful, making it Trauma-Informed and safer for all parties. C3 is practical and we often hear that people use C3 the next day. C3 is appropriate for patients with Mental health issues, Drug or alcohol issues, History of homelessness or incarceration, Dementia, and Intellectual or developmental disabilities. Apart from patient de-escalation, C3 also develops staff interpersonal skills and resilience.

**Learning Objectives:** List three visual or cognitive symptoms of adrenaline overload, Give two examples of de-escalation techniques that would be appropriate in a LTC setting, and Describe how to use Listening with Empathy, Equity & Dignity (LEED) to de-escalate and support LTC staff.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

## Breakout Sessions (90-minute)

8:30 a.m. – 10:00 a.m.

### 3. Current and Future Market Trends for Senior Housing

*Presented by: Mary Bujold*

*Location: TBT*

**Content:** The presentation will present demographic and market information regarding current market conditions for senior housing and long-term care facilities for the Upper Midwest with additional general information presented for the United States as a whole. The presentation will identify how the aging of the Baby Boom generation is having an impact on the dynamics of senior housing facilities and the potential future impact on long-term care. Examples will be presented of how the market has shifted over time, the impacts of COVID-19, seniors' lifestyles and living preferences, shifts in the market penetration rates for various senior housing service levels, the increase in memory care demand, labor challenges and how the market is having to rethink its current and future offerings.

**Learning Objectives:** Understand how developers are focusing on new products in response to current market conditions, Gain insights into the Baby Boom generation's preferences and their impact on product development, and Identify key market opportunities and challenges in senior housing.

**Recommended Audience:** AL, BC, NF: Administrators, Nursing, Office/finance

### 4. Part 1: Well-Being for All: The North Star (Part 2: Session 13)

*Presented by: Kristi Doan*

*Location: TBT*

**Content:** In this session, we will explore the seven Eden Alternative Domains of Well-Being® as a framework for

fostering meaningful partnerships in care. By shifting the focus from tasks to relationships, these Domains provide a holistic approach to enhancing the lives of individuals wherever they need support. Participants will learn about tools, approaches, and resources to cultivate environments that prioritize dignity, choice, and autonomy, empowering individuals to thrive.

**Learning Objectives:** The seven Eden Alternative Domains of Well-Being®, Three ways to use the Domains of Well-Being to support a life worth living, Tools and approaches to use while partnering in care.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Health Information Managers, Registered Dietitians, Social Services.

### 5. MDS Impact: PDPM, Medicare Revenue, QRP

*Presented by: Sarah Ragone*

*Location: TBT*

**Content:** As Skilled Nursing Facilities (SNFs) persist with fine tuning nuances of the Patient Driven Payment Model (PDPM) that drives Medicare Part A reimbursement, CMS continues to strengthen their associations between finance, regulation and quality of care. Many publicly reported quality measure outcomes are directly connected to the MDS process. Therefore, utilizing the "all hands-on deck" approach to success is essential for ensuring revenue, as well as high quality outcomes. This program will summarize strategies for MDS accuracy from an IDT approach, identify common pitfalls and strategies to avoid audit issues, and review opportunities for successful Quality Reporting Program (QRP) outcomes moving forward.

**Learning Objectives:** Understand the connections between PDPM, Medicare revenue and the Quality Reporting Program (QRP), Identify trends and common coding pitfalls, as well as strategies to avoid them in day-to-day operations, Discuss an effective team approach to MDS data collection that will help your facility maintain compliance with the ever-changing requirements of the Resident Assessment Instrument (RAI) and Review components of the Quality Reporting Program (QRP) and identify processes for successful management and monitoring of that program.

**Recommended Audience:** NF: Administrators, Nursing, Office/Finance, HIM, Social Services, Therapy

### 6. Fall Risk Assessment and Management Updates

*Presented by: Catherine Staloch and Michelle Keller*

*Location: TBT*

**Content:** The purpose of this presentation is to share global up-to-date evidence to support the interdisciplinary role healthcare providers and other professionals play in preventing and managing fall risk in the older adult population. Presenters will outline the framework from a global initiative on world guidelines for fall prevention and management of older adults. Items covered will include fall risk stratification, assessment, management and interventions, and utilization of the assessment and treatment algorithm.

**Learning Objectives:** Participants will recall the components of fall risk screening, Participants will recall the components of a multi-factorial fall risk assessment, and Participants will reflect on their own practice and strategize ways to incorporate and apply guidelines for falls prevention and management.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Nursing, Social Services, Therapy

## 7. Smiles for Life: Geriatric Oral Health and Comprehensive Dental Screening Tool

*Presented by: Toni Hruby and Vanessa Bopp*

*Location: TBT*

**Content:** This course addresses the vital role clinicians can play in promoting the oral health needs of older adults. Clinicians will learn how to perform a comprehensive oral assessment, identify and manage common geriatric oral conditions, counsel patients on effective preventive measures, and collaborate with dental professionals. This training will address the link between oral and systemic health and review common oral side effects of medications. Additionally, this training will review the comprehensive dental screening tool being piloted by long-term care facilities in North Dakota.

**Learning Objectives:** Complete an accurate oral assessment of elderly patients, Identify and manage common oral conditions in the elderly, Describe oral-systemic relationships in the elderly, Discuss common oral effects of medications, Implement effective oral preventive measures for the elderly and their caregivers, and Recognize and describe the elements of effective primary care-dental collaboration.

**Recommended Audience:** AL, BC, NF: Administrators, Certified Dietary Managers, Nursing, Registered Dietitians

**10:00 a.m. – 10:15 a.m. BREAK**

### General Sessions (90-minute)

**10:15 a.m. – 11:45 a.m.**

## 8. Words Make Worlds: It Starts with You

*Presented by: Kristi Doan*

*Location: TBT*

**Content:** Discover the powerful role that words play in influencing thoughts, behaviors, and the overall experience of care, and learn how simple shifts in language can create more inclusive, compassionate environments. Join us for an eye-opening session that uncovers the hidden impact of assumptions, beliefs, values, ageism, and ableism on people accepting support, and how subtle biases can shape our attitudes and actions. Leave with a fresh perspective on how a small change in language can have a huge impact on the way we interact with and support each other, ensuring we are all seen, heard, and valued.

**Learning Objectives:** Identify how personal assumptions, beliefs, and values influence language and actions, Identify how ageism and ableism affect assumptions and beliefs, Describe how shifting the words we use can change relationships and care environments.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

### Association Meetings

**10:15 a.m. – 11:45 a.m.**

## ND ANFP Membership Meeting

*Location: Birch/Cottonwood – Tree Rooms*

**11:45 a.m. – 1:30 p.m.**

## LTCSWND Lunch and Membership Meeting

*Location: Maple/Linden – Tree Rooms*

## Expo Viewing and Lunch – All Attendees

*Location: Hall B, C & D*

Take this time to see the latest in products and services - from transportation to furniture and equipment to the latest technology solutions from over 100 companies. See demonstrations, pick up sample products, meet with experts, and talk with suppliers who are working to provide you with exactly what you need to meet today's challenges. Enjoy a great lunch and register to win some great prizes!

### Breakout Sessions (90-minute)

**1:30 p.m. – 3:00 p.m.**

## 9. ReadyOp Overview (Repeated at Session 23)

*Presented by: Duane Ell*

*Location: TBT*

**Content:** ReadyOp and ReadyOp Forms overview for patient tracking.

**Learning Objectives:** Learners will understand what ReadyOp is, Participants will have a basic knowledge of ReadyOp Forms, and how to utilize it, and Participants will have a basic understanding of the new patient tracking system.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

## 10. MFCU & LTC: Working Together for Better Care

*Presented by: Marina Spahr and Joe Vetter*

*Location: TBT*

**Content:** Join us for an engaging and informative session where we'll provide a concise overview of the Medicaid Fraud Control Unit (MFCU) – focusing on our investigative responsibilities, mandatory reporting requirements for LTC, and collaborative strategies for improving patient outcomes. Topics will include: A brief overview of the types of cases MFCU investigates, with real-world examples; the mandatory reporting responsibilities of healthcare providers and administrative staff; key factors MFCU considers when pursuing criminal charges or proposing civil settlement offers; and strategies for fostering collaboration between MFCU and healthcare providers to ensure better patient care.

**Learning Objectives:** Identify types of cases investigated by MFCU, Outline mandatory reporting responsibilities and how they contribute to efficient investigations and improved patient outcomes and Describe strategies for collaboration between LTC providers and MFCU to expedite investigations and develop effective, patient-centered settlement agreements.

**Recommended Audience:** BC, NF: Administrator, Nursing, Office/Finance

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## 11. Utilizing Pharmacogenomics (PGx) in Long Term Care

*Presented by: Tamara Ruggles*

*Location: TBT*

**Content:** This presentation will explore how pharmacogenomics (PGx)—the study of how an individual's genetic profile affects their response to medications—can be utilized to personalize medications for residents. It will cover practical application, identify commonly used medications impacted by genetic factors, and showcase how PGx can minimize side effects while maximizing therapeutic effectiveness. Additionally, we'll discuss the benefits and limitations of this innovative approach.

**Learning Objectives:** Define pharmacogenomics and explain how genetic factors influence response to medications. Recognize commonly used medications affected by genetics. Discuss the benefits and limitations of implementing pharmacogenomics in long term care.

**Recommended Audience:** AL, BC, NF: Administrators, Nursing, OT, PT

## 12. If You Could See What We See: A Guide to Dysphagia Management and Diet Recommendations Through Instrumental Swallow Assessments

*Presented by: Chelsey Gronewold and Nicole Paschke*

*Location: TBT*

**Content:** This course is designed for medical professionals across multiple settings on how to navigate patients with suspected or diagnosed dysphagia. This course provides an understanding of normal swallow physiology and abnormal swallow physiology and its related disorders within the adult and geriatric populations. The risk factors for aspiration pneumonia are discussed as well as recommendations we can provide to eliminate the risk for aspiration without placing individuals on modified diets. Etiological factors of dysphagia are reviewed, and instrumental diagnostic techniques are discussed. The session wraps up with a live, hands-on introduction to FEES, a mobile diagnostic assessment tool that allows instrumental assessments to be performed right within your own facilities.

**Learning Objectives:** Learner will be able to identify when instrumentation is appropriate for patients in multiple settings for the "Platinum Standard" in patient care, Learner will identify normal vs abnormal swallow function through case studies, and Learner will be able to identify those who would benefit from dysphagia instrumentation

**Recommended Audience:** AL, BC, NF: Administrators, Certified Dietary Managers, Nursing, Registered Dietitians, Social Services, Health Info Management, Therapy.

## 13. Part 2: Care Planning Using the Eden Alternative Domains of Well-Being®

*Presented by: Kristi Doan*

*Location: TBT*

**Content: Must have attended Session 4 Part 1.** This session will delve into how the seven Eden Alternative Domains of Well-Being® can transform the care planning process, creating a deeper, more meaningful experience for individuals and care partners alike. By moving beyond the limitations of traditional medical model, these Domains enable care plans that prioritize holistic well-being, ensuring the person is truly seen and known in ways that conventional approaches often miss. Participants will discover how to shift care planning meetings to focus on well-being at the center, addressing unmet needs, and fostering authentic partnerships. Join us to

explore how this shift can revolutionize the care plan process, leading to more personalized, empowered, and fulfilling care for everyone involved.

**Learning Objectives:** Identify two ways to incorporate the Domains of Well-Being into the care planning process, Understand how well-being is directly correlated to unmet needs, Describe the importance for moving the care planning process to be person-directed.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Health Information Managers, Registered Dietitians, Social Services.

## 14. Developing Operational Strategy: Leveraging the Outcomes That Threaten Your Reimbursement

*Presented by: Sarah Ragone*

*Location: TBT*

**Content:** The Patient Driven Payment Model (PDPM) reimbursement system is secondary to the impact the continuing CMS pay-for-performance measures can have on your reimbursement. This session will bring clarity to the cloud of acronyms that threaten your reimbursement (i.e., QRP and VBP), review future measures, and demonstrate the critical role these programs play in strategic planning. Utilizing a systematic performance improvement model to enhance the strategic planning process, program participants will learn key approaches to improve performance, which will in turn improve their organization's position in the marketplace.

**Learning Objectives:** Discuss key elements of strategic planning, Review the components of the Quality Reporting Program (QRP) and Value Based Purchasing Program (VBP), Identify processes for successful management and monitoring of these measures, Discuss an organized and systematic approach to data utilization, data collection, QAPI and sustainable performance and Identify how to use these outcomes to maximize internal strategic planning.

**Recommended Audience:** NF: Administrators, Nursing, Office/Finance, HIM

## 15. Those Darn Young People Just Don't Want to Work: Stories, Lies and Things We Have Not Tried

*Presented by: Kristi Pfliger-Keller*

*Location: TBT*

**Content:** Do you find yourself whispering under your breath..."These young people just don't want to work these days." Did you know those same words were whispered 10, 20 and even 50 years ago? It's a perpetual story created by the same generation that raised the next generation of workers. This engaging workshop will examine misleading assumptions about generations in the workplace. As well as, examine tools and strategies that align a facility's culture, recruitment and professional development strategies that make a lasting impact on employees.

**Learning Objectives:** Identify at least three tools for employee retention to implement in the workplace, Identify three common misconceptions about multi-generational workplaces, and Identify at least one tool to enhance employee engagement at all levels of the organization.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

**3:00 p.m. – 3:15 p.m. BREAK**



## OPENING KEYNOTE

3:15 p.m. – 5:00 p.m.

### 16. The Big Goal Blueprint

*Presented by: Brant Menswar*

*Location: Hall A*

**Content:** Big Goals come with big commitment, big costs and big timelines. How do you keep everyone engaged, focused and taking ownership of their role over the course of months or years? The Big Goal Blueprint breaks down a daunting long-term goal into powerful everyday moments giving everyone from the front line to the C-suite an opportunity to own a moment and create unstoppable momentum. Join best-selling author, former real-life rock star, and Top 10 Motivational Speaker, Brant Menswar, for a powerful, high-energy, interactive session that unites your teams and inspires them to embrace accountability and create the transformational moments that will drive your organization towards unprecedented growth.

**Learning Objectives:** How to shift to a powerful "possibilities" mindset that creates unique contribution and undiscovered solutions, How to create unstoppable momentum with a simple 4-step framework that guarantees forward progress and How to take accountability and maximize your impact by owning your moments and using them to catapult you towards your goal.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

6:00 p.m. – 8:30 p.m.

### Awards Social and Gala Dinner

*Location: Sixteen03*

Join us for this year's Awards Gala. Enjoy a great meal and help recognize, celebrate, and congratulate the award-winning recipients!

## Thursday, May 8

7:00 a.m. – 5:00 p.m.

### Registration Open

*Location: Exhibit Hall Lobby*

7:00 a.m. – 8:30 a.m.

### Breakfast

*Location: Hall B*

## Breakout Sessions (90-minute)

9:00 a.m. – 10:30 a.m.

### 17. 7 Habits of Highly Effective People

*Presented by: Jeff Call*

*Location: Prairie Rose 105*

**Content:** The best leaders attract the best workforce. It's no secret that the most successful long term care companies are able to attract the best leaders who then attract and retain the most qualified workforce. Come learn what this profession's most successful leaders are doing. This breakout is based on the leadership development provided by Jeff Call who leads the AHCA/NCAL Future Leaders Program. Many NDLTCA leaders have participated in this successful program. The Future Leaders program is based

on the book and very popular leadership development program "The 7 Habits of Highly Effective People".

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

### 18. What Are Wounds Costing You? New Science and Effective Nutritional Solutions

*Presented by: Margene Reno*

*Location: TBT*

**Content:** We will review the cost associated with wound care in the long term care setting. This will include the CMS nutritionally at risk reimbursement dollars available and how to capture for this cost center. We will then look at the impact that nutritional intervention can play alone or in addition to topical treatments to speed healing, resulting in improved results and lower costs.

**Learning Objectives:** Participants will learn about detailed costs associated with managing wounds. Participants will be able to incorporate NPIAP National Pressure Injury Advisory Panel guidelines. Participants will learn about cost savings due to new strategies in healing wounds quickly via nutritional interventions.

**Recommended Audience:** AL, BC, NF: Certified Dietary Managers, Nursing, Registered Dietitians

### 19. The Aging Client Process for Determining Competency

*Presented by: Amy Siple*

*Location: TBT*

**Content:** Aging is associated with increased risk factors for a number of diseases including dementia. Screening for clinical competency is important for safety as well as disease management. This presentation will explore the clinical evaluation of dementia, common cognitive assessment tools and common dementia profiles. Driving safety and medication administration considerations will also be discussed.

**Learning Objectives:** Identify at least two essential elements in the clinical evaluation of Dementia. Recall at least two cognitive assessment tools. Identify at least one action item when driving safety is of concern in an older adult.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Registered Dietitians, Social Services

### 20. Using The Eden Alternative Domains of Well-Being in the APIED Process

*Presented by: Emily Conners*

*Location: TBT*

**Content:** This session will explore how the Eden Alternative's Seven Domains of Well-Being can be integrated into each step of the APIED process. Participants will learn how to incorporate these domains into Therapeutic Recreation practices to enhance well-being and create more meaningful, person-directed experiences.

**Learning Objectives:** Explain each of the 7 Domains of Well-Being, Identify 1 way to incorporate the Domains of Well-Being in each step of the APIED process, Understand how well-being is directly correlated to unmet needs

**Recommended Audience:** AL, BC, NF: Activities, Social Services

## 21. Optimizing your financial impact related to MDS & Institutional Special Needs Plans

*Presented by: Aleshia Emineth and Sara Bunting*

*Location: Prairie Rose 102*

**Content:** In this presentation we plan to educate on the financial impacts related to the MDS assessment and the institutional special needs plan in a long term care setting.

**Learning Objectives:** Identify the correlation between MDS HIPPS codes and ISNP HCC codes, Optimize reimbursement for both payment methodologies, and Educate how to operationalize a value base payment model in the long term care setting.

**Recommended Audience:** AL, BC, NF: Administrator, HIM, Nursing, Office/Finance, Social Services

## 22. Balancing Safety and Autonomy: Assessing Capacity to Consent in Dementia Care

*Presented by: Megan Dooley, Megan Flom, Rachel Wiley*

*Location: TBT*

**Content:** In response to recent survey deficiencies on abuse and neglect, this presentation will address the complex interplay between promoting individual autonomy and ensuring safety in dementia care, particularly regarding intimacy and consent. This presentation introduces a consent assessment toolkit developed to address significant gaps in clinical practice and a variety of settings including long term care. Drawing on interdisciplinary research, the session explores cultural, societal, and personal perspectives on intimacy and dementia, highlighting diverse attitudes and the implications for care.

Participants will gain insights into the origins and rationale for developing the toolkit, informed by literature emphasizing the ethical, legal, and emotional dimensions of consent in dementia care. Additionally, the session will provide a practical guide for using the toolkit to evaluate consent capacity while maintaining client dignity and respect. By integrating evidence-based strategies and fostering discussion, this presentation aims to equip professionals with the tools to support meaningful relationships and safeguard the rights of individuals with dementia.

**Learning Objectives:** Describe the origins and rationale for developing the consent toolkit, including the identified gaps in practice and the need for addressing consent-related challenges in dementia care, Discuss the process for using the assessment toolkit to evaluate consent capacity, and Understand the legal, ethical, and emotional dimensions of consent for intimacy in dementia care.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

## 23. ReadyOp Overview (Repeat from Session 9)

*Presented by: Duane Ell*

*Location: TBT*

**Content:** ReadyOp and ReadyOp Forms overview for patient tracking.

**Learning Objectives:** Learners will understand what ReadyOp is, Participants will have a basic knowledge of ReadyOp Forms, and how to utilize it, and Participants will have a basic understanding of the new patient tracking system.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information

Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

**10:30 a.m. – 10:45 a.m. Break**

## Breakout Sessions (60-minute)

**10:45 a.m. – 11:45 a.m.**

### 24. After Death Care: Supporting Staff and Families through Grief

*Presented by: Heather Duerre*

*Location: TBT*

**Content:** We are all faced with having to deal with the death of a resident at some point in our careers. Although it's "part of the job," we still feel grief and often witness the grief of the family members. Grief is always an unwelcome guest in our lives. It can disrupt our days and disturb our nights. This session will give you some helpful tips to guide you through the grief journey. Whether you are dealing with the family of a resident that has died, or trying to navigate through the grief process yourself, help is available.

**Learning Objectives:** Learners will be able to describe the stages of grief and how they manifest in residents, families, and staff, recognizing that grief is a highly individual experience, Learners will demonstrate the ability to communicate compassionately and appropriately with grieving residents, families, and coworkers, fostering an environment of emotional support and understanding, and Learners will identify strategies to manage their own emotional well-being while working in an environment where death and loss are common, emphasizing self-care and professional boundaries.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

### 25. Medicaid Fraud Control Unit 101

*Presented by: Marina Spahr and Joe Vetter*

*Location: TBT*

**Content:** Join us for an informative session where we'll provide a clear overview of the Medicaid Fraud Control Unit (MFCU) – what we do, what we don't do, and how our work impacts healthcare integrity.

Topics will include: The types of cases we investigate, with real examples from past investigations; how we collaborate with healthcare providers, agencies, and partners during an investigation; what to expect if your organization is involved in an MFCU investigation; and the outcomes and impact of our investigations on the healthcare system. A look at how MFCUs across the country are tackling healthcare fraud and abuse. This session is designed to foster transparency, improve collaboration, and provide valuable insights into our processes and objectives.

**Learning Objectives:** Identify all the types of cases investigated by MFCU, Describe the key steps involved in an MFCU investigation and the role of healthcare providers in the process and Explain the outcomes of MFCU investigations and their impact on the healthcare system.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

## 26. Nurturing the Journey: Supporting Residents Through Cancer Treatment

*Presented by: Amanda Ihmels*

*Location: TBT*

**Content:** During this session participants will learn about common oncology treatments, anticipated side effect and their nutrition impact. Participants will learn nutrition interventions for nutrition impact symptoms including enteral nutrition and discuss strategies for supporting residents during this time.

**Learning Objectives:** Attendees will be able to list 3 common side effects of chemotherapy, Attendees will be able to advise on 2 strategies for improving nausea and vomiting, and Attendees will be able to list 3 high calorie high protein food items.

**Recommended Audience:** AL, BC, NF: Administrators, Certified Dietary Managers, Nursing, Registered Dietitians, Social Services, Therapy.

## Partnering Association Membership and Lunch Meetings (2 hours)

10:45 a.m. – 12:45 p.m.

### 27. Environmental Networking and Membership Meeting

*Moderated by: Curt Huus and Mike Medrud. Guests: Jerry Trupka and Larry Poague*

*Location: TBT*

**Content:** Join Curt and Mike to network with your peers and receive updated information and education encompassing Environmental Services. This is a great time to problem solve, bring best practices, and ask any questions you may have. There will also be information shared on Life Safety Code and Emergency Preparedness. Learn about the great benefits of being a member of NDESA and how it can help your facility. Special guests will be Larry Poague and Jerry Trupka.

**Recommended Audience:** AL, BC, NF: Administrators, Environmental Services

### 28. APND Lunch and Membership Meeting

*Moderated by: Nannette Hoeger*

*Location: TBT*

**Content:** This is open to all Life Enrichment/Activity staff. We will have a membership meeting with election of open board positions, it is a great time to find out what APND is all about. Lunch will be available at the meeting. This is a time to share ideas and learn from each other. Whether you are new to activities or have been around for years we welcome you to join and share with us.

**Recommended Audience:** AL, BC, NF: Activities

### 29. NADONA Lunch and Membership Meeting

*Moderated by: Alena Goergen, Chair*

*Location: TBT*

**Recommended Audience:** AL, BC, NF: Nursing

### 30. ACHCA/Roughrider Chapter Lunch and Membership Meeting

*Moderated by: Reier Thompson, Chair*

*Location: TBT*

**Content:** During this meeting we will give a bylaws update, chapter legal status, AIT program update, and have a member round table.

**Recommended Audience:** AL, BC, NF: Administrators

## Lunch

11:45 a.m. – 12:45 p.m.

### Participant Lunch

*Location: Hall B*

### ND Chaplains Association Lunch and Membership Meeting

*Location: Murdock – Tree Rooms*

## Breakout Sessions (90-minute)

1:00 p.m. – 2:30 p.m.

### 31. Disinfection with Purpose: Elevating Care and Reducing Risk (Sanitation Session)

*Presented by: Larry Poague*

*Location: TBT*

**Content:** This presentation bridges the gap between high-level enterprise risk management and the day-to-day realities of long-term care. By focusing on smarter, more efficient disinfection practices, we aim to empower the dedicated staff who work tirelessly to keep residents safe, while demonstrating how these efforts drive better outcomes, protect reputations, and enhance the overall patient experience. It's about making every effort count—for the caregivers, the residents, and the future of your organization.

**Learning Objectives:** Identify Cutting-Edge Tools and Technologies, Develop Practical, Repeatable Cleaning Protocols, Evaluate the Impact of Disinfection on Patient Experience, and Prepare for Outbreak Scenarios.

**Recommended Audience:** AL, BC, NF: Administrator, Environmental Services, Nursing, Certified Dietary Managers and Registered Dietitian

### 32. Sharpen Your Edge in Nutrition Assessment of Skin Health in Your Residents

*Presented by: Mary Litchford*

*Location: TBT*

**Content:** Is nutrition the missing piece of the wound care puzzle? Are you using a client-centered malnutrition care for all individuals at risk for or with wounds? Learn how to incorporate nutrition focused physical exams (NFPE) into a client-centered malnutrition care to identify pre-existing nutrient deficiencies. Target your nutrition interventions to address malnutrition and other micronutrient deficiencies. For wounds that are slow to heal, nutrient deficiencies may have been overlooked. Sharpen your clinic edge by using NFPE in your initial nutrition assessment and reassessment to tailor nutrition interventions to address overlooked deficiencies.

**Learning Objectives:** Analyze relationships between nutrition status indicators and changes in skin health, Identify indicators for nutrient deficiencies reported in pressure injuries and chronic wounds, Integrates foundational dietetics knowledge with critical appraisal of assessment data to diagnose nutrition problems, which can be resolved or improved through treatment or nutrition intervention, and Discuss nutrition components of current clinical practice guideline for pressure injuries and NPIAP Standardized Pressure Injury Prevention Protocol (SPIPP)

**Recommended Audience:** AL, BC, NF: Certified Dietary Managers, Nursing, Registered Dietitian



### 33. The Drive to De-Prescribe

*Presented by: Amy Siple*

*Location: TBT*

**Content:** Polypharmacy is becoming an epidemic in western society and the hazards are numerous. Older adults are disproportionately affected. This presentation will take an in depth look at what is creating this crisis, the risks involved, and how to avert it. De-prescribing is getting a lot more attention in the literature and health care staff need to know what to do to assist in this movement.

**Learning Objectives:** Define polypharmacy. Recall why older adults are at higher risk of adverse drug events. Identify at least two considerations when looking at a medication list. Name at least two drugs that may represent a high risk for older adults.

**Recommended Audience:** AL, BC, NF: Administrators, Nursing, Social Services

### 34. Workplace Wise

*Presented by: Jessica Juma*

*Location: TBT*

**Content:** How to ensure compliance and create a healthy workplace environment regarding key information employers and employees need to know related to wages, hours, reasonable accommodations, and more.

**Learning Objectives:** Identify the protected classes under the North Dakota Human Rights Act, define key aspects of the North Dakota Wage and hour laws, including minimum wage, overtime pay, and equal pay provisions, and Identify behaviors that constitute retaliation in the workforce.

**Recommended Audience:** AL, BC, NF: Administrators, Nursing, Office/Finance

### 35. The Use of Virtual Reality as a Therapeutic Recreation Intervention

*Presented by: Emily Conners*

*Location: TBT*

**Content:** This session will explore the use of virtual reality (VR) as a therapeutic recreation intervention, highlighting its potential to enhance mental and physical well-being. Participants will learn how VR can be integrated into therapeutic settings to promote relaxation, cognitive stimulation, and social engagement. Practical examples and case studies will demonstrate how VR can be tailored to address a variety of therapeutic goals with older adults.

**Learning Objectives:** Two Therapeutic Recreation goals associated with the use of Virtual Reality, Physical and cognitive benefits of using virtual reality with older adults, Virtual reality case studies and research.

**Recommended Audience:** AL, BC, NF: Activities, Nursing, Social Services, OT, PT, ST

### 36. Navigating Day-to-Day Tough Situations and Challenging Questions

*Presented by: Cyndi Siders and Megan Flom*

*Location: TBT*

**Content:** Incidents, accidents, and challenging situations can occur in any senior care community. Early identification and response are key elements that support resident safety, defensibility, and resolution for residents and family members. This presentation will address situations including resident refusal or non-compliance with cares, unreasonable resident or family requests, abusive residents, family members with frequent complaints, and managing a facility

involved incident (e.g., resident fall from a Hoyer Lift).

**Learning Objectives:** Describe key elements when responding to incidents, accidents, and challenging situations, Explore strategies for early identification, response, and risk mitigation, Review challenging situations and questions including resident non-compliance, resident and family behaviors and complaints, and facility-involved incidents.

**Recommended Audience:** AL, BC, NF: Administrators, Nursing, Social Services.

### 37. Transitioning from RUGs to PDPM: A Shift in Skilled Nursing Facility Reimbursement

*Presented by: Jessica Guggisberg and LeeAnn Thiel*

*Location: TBT*

**Content:** This session will be an in-depth exploration of the shift from RUGs to PDPM in North Dakota, focusing on how to adapt clinical and operational practices to align with the new reimbursement model.

**Learning Objectives:** Identify the key differences between RUGs and PDPM models of reimbursement, Demonstrate how to assess and document patient characteristics to optimize PDPM coding for accurate reimbursement, and Apply strategies for transitioning from RUGs to PDPM in your skilled nursing facility to ensure compliance and improve financial outcomes

**Recommended Audience:** NF: Administrators, Nursing, Office/Finance, Social Services

**2:30 p.m.—2:45 p.m. BREAK**

## Breakout Sessions (90-minute)

**2:45 p.m. – 4:15 p.m.**

### 38. Life Safety Compliance: Unlocking Effective Documentation with Inspection, Testing and Maintenance

*Presented by: Kenneth Daily*

*Location: TBT*

**Content:** Undergoing a survey can be a nerve-wracking experience, especially when so much hinges on a successful inspection. In this session, Kenn Daily will cover essential best practices aimed at ensuring compliance with the inspection, testing, and maintenance (ITM) requirements expected by the Life Safety and Healthcare Facility Codes. Kenn will also provide valuable insights into preparing for a survey and fostering positive interactions with surveyors. Through real-life examples and survey scenarios, he will illustrate how the codes are applied in practice, highlight recent code changes, and discuss the increasing ITM requirements that facilities must meet. Participants will leave equipped with the knowledge and tools to navigate the complexities of Life Safety Code compliance, ensuring that their facilities meet and exceed safety standards.

**Learning Objectives:** Understand the 2012 NFPA 101 Life Safety Code: Review key requirements specific to nursing homes and current priorities for surveyors in evaluating compliance, Examine the NFPA 99 Health Care Code: Discuss its relevance and impact on nursing facilities, focusing on safety and operational standards, Identify Common LSC Deficiencies: Analyze the most frequent non-compliance areas observed during surveys, Develop Effective Policies and Documentation: Recommend best practices for creating policies, standards, and

documentation that support successful Life Safety Code surveys, and Explore Proactive Compliance Strategies: Examine practical, actionable solutions to help facilities achieve and sustain compliance with Life Safety Code requirements.

**Recommended Audience:** NF: Administrations, Environmental Services

### 39. Malnutrition, Sarcopenia, Dysphagia...Are You Making the Connection?

*Presented by: Mary Litchford*

*Location: TBT*

**Content:** How often do you see clients that are malnourished, have muscle loss, and struggle to eat the food they like? Malnutrition, sarcopenia and dysphagia are closely related and often underdiagnosed and overlooked. When these three conditions are present poor clinical outcomes are commonly reported. Malnutrition and sarcopenia are strong contributors to loss of muscle strength in the muscles needed for chewing and swallowing. Target your client-centered care to identify signs and symptoms of malnutrition, sarcopenia and dysphagia to improve the client's quality of life and clinical outcomes.

**Learning Objectives:** Examine the relationships between body composition, malnutrition and sarcopenia, Discuss the relationships between the quantity and quality of muscle mass and frailty, dysphagia and inflammatory conditions, and Discuss synergetic relationship between nutrition interventions and exercise to promote muscle protein synthesis.

**Recommended Audience:** AL, BC, NF: Certified Dietary Managers, Nursing, Registered Dietitian

### 40. Assisted Living & Basic Care Networking Session (CLOSED Session – Members Only)

*Presented by: Joyce Linnerud Fowler, Kiara Tuhscherer, and Nikki Wegner*

*Location: TBT*

**Content:** Join your peers in this networking opportunity to learn what other facilities in the state are doing.

**Recommended Audience:** AL, BC: Administrators, Managers, Nursing and Staff

### 41. Writing an Acceptable Plan of Correction

*Presented by: Eleisha Wilkes*

*Location: TBT*

**Content:** Let's delve into what a Plan of Correction (PoC) entails. According to, 42 CFR §488.401 a PoC is a plan developed by the facility and approved by either CMS or the survey agency. It outlines the actions the facility will take to rectify deficiencies and specifies the date by which those deficiencies will be corrected. In this session, we will take a closer look at the five core elements required by CMS for an acceptable plan of correction and revive our critical thinking skills by reviewing actual citations and brainstorming corrective actions.

**Learning Objectives:** Understand the five core elements required by CMS for an acceptable plan of correction. Become familiar with the time frame requirements for submission of an acceptable plan of correction. Demonstrate the ability to write an acceptable plan of correction and avoid common errors.

**Recommended Audience:** NF: Administrators, Nursing

### 42. Cultivating an Elder-Driven Activity Calendar

*Presented by: Emily Conners*

*Location: TBT*

**Content:** This session will focus on the process of creating an elder-driven activity calendar, emphasizing the importance of involving older adults in the planning and decision-making process. Participants will learn strategies for incorporating individual preferences, needs, and cultural backgrounds into a personalized activity schedule that promotes engagement, independence, and well-being. Participants will gain practical tools for fostering meaningful connections and enhancing quality of life.

**Learning Objectives:** Explain the impact of an individual's rhythm of daily life in relation to well-being, Increase comfort with using the Learning Circle as a tool for collecting calendar information, Correlate Principle 6 of The Eden Alternative with the need to create an Elder-Driven activity calendar

**Recommended Audience:** AL, BC, NF: Activities

### 43. Best Collection Practices & Bad Debt Reimbursement

*Presented by: Megan Flom*

*Location: TBT*

**Content:** Bad debt can make or break a facility. Being able to identify problematic payers early, pursue reasonable collection efforts, and properly document collection efforts can be the difference in getting paid. This presentation will discuss the best collection practices to get resident bills paid or bad debt reimbursed. It will also discuss new legislation allowing bad debt reimbursement for basic care facilities.

**Learning Objectives:** Identify red flags for non-payment. Discuss "reasonable collection efforts." Discuss necessary documentation for bad debt reimbursement.

**Recommended Audience:** AL, BC, NF: Administrators, Office/Finance, Social Services

### 44. Senior Living and Care Trends

*Presented by: Daniel Deyle and Tyler Swenson*

*Location: Hall A*

**Content:** Understanding an industry's environment is fundamental for any organization's success. In this session, presenters will dive into major trends impacting the senior living and care environment and how owners, operators, or providers can navigate that complexity. Presenters will cover topics such as the labor market, mergers and acquisitions, demographics, legislative and regulatory landscape, and the impact of evolving technology. In covering each topic, presenters aim to connect data and insights together to help attendees make better informed, strategic decisions.

**Learning Objectives:** Identify major trends impacting Senior Living and Care. Discuss how these major trends impact financials and operations

**Recommended Audience:** AL, BC, NF: Administrators, Nursing, Office/Finance, Health Information Managers, Human Resources

**Early bird DEADLINE**  
**March 31, 2025**



5:30 p.m.

### Fun Run

*Sertoma Park*

Join us for the 11th Annual Fun Run to help fund Nurse Scholarships in North Dakota. Happy Nurses Week!

7:00 p.m. – 8:30 p.m.

### Theme Hospitality Event

*Radisson – Second Floor Conference Space*

Join us for one of the most popular events at the convention. Great fun and great networking! Let's plan to have a GREAT TIME! Remember to wear your Fun Night wristband to this event.

8:30 p.m. – 11:30 p.m.

### Dance the Night Away

*Radisson – Galleria Ballroom*

Dust off your boots and join us for an evening of music and dancing with "2 Weeks Notice".



## Friday, May 9

8:00 a.m. – 12:30 p.m.

### Registration Open

*Location: Exhibit Hall Lobby*

8:00 a.m. – 9:00 a.m.

### Breakfast

*Location: Hall B*

## Breakout Sessions (90-minute)

9:00 a.m. – 10:30 a.m.

### 45. NCAL National Update - Key Trends and Regulatory Considerations in Assisted Living

*Presented by: LaShuan Bethea, NCAL*

*Location: TBT*

**Content:** This presentation will provide an in-depth look at the latest trends shaping the assisted living sector, including demographic shifts, workforce challenges, census patterns, and occupancy trends. Participants will analyze current regulatory developments and their potential impact on care delivery, while also identifying key areas of liability risk and practical steps to mitigate them. Additionally, the session will explore the role of population health management in improving resident outcomes and review recent federal legislative and regulatory actions affecting assisted living. Attendees will leave with actionable insights to navigate the evolving landscape of assisted living with confidence.

**Learning Objectives:** Describe key trends in assisted living, including demographics, workforce, census, and occupancy, Analyze current regulatory trends and their potential impact on care delivery in assisted living, Identify the top three areas of liability risk in assisted living, List three actionable steps to reduce liability risk in assisted living, Explain the role and purpose of population health management in assisted living, and Identify at least one federal legislative or regulatory activity affecting assisted living.

**Recommended Audience:** AL: Administrators, Managers, Nursing and Staff

### 46. Emergency Preparedness Strategies for Your Dining Department

*Presented by: Kenneth Daily*

*Location: TBT*

**Content:** Emergency preparedness in senior living facilities is more critical than ever due to incidents like hurricanes, wildfires, and floods. These challenges highlight the vulnerability of residents and the need for effective emergency plans. In response, CMS implemented Emergency Preparedness regulations to help facilities handle emergencies and ensure resident safety. However, these regulations have also led to increased scrutiny and, in some cases, a rise in deficiencies. A key part of preparedness is emergency subsistence planning, which ensures continuity of care during disruptions to essential services like food, water, and power. A well-crafted plan must address both immediate needs and long-term survival, especially in resource-scarce situations. This session will take a critical look at the CMS requirements and offer solutions to build resilience and ensure uninterrupted care during crises. Emergency preparedness is not only about compliance—it's about protecting residents' lives and well-being in the face of unexpected events.

**Learning Objectives:** Understanding of emergency preparedness in senior living facilities, including key requirements for subsistence planning, power backup, and medical care continuity during emergencies, Discuss Comprehensive Emergency Subsistence Plans and learn opportunities to create and implement effective emergency subsistence plans that address food, water, medications, and medical supplies, ensuring that facilities can continue operations during disruptions, and Explore actionable strategies to strengthen emergency preparedness, reduce the risk of deficiencies, and enhance the ability of senior living facilities to protect residents and maintain care during disasters

**Recommended Audience:** AL, BC, NF: Administrators, Certified Dietary Managers, Environmental Services, Nursing, Registered Dietitian

### 47. Fine Tuning your Nutritional Assessment: Drug-Nutrient Interactions and Common Lab Data Considerations

*Presented by: Kelly Fisher*

*Location: TBT*

**Content:** Reviewing medications and laboratory data are essential components of all nutritional assessments. In this session we will explore the effects of polypharmacy, common food-drug interactions, the use of lab data to assess nutritional status and the limitations of lab data.

**Learning Objectives:** Identify common drug-nutrient interactions among the typical medications prescribed for Residents in Long Term Care, Understand the benefits and limitations of lab data and the factors affecting their interpretation, and Apply this information when completing a nutritional assessment and developing the nutritional plan of care.

**Recommended Audience:** NF: Certified Dietary Managers, Nursing, Registered Dietitians



## 48. Generational Engagement: Motivating Residents and the Teams You Lead

*Presented by: Emily Conners*

*Location: TBT*

**Content:** This session will explore strategies for fostering strong, meaningful connections with both residents and employee care partners across generations. We will discuss the unique needs and motivations of diverse age groups, offering practical tools for effective communication, leadership, and team building. Participants will walk away with actionable insights on how to inspire collaboration, boost morale, and enhance overall engagement within their communities.

**Learning Objectives:** 4 traits commonly associated with each generation, Styles for interacting and engaging the generations, The correlation between the individual's generation and their own leadership style

**Recommended Audience:** AL, BC, NF: Activities

## 49. Immigration in Healthcare

*Presented by: Chris Richardson*

*Location: TBT*

**Content:** The healthcare industry faces critical workforce shortages. Immigrant healthcare professionals play a vital role in filling these gaps. This presentation explores the impact, benefits, and challenges of immigration in healthcare.

**Learning Objectives:** Enhance understanding of immigration laws and policies.

Comprehend the visa application and approval process.

**Recommended Audience:** AL, BC, NF: Administrators, Nursing, Office/Finance .

## 50. Basic Care Survey Process

*Presented by: RaeAnne Skattum*

*Location: TBT*

**Content:** We will discuss components of the survey process, elements of the plan of the correction, and review current regulatory guidelines. Examples of common deficiencies will also be discussed.

**Learning Objectives:** Enhance Understanding of the Survey Process, Provide an Overview of Regulations, Give Examples of Deficient Practice Related to Regulations, and Identify the Most Common Areas of Deficiency

**Recommended Audience:** BC: Administrators, Managers, Nursing and Staff.

10:30 a.m.—10:45 a.m. **BREAK**

10:45 a.m. – 11:00 a.m.

**Award Videos/Cherished Hopes Drawing**

## CLOSING KEYNOTE

11:00 a.m. – 12:30 p.m.

**51. Ignite Unstoppable Momentum: Harness the Power of Adaptability, Resilience and Mindset in a Rapidly Changing World that NEVER. SLOWS. DOWN.**

*Presented by: Kim Becking*

*Location: Hall A*

**Content:** This keynote by Kim addresses the overwhelming pace of change and uncertainty that leaders, teams, and organizations face today. It emphasizes the need to stop the cycle of fear, resistance, and stress by reframing how we view change and challenges. Kim introduces a framework for adapting, growing, and moving forward, or risk being left behind. Through humor, authenticity, and research-backed tools, she shares her own journey and provides strategies for developing a "Momentum Mindset™." The goal is to turn obstacles into opportunities, fear into fuel, and resistance into buy-in, ultimately helping individuals and organizations build resilience and thrive in an unpredictable world.

**Learning Objectives:** Leave with the power of self-awareness and emotional intelligence to manage and own your own emotions, empower themselves and team in times of intense change, walk away with strategies to keep your team motivated, and have the tools to create a resilient unstoppable culture.

**Recommended Audience:** AL, BC, NF: Administrators, Activities, Chaplains, Environmental, Certified Dietary Manager, Nursing, Office/Finance, Health Information Managers, Human Resources, Registered Dietitians, Social Services, All Disciplines.

**Early bird DEADLINE**

**March 31, 2025**



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