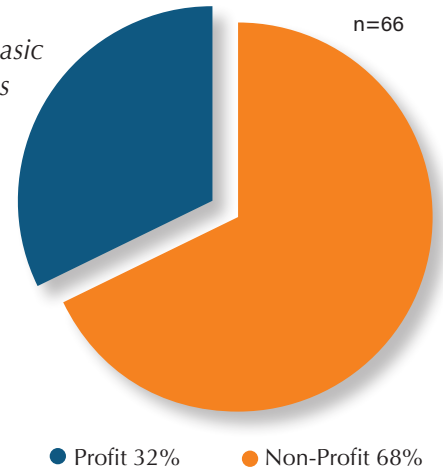


Basic Care Facts

BASIC CARE AT A GLANCE

66 licensed basic care facilities
2,097 licensed units
 2022 average occupancy was **72%**

Ownership of Basic Care Facilities

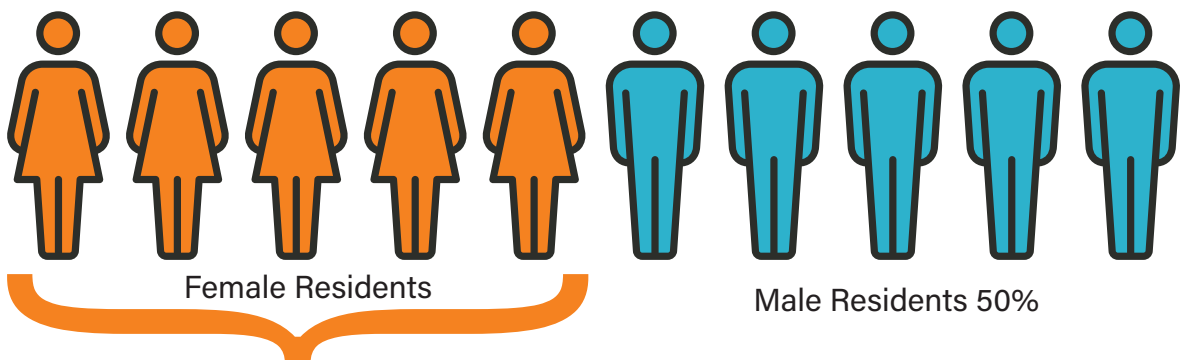


Basic Care Facts

- A basic care facility is a congregate residential setting with private and semi-private rooms, providing 24-hour staffing.
- Congregate residential settings like basic care significantly reduce isolation, which is linked to improved mental and physical health outcomes for older adults. According to studies, social engagement in group living environments lowers the risk of depression by providing regular social interaction and a sense of community. Additionally, these settings help alleviate the healthcare workforce crisis by centralizing care delivery, thus reducing the need for in-home services and emergency hospital visits.*
- Current residents range in age from 27 to 104 years old, with the average age being 79.



Gender of Basic Care Residents

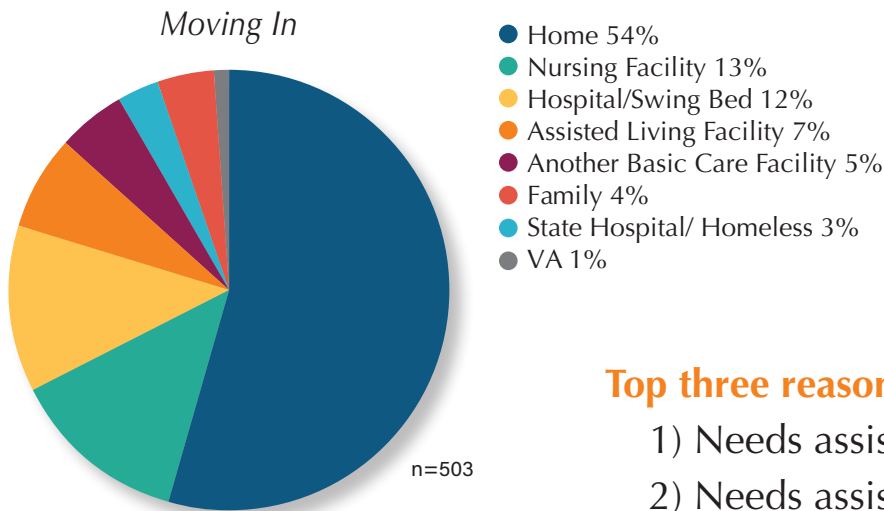


50% of residents in North Dakota BASIC CARE are female

*Source: Centers for Disease Control and Prevention (CDC). (2021). Loneliness and Social Isolation Linked to Serious Health Conditions. Available at: CDC

Basic Care Facts

When individuals move into a basic care facility, *where do they come from?*

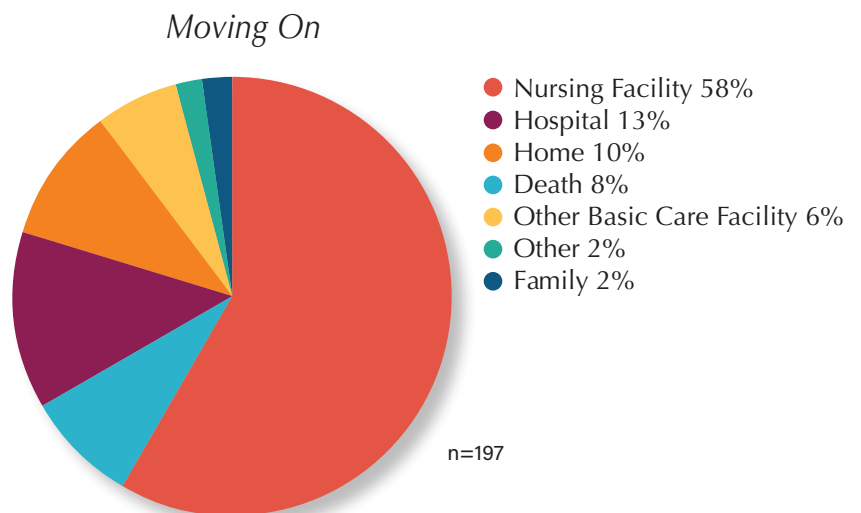


Top three reasons for basic care admission:

- 1) Needs assistance with IADLs
- 2) Needs assistance with daily care
- 3) Needs supervision

When individuals move out of a basic care facility, *where do they go?*

Over half of residents discharged from a basic care facility are admitted to a skilled nursing facility. Medical needs, physical limitations, and growing cognitive issues necessitate the admission to a higher level of care.



Basic Care Facts

Care Needs of Basic Care Residents

60% of residents have impaired mental status, ranging from early stage dementia to disorientation.

30% of residents have a mental health diagnosis.

94% of residents need full assistance with medication administration.

50% of residents receive psychoactive drugs.

12 the number of medications the average basic care resident takes.

61% of residents are independent in dressing, with 2% requiring extensive assistance.

41% of residents are ambulatory and do not need any staff assistance, 68% use a walker or cane, and 12% use a wheelchair.

91% of residents are independent in transferring and 86% are independent with toileting.

63% of residents need assistance with bathing.



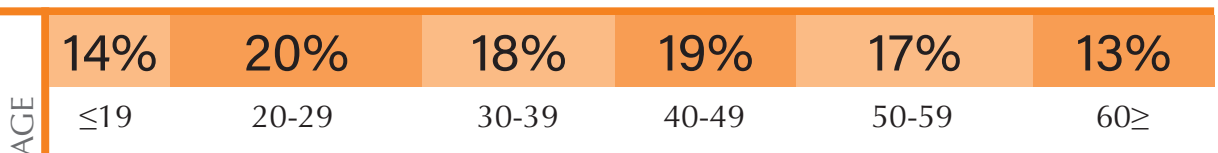
Basic Care WORKFORCE

- The top issues facing basic care facilities are workforce, occupancy, and reimbursement.
- 664 individuals are employed in 16 basic care facilities.
- In 2024 the midpoint CNA wage is \$21.03.
- The youngest employee is 14 years old and the oldest is 77 years old.



Age of Basic Care Workforce

n=711



Basic Care Facts

Basic Care COST

Seventy-four percent of residents living in basic care need assistance to pay for their care. After removing outliers, the average basic care assistance rate on July 1, 2023 is \$158.69 per day. The average cost for providing care is \$170.44 so for each resident served, the facility is losing almost \$11.75 per resident per day.

All of our basic care facilities are operating at a loss.

Fewer than half of basic care facilities charge extra for private-pay residents. Among those that do, the average additional cost is \$18 per day.

And 18% of basic care facilities charge an additional fee for private rooms, with an average cost of \$15 per day.



Does LTC Insurance pay in Basic Care Facilities?

**8% of residents have LTC insurance that helps pay for their care.*

Basic Care Average Costs and State Reimbursement Rates

\$	SFY 2018	SFY 2019	SFY 2020	SFY 2021	SFY 2022	SFY 2023	SFY 2024
Average Cost	\$121.64	\$130.52	\$124.52	\$133.92	\$149.25	\$167.29	\$247.89
Average Rate	\$117.13	\$123.80	\$122.83	\$129.12	\$137.56	\$161.25	\$164.76
Difference	-\$4.51	-\$6.72	-\$1.69	-\$4.80	-\$8.69	-\$6.04	-\$83.13

*Continued losses of the **past 7 years** are making it almost impossible to care for the residents with Basic Care Assistance Program as a payment source.*

Basic Care Reported Resident Likes and Wants



The top four reported likes:

- 1) Friendly, safe environment
- 2) Assisted with housekeeping & laundry
- 3) Freedom to do what they would like throughout the day
- 4) Privacy



The top four reported wants:

- 1) Healthier food options
- 2) Flexible meal options
- 3) Updates to building
- 4) More activity options

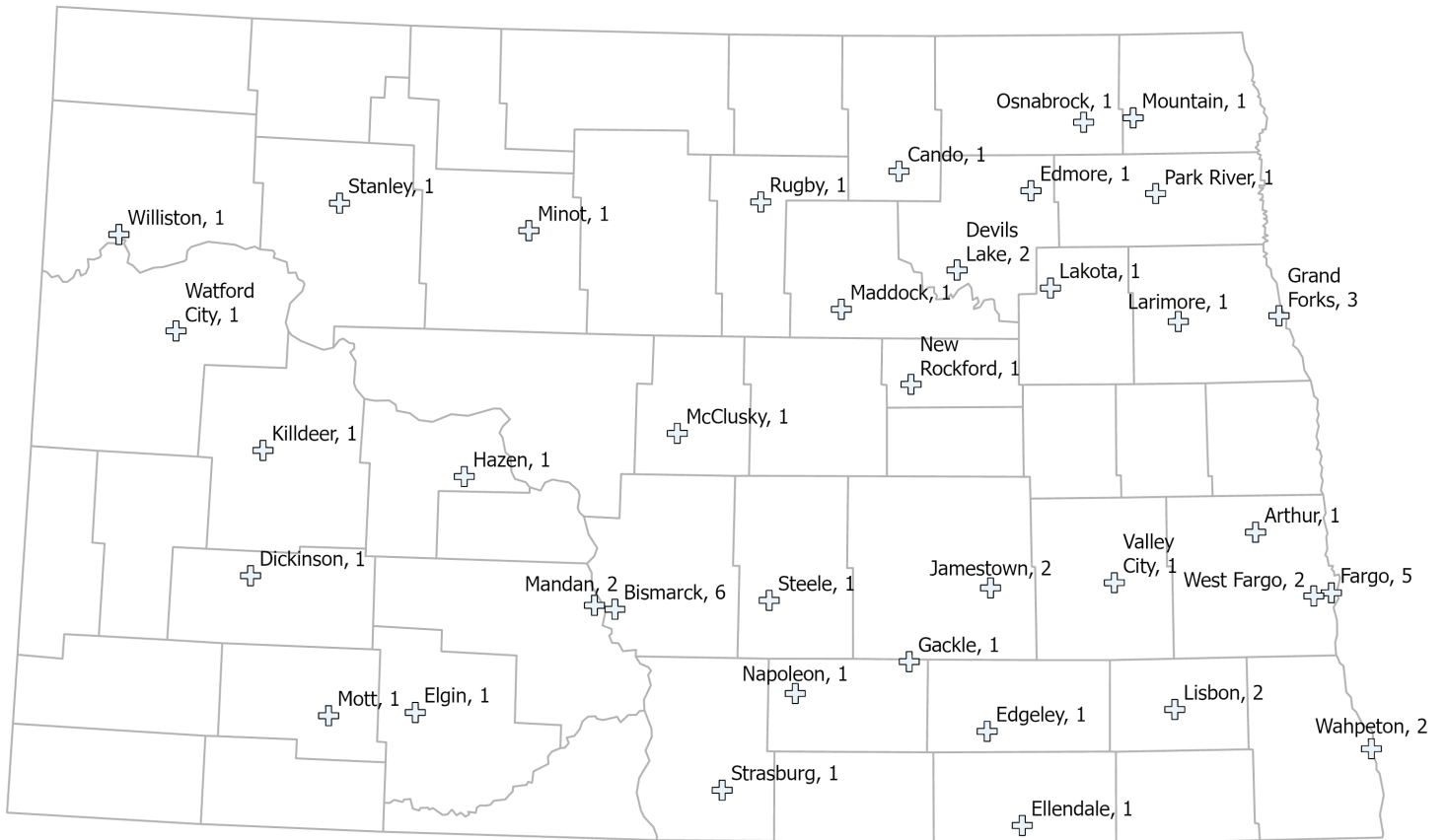
NDLTCA Members Basic Care Facilities

City	Facility Name
Arthur	Good Samaritan Society - Arthur/Prairie
Bismarck	Villa Good Samaritan Society - Augusta Place
Bismarck	Maple View Memory Care Community
Bismarck	Prairie Pointe
Bismarck	Benedictine Living Community – Bismarck
Bismarck	The Terrace
Bismarck	Touchmark on West Century
Cando	St. Francis Residence
Devils Lake	Eventide - Lake Country Manor
Devils Lake	Odd Fellows Home
Dickinson	Country House
Edgeley	Manor St. Joseph
Edmore	Edmore Memorial Rest Home
Elgin	Dakota Hill Housing
Ellendale	Benedictine Evergreen Place & Assisted Living
Fargo	Bethany Towers
Fargo	Ecumen Evergreens of Fargo
Fargo	Good Samaritan Society - Fargo
Fargo	Maple View Memory Care
Fargo	Touchmark at Harwood Groves
Gackle	Gackle Care Center
Grand Forks	Maple View Memory Care
Grand Forks	St. Anne's Guest Home
Grand Forks	Tufte Manor
Hazen	Senior Suites at Sakakawea Medical Center

City	Facility Name
Jamestown	Rock of Ages
Jamestown	ShIPLEY Basic Care, Inc DBA Rosedale
Killdeer	Hilltop Home of Comfort
Lakota	Good Samaritan Society - Lakota
Larimore	Good Samaritan Society - Larimore
Lisbon	North Dakota Veterans Home
Lisbon	Parkside Lutheran Home
Maddock	Maddock Memorial Home
Mandan	Dakota Pointe
Mandan	Lakewood Landing Assisted Living
McClusky	Sheridan Memorial Home
Minot	Maple View Memory Care
Mott	Mott Helath Care Center
Mountain	Borg Pioneer Memorial Home
Napoleon	Wentz Living Center
New Rockford	Lutheran Home of the Good Shepherd
Osnabrock	Osnabrock Comunity Living Center
Park River	Good Samaritan Society - Park River
Rugby	Haaland Estates - Basic Care
Stanley	Mountrail Bethel Home
Steele	Golden Manor Inc.
Strasburg	Strasburg Care Center
Valley City	Hi Soaring Eagle Ranch
Wahpeton	The Leach Home
Wahpeton	Benedictine Living Community of Wahpeton - Siena Court
Watford City	McKenzie County Healthcare Systems LTC
West Fargo	Sheyenne Crossings
West Fargo	New Perspective West Fargo
Williston	Bethel Lutheran Nursing & Rehabilitation Center

Basic Care Map

North Dakota Basic Care Facilities, 2024



✚ City, Basic Care Facilities

Source: North Dakota Long Term Care Association
Created by the North Dakota Healthcare Workforce Group on 4/22/2024