

# Assisted Living Facts

## ASSISTED LIVING AT A GLANCE

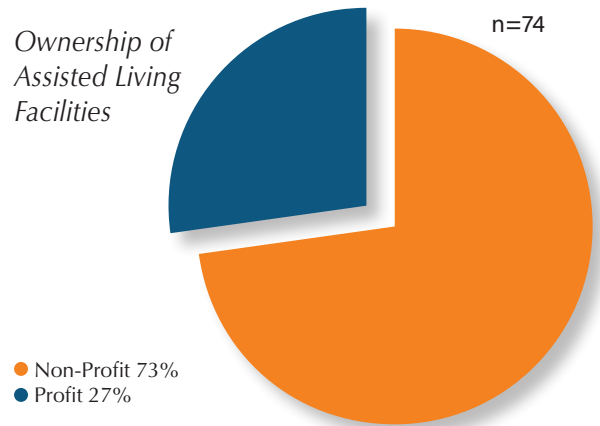
**74** licensed assisted living facilities

**3,020** licensed units

2024 average occupancy was **79%**

n=19

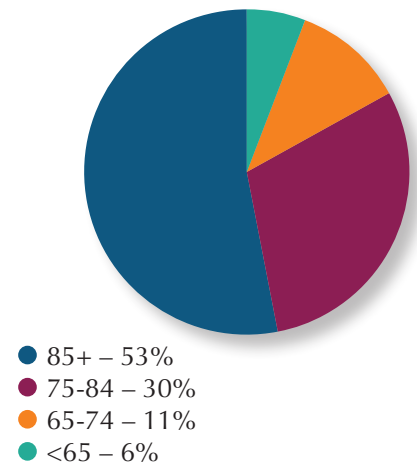
Ownership of Assisted Living Facilities



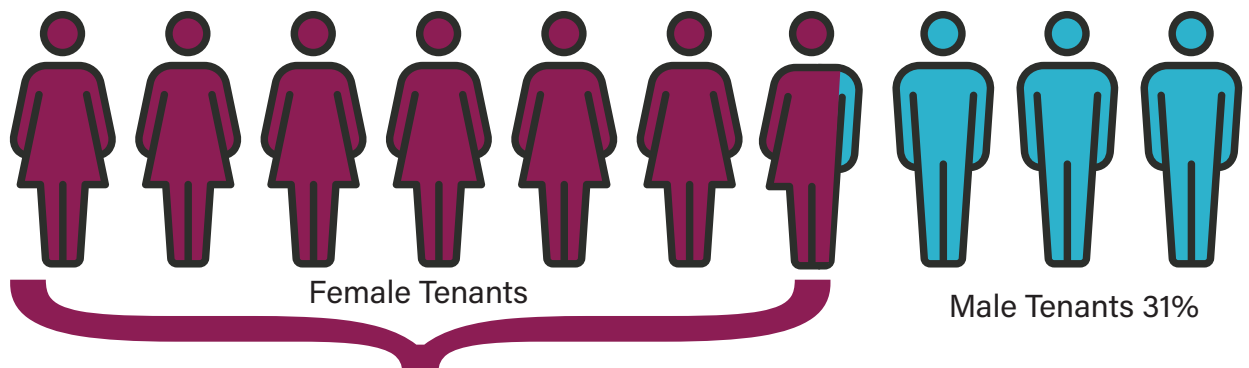
## Assisted Living Facts

- An assisted living facility is a congregate residential setting with private apartments and contracted services.
- A la carte services are contracted based upon an agreed upon service plan.
- A typical rental package includes meals, housekeeping, activities, transportation, and laundry.
- Facilities provide a full range of services from bathing to medication management to hospice care.
- Assistance with instrumental activities of daily living (IADL\*), personal care, falls, isolation, depression, and the need for supervision are the top issues precipitating the desire to move into an assisted living facility.
- Current tenants in ND range in age from 53 to 110 with the average age being 86.

Tenant's Age



Gender of Assisted Living Tenants



**69%** of tenants in North Dakota ASSISTED LIVING are female.

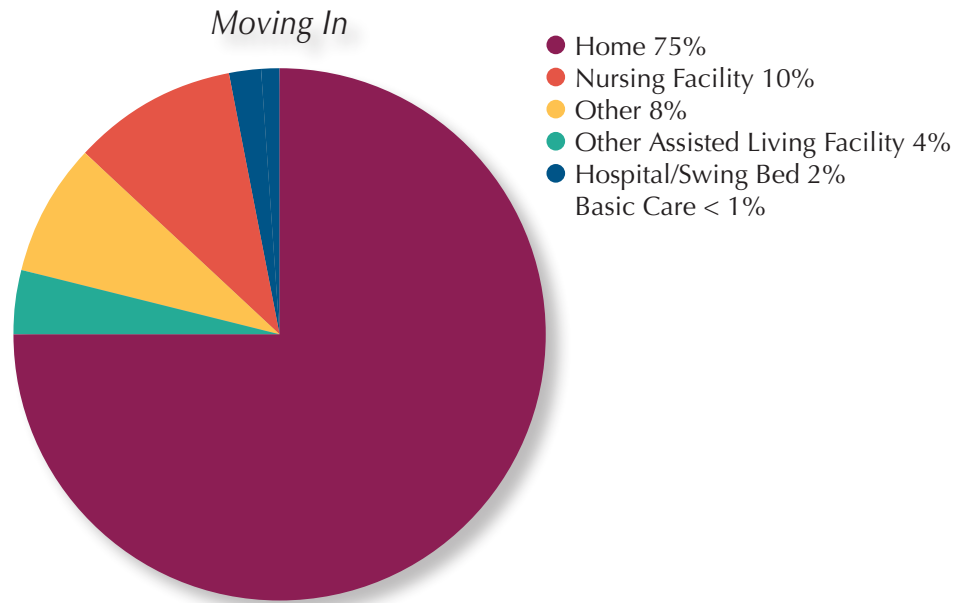
\*Instrumental activities of Daily Living include: using the phone, shopping, meal preparation, managing medication, cleaning, transportation, managing money, caring for pets.

# Tenants - Moving In and Out

## When individuals move into an assisted living facility, *where do they come from?*

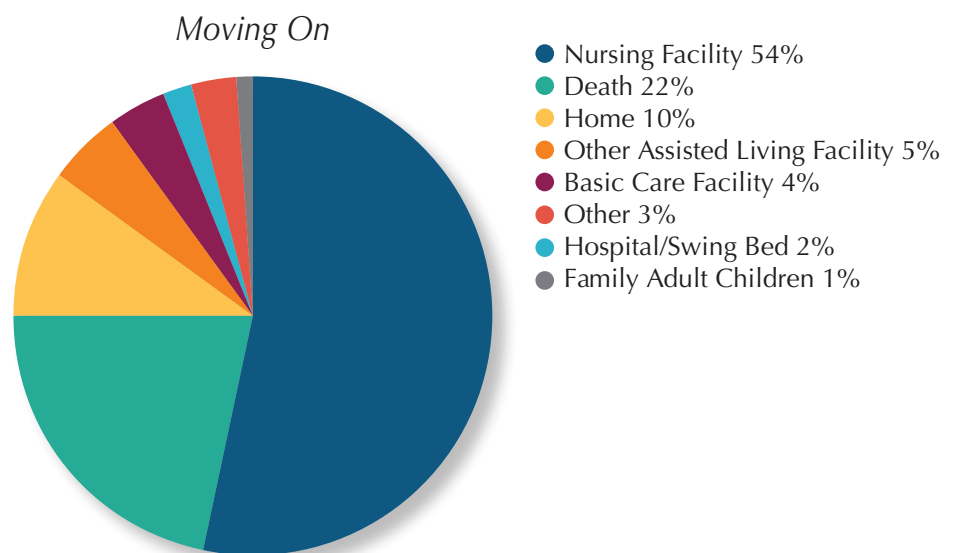
Most individuals were living in their own home prior to moving into an assisted living facility. The top four reasons for assisted living move-in:

- 1) Assistance with daily care
- 2) Needs assistance with IADLs
- 3) Falls
- 4) Social isolation/depression



## When individuals move out of an assisted living facility, *where do they go?*

Almost half of the individuals moving out of assisted living facilities are admitted to a skilled nursing facility. Advancing medical needs and changes in cognition necessitate the move to a higher level of care.



# Assisted Living Facts

## Care Needs of Assisted Living Tenants

**39%** of tenants have impaired mental status ranging from mild confusion or forgetfulness to a mental health diagnosis.

**49%** of tenants need full assistance with medication administration. These tenants on average take 10 over-the-counter and prescription medications daily.

**94%** of tenants are fully independent in eating, 97% independent with transferring, 95% with toileting, and 65% with dressing.

**66%** of tenants periodically use the assistance of a walker or cane.

**38%** of tenants need some assistance with bathing.



## Assisted Living WORKFORCE



- Top issues impacting assisted living facilities are workforce, occupancy, and financial viability.
- As of August 1, 2024, 19 assisted living facilities reported the average time a nurse is onsite is 12 hours per day.
- In 2024 the mid-point CNA wage is \$21.03.

## Economic Impact

"\*Total impact is the sum of direct, indirect, and induced effects on the economy of the state. Sources: CDC/ NCHS, National Post-acute and Long Term Care Study (2020), State Licensure Website, IMPLAN Economic Impact Data and Software"

### WORKFORCE

**704**  
jobs direct

**970**  
jobs total\*

### ECONOMIC ACTIVITY

**\$59.8**  
million direct

**\$104.2**  
million total\*

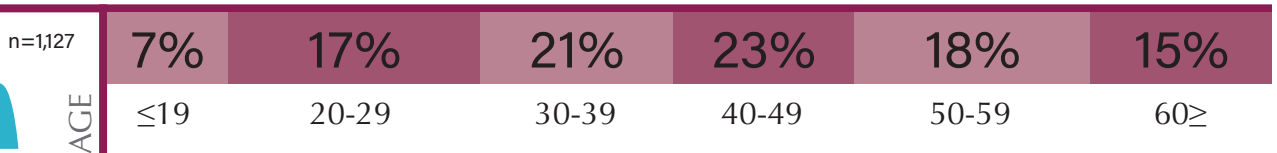
### TAX REVENUE

**\$2**  
million state/local

**\$10**  
million federal



## Age of Assisted Living Workforce



# Assisted Living Facts

## Assisted Living COST

In 2024, the average rent in an assisted living facility was \$3,668 per month.

The cost for services in an assisted living facility varies dramatically, with an average of \$2,248 per month.

The cost of assisted living is highly dependent on the size of the living space, the location in North Dakota, and the amenities in the rental and service package.



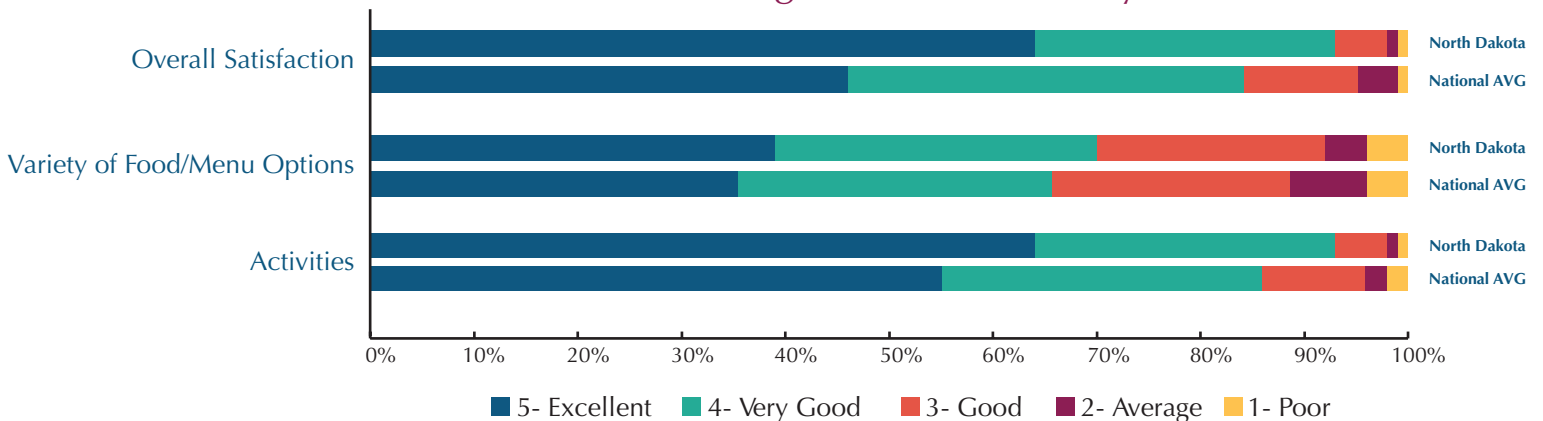
### Who Pays the Bill in Assisted Living Facilities?

Government Assistance <2%  
 Private Pay 98%\*

*\*of this amount 28% of residents have LTC insurance that helps pay for their care.*  
 n=586



### Assisted Living Satisfaction Survey Results



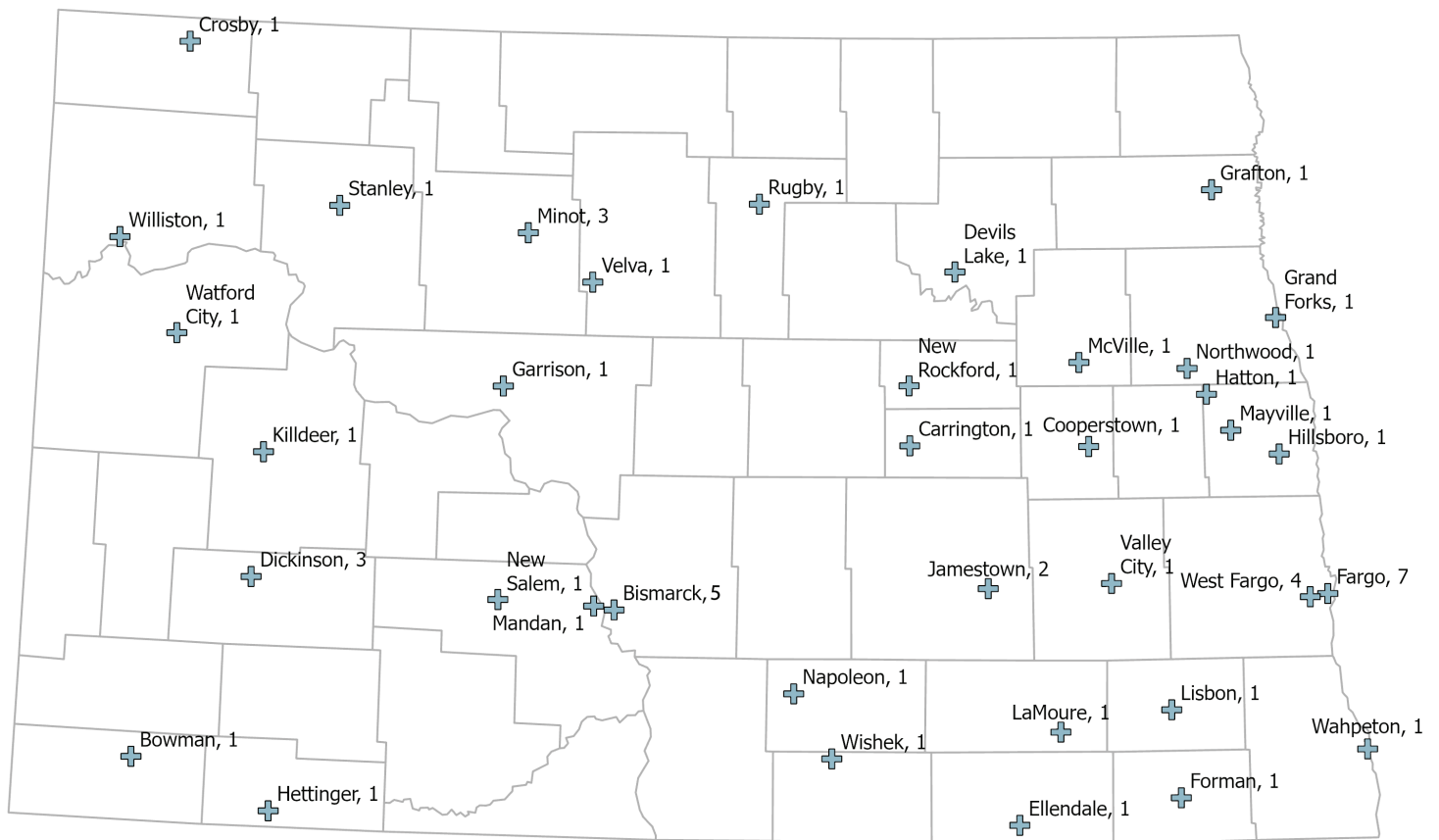
# NDLTCA Members Assisted Living


<u>City</u>	<u>Facility Name</u>
Bismarck	Good Samaritan Society - Augusta Place
Bismarck	Prairie Pointe
Bismarck	Benedictine Living Community - Bismarck
Bismarck	Touchmark on West Century
Bismarck	Missouri Slope Assisted Living
Bowman	Sunrise Village Assisted Living
Carrington	Golden Acres Estate
Cooperstown	Park Place Assisted Living
Crosby	Northern Lights Villa
Devils Lake	Eventide Heartland Courts
Dickinson	Benedictine Living Community - Dickinson
Dickinson	Benedict Court
Dickinson	Park Avenue Villa
Ellendale	Benedictine Evergreen Place and Assisted Living
Fargo	Bethany Gables
Fargo	Bethany Towers
Fargo	Eventide Fargo
Fargo	Good Samaritan Society - Fargo
Fargo	Fargo Elim - Assisted Living
Fargo	CHI Riverview Place
Fargo	Touchmark at Harwood Groves
Forman	Four Seasons Healthcare Center
Garrison	Benedictine - The Meadows
Grafton	Leisure Estates
Grand Forks	Wheatland Terrace
Hatton	Hatton Prairie Village
Hettinger	Western Horizons Assisted Living
Hillsboro	Sanford Health Hillsboro Care Center

<u>City</u>	<u>Facility Name</u>
Jamestown	Eventide Jamestown
Jamestown	SMP Health Ave Maria
Killdeer	Hill Top Home of Comfort
LaMoure	Benedictine Living Community of LaMoure -Rosewood
Lisbon	Beverly Anne Assisted Living Center
Mandan	Lakewood Landing Assisted Living
Mayville	Luther Memorial Home - Sun Center
McVile	The Summerfield Assisted Living
Minot	Elison Assisted Living of Minot
Minot	ProHealth Home Care Assisted Living
Minot	The View on Elk Drive
Napoleon	Wentz Living Center
New Rockford	Heritage House
New Salem	Elm Crest Assisted Living
Northwood	Northwood Deaconess Health Center
Rugby	Haaland Estates - Assisted Living
Stanley	Rosen Plan on 8th
Valley City	The Legacy Place, LLC
Velva	Valley View Manor
Wahpeton	Benedictine Living Community of Wahpeton -Siena Court
Watford City	Horizon Assisted Living
West Fargo	Eventide at Sheyenne Crossings
West Fargo	Kind-er Care Home
West Fargo	Kind-er Care Home 2
West Fargo	New Perspective West Fargo
Williston	Arbor House
Wishek	Prairie Hills Assisted Living

# Assisted Living Map

## North Dakota Assisted Living Facilities, 2024



 City, Assisted Living Facilities

Source: North Dakota Long Term Care Association  
Created by the North Dakota Healthcare Workforce Group on 8/13/2024