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# NDLTCA Newsletter

## October 29, 2024

**All Members - *All Members***

**Assisted Living - *AL***

**Basic Care - *BC***

**Nursing Facilities - *NF***



**Business Insurance • Employee Health & Benefits  
Private Client Services**

Thank you, VAALER, for your generous Platinum Sponsorship!



# Congratulations Tonie Stoen

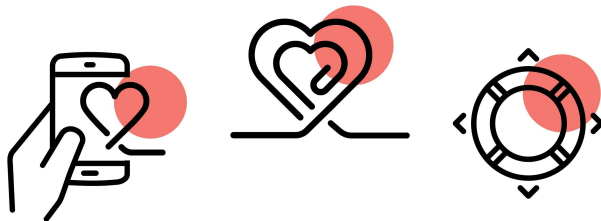
## All Members

We're thrilled to share that North Dakota has another distinguished member who has earned the Health Services Executive (HSE) credential! Join us in congratulating Tonie Stoen on achieving this remarkable qualification. The HSE credential is unique, allowing a qualified nursing home administrator to serve across the continuum of health services and enjoy license portability—a benefit our members frequently ask about. This is the only credential offering cross-state portability for administrators.

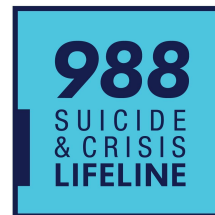
For more information, please visit [www.nabweb.org](http://www.nabweb.org) or email [hse@nabweb.org](mailto:hse@nabweb.org).

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Be the lifeline.



If you or someone you know needs support now, **call or text 988 or chat 988lifeline.org**



### *All Members*

Many workers in our long term care facilities are facing mental health challenges, including increased stress, anxiety, and even suicide risk. It's important for employers and supervisors to be aware of the signs that someone might be struggling and to know how to help. Simple actions like starting a supportive conversation, providing access to resources, or connecting them with professional help can make a huge difference.

988 suicide and crisis lifeline, offers valuable resources for identifying when someone may need help and guiding them toward the support they need. Watch for signs such as persistent sadness, withdrawal from others, changes in behavior, or talk of hopelessness. If you're concerned about an employee or resident, reach out – early intervention can save lives.

The 988 Suicide & Crisis Lifeline is here to support you **24/7**. You can **call or text 988, or chat online at [988lifeline.org/chat](https://988lifeline.org/chat)**. If you need or want additional supports, call specialists can search for resources such as support groups or counseling services. We can also provide ongoing support with our Care & Support program. You can find more information about:

- [Care & Support Program](#)
- [Community Directory](#)
- [FirstLink's upcoming trainings](#)
- [Printed resources](#)

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## **Election Day Approaching!**

# Voting Resources

*All Members*

## Get Out and VOTE!

Prepare to vote on Election Day, next week Tuesday, Nov. 5.

- Make sure you know where to go! Visit [vote.nd.gov/myvotinginfo](https://vote.nd.gov/myvotinginfo) and enter your address to see your polling location information, including dates and times on when you can vote.
- If you've recently moved, make sure you update the address on your ND driver's license or ND nondriver ID card. To update, make an appointment with the [NDDOT](#) or [update your address online](#).
- Visit the [ND Secretary of State's Office website](#) to view a sample ballot based on your address.

## Early Voting

Early voting has kicked off in multiple North Dakota counties.

Visit <https://vote.nd.gov/myvotinginfo> to see early voting polling locations, dates and times.

## Absentee or Mail-In Voting

For those voting absentee or by mail, be sure to place your ballots in your secure county auditor drop box, hand deliver to your county auditor, or postmark by Nov. 4. [Find out more about how to return your ballot.](#)

Encourage your members, friends, family, residents, and neighbors to vote, too.

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## Keep It Local Coalition News

*All Members*

### ICYMI: New Ad Out

Keep It Local has a new ad out against Measure 4. You can [view the ad on YouTube](#) or check it out on [Facebook](#) or [LinkedIn](#). Share it with your members and network to help amplify our message!

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## Action Items

*All Members*

### Ramp Up Your GOTV Efforts

As election day approaches, inspire your members, families and friends to get out and vote! Whether it's sharing your voting plans, educating members on polling locations and voting options, or simply talking to friends and family about the importance of voting, every effort counts. Your voice matters and so do theirs. Now is the time to make it heard! Don't wait — get started today!

### Engage Your Network with Phone Calls

Members are encouraged to conduct phone calls to their respective organization's members, urging them to vote NO on Measure 4. Your outreach can make a significant difference! ND United has conducted multiple phone banks and would be happy to answer any questions or

provide tips on how to effectively communicate the coalition's message. Feel free to contact Ali at 701-390-8874 or [ndkeepitlocal@gmail.com](mailto:ndkeepitlocal@gmail.com).

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## Media Mentions

### *All Members*

- Oct. 26 - Bismarck Tribune: [Letter: Measure 4 would be bad for North Dakota](#)
  - Oct. 26 - AP News:  
[North Dakota voters may end most property taxes; Government programs could face huge cuts](#)
  - Oct. 25 - Grand Forks Herald:  
[If property tax ballot measure passes, Grand Forks School District stands to lose up to \\$36 million](#)
  - Oct. 24 - Knox Radio:  
[GNDC opposes North Dakota Measure no. 4](#)
  - Oct. 23 - Prairie Public:  
[Measure 4 Debate](#)
  - Oct. 23 - Jamestown Sun:  
[Letter: Support Your Community This November](#)
  - Oct. 21 - HPR: [Think this through: Vote No on Measure 4](#)
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## Quality



## Congratulations Woodside Village in Making the Governor's Newsletter!

### *All Members*

The Nursing Facility Incentive Program, developed in partnership with the Long-Term Care Association and nursing facilities, was approved by North Dakota lawmakers and signed into law by Gov. Burgum during the 2023 legislative session. The Governor's newsletter highlights one of the success stories. [Click here to read more.](#)

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## Education





# THE BEST TRAINING MAKES THE BEST CNAS

Flexible and convenient **online coursework**  
paired with **in-person clinical skills training**



POWERED BY ACADEMIC PLATFORMS  
IN PARTNERSHIP WITH AHCA

[LEARN MORE](#)

## CNAonline-Hybrid CNA Training

*All Members*

[CNAonline.com](https://www.cnaonline.com) has developed a HYBRID nurse assistant training program based on the AHCA “How to be a Nurse Assistant” Curriculum to help address the workforce challenges and frontline staff shortages.

The curriculum meets all federal guidelines and is adapted for ND state-specific requirements.

For more information on the CNAOnline Hybrid program and/or to schedule a demo, please contact [Gwynette Winstead](#).

**Peggy Hosted an Informational Webinar – October 16:**

[Recording – October 16, 2024](#)

[Handout – PPT](#)

Find all of the resources you need [here](#).

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## In the News

### HHS Files Proposed Modifications To HIPAA To Strengthen Cybersecurity With Office Of Information And Regulatory Affairs

*All Members*

[HealthcareITNews](#) (10/25, Fox, 2K) reported HHS "has filed proposed modifications to the Health Insurance Portability and Accountability Act of 1996 security rule to strengthen the cybersecurity of electronic protected health information with the Office of Information and Regulatory Affairs." According to HealthcareITNews, "the central authority for the review of Executive Branch regulations provided few details, but once the White House reviews HIPAA updates HHS can release its Notice of Proposed Rulemaking for public comment." The "rule will propose modifications to the Security Standards for the Protection of Electronic Protected Health Information under HIPAA and the Health Information Technology for Economic and Clinical Health Act of 2009, according to the abstract."

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### Latest HealthCare News-BCBSND

*All Members*

Find the latest quarterly and weekly updates and news [HealthCare News | BCBSND](#)

Includes:

- [Save the Date - Virtual Training Sessions for the New Medical Pharmacy Prior Authorizations Process](#)

- [Precertification Changes for Jan. 1, 2025](#)
  - [Coding and Reimbursement Policy Updates](#)
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## AHCA/NCAL Updates

### Register for the Livestream: What We Didn't Get to Say in Orlando

*All Members*

AHCA/NCAL will host a special livestream on **Tuesday, November 12 at 4 PM Eastern/3 PM Central** for members that is not to be missed! Register today to hear from AHCA/NCAL Principal Mark Parkinson, President & CEO Clifton J. Porter, II, and AHCA Board Chair Phil Scalo as they deliver remarks that were meant to be presented at Delivering Solutions 24. While AHCA/NCAL was forced to cancel this year's event, this livestream is a unique opportunity to hear directly from leadership and join the celebration. [Register today!](#)

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## Regulatory

### AHCA Provides More Regulatory Resources for LTC Providers in 2024

*NF*

In 2024, the AHCA/NCAL Regulatory and Clinical Team continues to update long-term care (LTC) providers with recently published resources. These resources were prepared with AHCA/NCAL members in mind and reflect member feedback in their creation. The Association aims to support providers by ensuring they have the tools to stay compliant with various regulatory requirements.

All available AHCA regulatory resources ([including those listed here](#)) are outlined in the document “**AHCA Regulatory Resources**,” available at the top of the [AHCA Survey Preparedness page](#).

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## Review your SNF QRP Quarterly Provider Preview Reports by November 14

*NF*

The Skilled Nursing Facility (SNF) Quality Reporting Program (QRP) Provider Preview Reports have been updated and are now available in iQIES. These reports contain your facility’s performance scores for quality measures (QMs), which will be published on [Care Compare](#) and [Provider Data Catalog \(PDC\)](#) during the January 2025 refresh.

[Read more...](#)

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## CMS Issues New and Revamped Standards for State Nursing Home Surveyors for 2025

*NF*

Skilled Nursing News-By Zahida Siddiqi | October 23, 2024

On Wednesday, the Centers for Medicare and Medicaid Services (CMS) released plans to update the State Performance Standards System (SPSS) for the 2025 fiscal year. This will involve eliminating two measures from the previous year, introducing a new one, and revamping several others.

[Read more...](#)

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## Workforce

### Key Strategies for Retaining Your LTC Workforce

*All Members*

On November 5, 2024, at 2 PM ET, AHCA/NCAL will host a free webinar titled "Key Strategies for Retaining Your LTC Workforce" as part of the Workforce series. This last webinar of 2024 will cover key retention strategies and ideas for organizations to keep their workforce, avoid high turnover and improve quality.

[Read more...](#)

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### Post a Job on Our Website

*All Members*

[North Dakota Long Term Care Association | Career Opportunities \(ndltca.org\)](#)

If you would like to post a job opening for your facility, please contact Stacy Irey at 701.222.0660 or email [stacy@ndltca.org](mailto:stacy@ndltca.org)



Contact us at 701-222-0660 or email Nikki at [nikki@ndltca.org](mailto:nikki@ndltca.org) or Peggy at [peggy@ndltca.org](mailto:peggy@ndltca.org).