



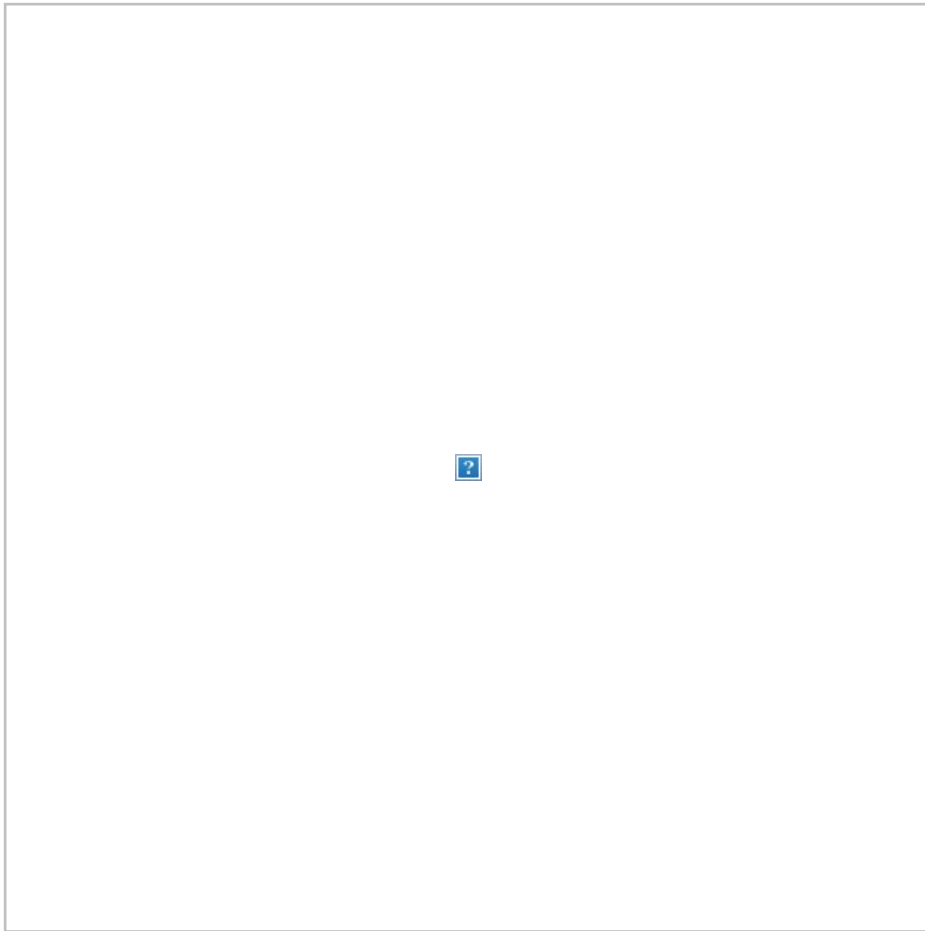
## **NDLTCA Newsletter**

**May 21, 2024**

*All Members - All Members*  
*Assisted Living - AL*  
*Basic Care - BC*  
*Nursing Facilities - NF*

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**NDLTCA Updates**



Join us in Washington DC this June where you will have the opportunity to personally connect with your elected Representatives. With support from AHCA/NCAL staff, you will be equipped with the tools to champion issues affecting quality long term, post-acute, and assisted living care, and the skills to drive real change. [Register here.](#)

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## **Culture change project - Implementing Resident Directed Living & Affecting Team Member Retention**

*NF*

Time is running out! To secure your spot for the CMP project, reach out to Carmen Bowman at [carmen@edu-catering.com](mailto:carmen@edu-catering.com) or call her at 303-981-7228.

Westward Heights story inspired this CMP project because of the amazing outcomes for both those living and working at this nursing home in only one year.

Westward Heights took part in a one-year culture change project (4/22-3/23). Using the Artifacts of Culture Change 2.0, they implemented the following culture change practices: 1) honoring sleep / natural awakening; 2) open dining; 3) personalized medication pass times; 4) preferences for a

good night's sleep. Hear the amazing staff outcomes: IMPROVED RETENTION, DECREASED USE OF OVERTIME because coming to work is stressful, more organized, NO MORE NEED FOR BONUSES. "Time to check on the resident and not just on the clock." Hear the amazing resident outcomes: residents are well rested, skin, wounds, falls, mood are ALL IMPROVED, residents can eat when they want to. "We've switched roles. They tell us, and we honor that." SINCE THE VIDEO: ZERO WEIGHT LOSS FOR ANY RESIDENT IN 7 YEARS, SUPPLEMENT COST REDUCED FROM 1000.00 TO 250.00/MONTH, MED AIDE NEEDED TIME REDUCED FROM 16 TO 11 PER DAY, AND NO JOB OPENINGS!

Westward Height Outcomes: <https://www.youtube.com/watch?v=ldv8aJlxdkQ>

Westward Heights full story/documentary:  
<https://www.youtube.com/watch?v=IBVLwzNR7Hk&t=871s>

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## Regulatory

### Regulatory or Best Practice? Message from DHHS Health Facilities Unit Regarding EBP

*NF*

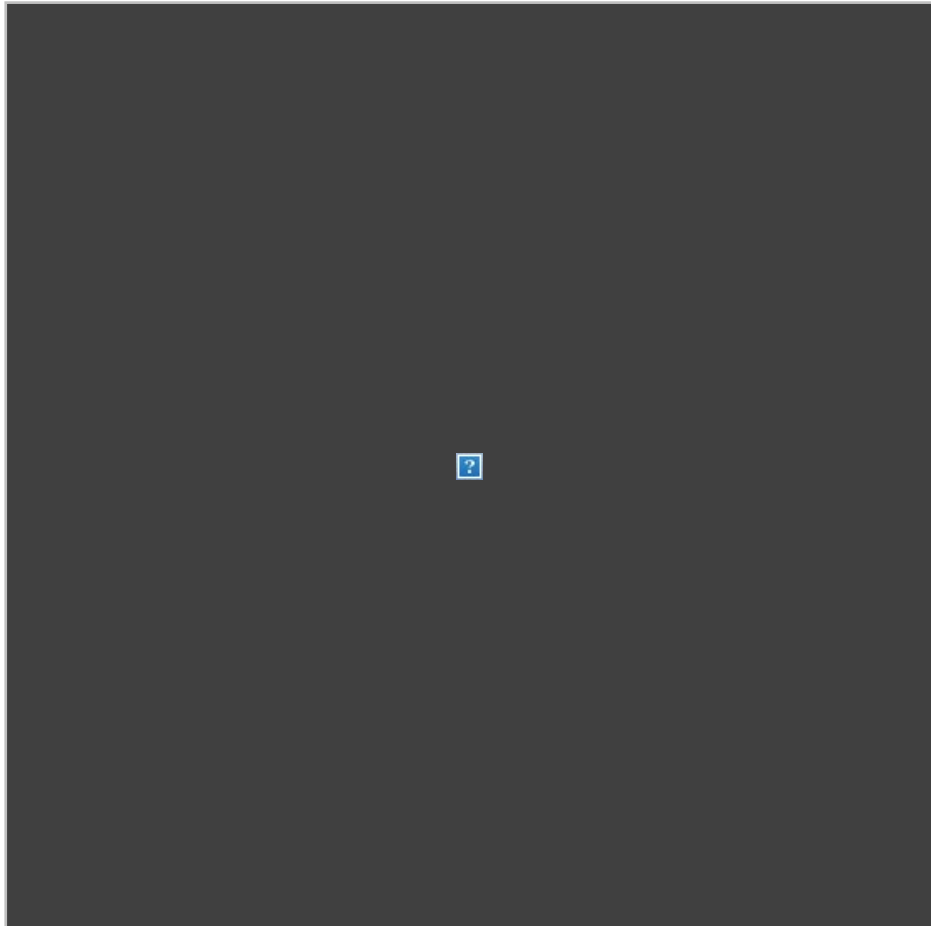
The federal long-term care requirements require nursing homes to establish an infection prevention and control program that includes a system for preventing, identifying, reporting, investigating, and controlling infections and communicable diseases which follows accepted national standards. The CDC had previously published national standards for the use of enhanced barrier precautions (EBP) in nursing homes. On March 20, 2024, CMS released memo QSO-24-08-NH Enhanced Barrier Precautions in Nursing Homes. In this memo, CMS issued new guidance on the use of EBP in long-term care facilities to align with nationally accepted standards. With the release of this memo, CMS has elevated the previously released CDC recommendations to CMS requirements incorporated into F880 Infection Prevention and Control effective April 1, 2024.

There are multiple sources for long-term care infection control information such as long-term care infection control professionals, the North Dakota Department of Health and Human Services Disease Control Unit, and others. These sources may, at times, provide recommendations that are best practices. We encourage the implementation of best practices, but answers regarding what constitutes minimum regulatory compliance with the new EBP requirements must come from CMS. We appreciate the assistance provided by the North Dakota Long Term Care Association in conducting a survey and your participation in the process. We are seeking clarification regarding many of the questions you have raised and will provide additional information as it becomes available from CMS to assist in the implementation of EBP in your facility.

Bridget Weidner, MPH, MT(ASCP), Director, Health Facilities

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# Education



Summer Administrator's Conference - Save the Dates July 22 - 26, 2024  
Registration coming soon!



This webinar series aims to empower healthcare professionals in SNFs/NFs to provide the highest quality of care while maintaining the integrity and accuracy of their documentation.

**Target Audience:**

Directors of Nursing, Nursing  
Leadership, Compliance Staff,  
Risk Management, Social  
Services, Therapy, Dietary,  
Administrator, Staff  
Development Coordinator,  
Infection Preventionist, Medical  
Records

Please follow the link: [Click Here](#)

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**5th Annual Dementia Friendly Healthcare and Community**

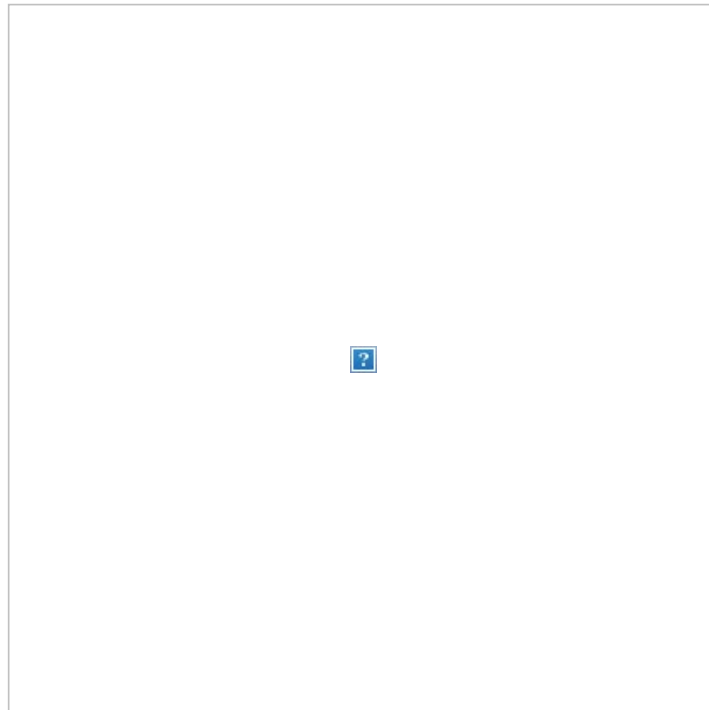
## Symposium

*All Members*

Continuing education credit for providers, nursing and social workers (6 contact hours). Register here: <https://und.zoom.us/meeting/register/tJArdOirpzgrE9AUdGFjZTcoOr1DeR22vYC4#/registration>

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**[Click on flyer for registration link!](#)**



Thank you to our Bronze Sponsor, ZULAFly!

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## Workforce

### Post a Job on Our Website

*All Members*

[North Dakota Long Term Care Association | Career Opportunities \(ndltca.org\)](#)

If you would like to post a job opening for your facility, please contact Casidie Fladeland at 701-354-9775 or email [casidie@ndltca.org](mailto:casidie@ndltca.org)



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