

# Navigating Nutrition and Mealtime for People Living with Dementia Virtual Symposium



Thursday, March 14, 2024 | 12:00 p.m. – 3:30 p.m. CST

FREE learning opportunity for providers, healthcare professionals, community workers and caregivers with experts on dementia practices.

## Presentations:

- 12:00 – 12:50 p.m. **Dementia and Dysphagia**  
Nicole Kiel Pashke, MS, CCC/SLP University of North Dakota
- 1:00 – 1:45 p.m. **Diet, Nutrition and Dementia**  
Puja Agarwal, PhD Rush University
- 1:55 – 2:40 p.m. **Navigating Mealtime Challenges: Strategies for Encouraging Eating and Managing Behaviors in Dementia Care**  
Kara Welke, OTD Hometherapy Solutions
- 2:50 – 3:20 p.m. **Panel Discussion**

## Upon completion of this program, the participant will be able to:

1. Define dysphagia and its implications for people living with Dementia
2. Incorporate nutrition in diet for people living with Dementia
3. Discuss mealtime challenges and how to navigate mealtime for people living with Dementia

This activity has been planned and implemented in accordance with the Accreditation Requirements and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of North Dakota School of Medicine and Health Sciences and the Alzheimer's Association MN ND Chapter. The University of North Dakota School of Medicine and Health Sciences is accredited by the ACCME to provide continuing medical education for physicians. The University of North Dakota School of Medicine and Health Sciences is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

"The University of North Dakota School of Medicine and Health Sciences designates this Live activity for a maximum 2.75 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity."

Nursing, physical therapy, and occupational therapy may use the credit for certification. Department of Geriatrics, UND is a board-approved provider as approved by North Dakota Board of Social Worker Examiners. This is approved for seven face-to-face contact hours.

Dietetics CEU application in process

The Dakota Geriatric Workforce Enhancement Program (GWEP) is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$3.75M with 15 % percentage financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.



To register, go online at [bit.ly/NavigatingNutritionDementiaSymposium](https://bit.ly/NavigatingNutritionDementiaSymposium)

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