

Quarterly Education Flyer January - March 2024



Open to the Community

January 2024

Effective Communication Strategies

Wednesday, January 10th, 1:00 - 2:00 PM CST

In Person: Grafton Senior Center,
309 Hill Avenue, Grafton, ND

No registration is required

February 2024

Understanding and Responding to Dementia-Related Behaviors

Thursday, February 29th, 3:30 - 4:30 PM CST

In Person: YMCA Cass and Clay County,
400 1st Ave S, Fargo, ND

Registration is encouraged - <https://bit.ly/46z4UKg>

March 2024

Navigating Nutrition and Mealtime for People Living with Dementia

Thursday, March 14th, 12:00 - 4:00 PM CST

Virtual: Alzheimer's Association and UND Geriatrics

Registration is encouraged - <https://bit.ly/3GJOqUB>

The Alzheimer's Association offers a number of Alzheimer's and dementia programs available live

<https://www.communityresourcefinder.org/>

For Alzheimer's and dementia education in Spanish, <https://training.alz.org/espanol>.