ALZHEIMER'S R ASSOCIATION

The North Dakota Dementia Care Services Program Presents

Quarterly Education Flyer January - March 2024



Open to the Community

January 2024

Effective Communication Strategies

Wednesday, January 10th, 1:00 - 2:00 PM CST In Person: Grafton Senior Center, 309 Hill Avenue, Grafton, ND No registration is required

February 2024

Understanding and Responding to Dementia-Related Behaviors Thursday, February 29th, 3:30 - 4:30 PM CST In Person: YMCA Cass and Clay County, 400 1st Ave S, Fargo, ND Registration is encouraged - <u>https://bit.ly/46z4UKg</u>

March 2024

Navigating Nutrition and Mealtime for People Living with Dementia Thursday, March 14th, 12:00 - 4:00 PM CST Virtual: Alzheimer's Association and UND Geriatrics Registration is encouraged - <u>https://bit.ly/3GJOqUB</u>

The Alzheimer's Association offers a number of Alzheimer's and dementia programs available live <u>https://www.communityresourcefinder.org/</u>

For Alzheimer's and dementia education in Spanish, <u>https://training.alz.org/espanol</u>.

24/7 Helpline 800.272.3900 alz.org/mnnd



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