

Attachment A

Medical Causes - Unmet Needs - Environmental Changes - Social Changes - Mood Changes

Check Vital Signs

- Temperature
- Blood Pressure - lying down and standing
- Respiratory rate, pulse rate
- Blood Glucose for diabetics

Review Medication Record

- Meds added
- Meds stopped
- Medication dose changes
- Routes of medication administration changes

Review Chart

- Changes in urination or bowel habits
- Changes in food/fluid intake
- Changes in sleep patterns
- Falls or injuries
- Recent illness

Check General Body Position

- Guarding or protecting any body part
- New neurologic deficits
- New asymmetries or swelling

Examine Skin

- Bruises
- Redness
- Swelling

Check for Unmet Needs

- Pain relief
- Hunger
- Thirst
- Boredom
- Loneliness

Check Joint Range of Motion

- Limitation
- Tenderness
- Pain
- Fractures

Examine Abdomen

- Distension
- Enlarged bladder
- Catheter problem

Check for Environmental Changes

- Room change
- New roommate
- Remodeling

Check for Recent Social Changes

- Family visit
- Personal loss
- Activities
- Unpleasant event

Check for Psychosis/Depression/

Mood Changes

- Delusions
- Hallucinations
- Anxiety
- Irritability
- Loss of interest, feeling of worthlessness, withdrawn
- Sleep problems
- Fatigue, decreased energy
- Difficulty concentrating
- Slowed speech
- Sadness, crying
- Over-concern with health