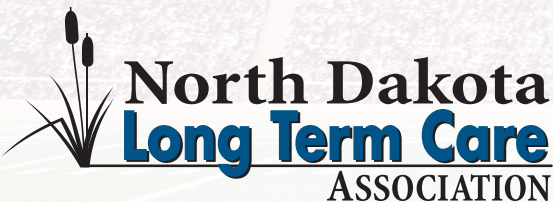


NDLTCA Fall Conference

September 23-26, 2024 | Holiday Inn | Fargo, ND

Early Bird Deadline: August 26th



www.NDLTCA.org | (701) 222-0660
1900 North 11th Street, Bismarck, ND 58501

Working in Partnership With

*Activity Professionals of ND
ACHCA/ND Rough Riders Chapter
Long Term Care Social Workers of ND
National Association of Directors of Nursing Administration
ND Association of Nutrition & Foodservice Professionals
ND Environmental Services*

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Conference Information

Refund/Cancellation Policy

If a registrant cannot attend, an alternate registrant may attend in his/her place. Cancellations received more than 20 business days prior to September 20th will receive a full refund for the registration fee. Cancellations received 13-19 business days prior to September 20th will receive a refund of 75% of the registration fee. Cancellations received 6-12 business days prior to September 20th will receive a refund of 50% of the registration fee. Cancellations after to September 20th will be charged the full registration fee. All cancellations must be made in writing and may be emailed to peggy@ndltca.org or casidie@ndltca.org. Refunds, if applicable, will be issued after the conference.

Survey/Organization Related Disaster

A full refund, minus the credit card fees, will be issued due to a state survey or organization-related disaster. Facilities meeting these circumstances must send proof of the survey and/or disaster.

Inclement Weather/Illness

There are no refunds available for cancellations due to weather if the seminar itself is not cancelled. In the case of illness, death in the family or other reason, the organization may send another individual to take the place of the current registrant or receive the handout material; no refund will be issued in these circumstances.

Substitution Policy/No Badge Sharing Policy If you register and then are unable to attend, you may send someone in your place at no additional charge. Substitutions must be submitted in writing prior to the first day of the Conference. After this date, all substitutions will be processed at on-site registration. Please email casidie@ndltca.org the full name, facility, address, telephone number and email address of the individual who will be replacing you, thereby authorizing the substitution to be made. If the original person has already received their badge in the mail, please follow the same steps when emailing casidie@ndltca.org and have the substitute bring the original registrant's badge to hand in at the on-site registration desk. **There will be no sharing of a Full Registration amongst staff.**

Meal Functions

Your registration includes all meal functions. If you need a special diet due to medical conditions, please inform the NDLTCA Registration Desk the day prior so arrangements can be made.

Conference Information

Continuing Education

All participants will receive a Certificate of Attendance after the Conference online. Attendees will be scanned in and out of sessions to monitor and track attendance. To receive full credit, you must attend the entire session. In the event of late arrival and/or early departure, hours will be amended accordingly. Credit is only available for each session attended. It is the responsibility of the attendee to be sure that they get scanned in and out of each session they attend. It is also their responsibility to report any issue with the badge being scanned to the room monitor.

Special Accommodations

If you need special aids or services identified in the Americans with Disabilities Act, please contact NDLTCA 10 days prior to the conference to arrangements can be made.

Conference Accommodations

Make your room reservations as soon as you can. Conference host hotel: Holiday Inn, 3803 13th Ave S, Fargo, ND. Their phone number is 701-282-2700. Special room rates are available for a limited time under the room block "ND Long Term Care Association."

Registration

Early bird pricing ends
August 26th!

Register Online at www.ndltca.org/events/fall-conference-2/

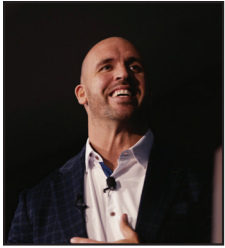
We have enclosed an attendee collection form for you and your staff to fill out for each participant to help streamline the online registration. Registration includes breakfast and lunch. Each licensed facility must register separately. You will have the option to create a password for your registration so you can go back into the registration and make updates to your registration. Please make sure each registration has an active email that they will have access to the day of the event.

Please refer any questions to Casidie Fladeland at casidie@ndltca.org or (701) 354-9775.

	NDLTCA Member BEFORE / AFTER	Non-Member BEFORE / AFTER		
Full Registrant	\$350 / \$450	\$450 / \$550	Student Registration Fees	
Tuesday, Sept 24 Day Pass	\$200 / \$350	\$300 / \$450	Any student, intern or AIT	\$200
Wednesday, Sept 25 Day Pass	\$200 / \$350	\$300 / \$450	Guest Registration Fees	
Thursday, Sept 26 Day Pass	\$100 / \$200	\$200 / \$300	Attending Expo	\$ 30

If you pay via credit card, there's a 3.5% fee added. You have the option of paying by check and we will invoice you.

Featured Speakers



Caleb Campbell

Opening Keynote – 7. Living Resilience: The Key to Thriving in a Demanding World

Tuesday, September 24 – 10:15 am – 12:00 pm

Once known as “America’s Athlete”, Caleb Campbell is a West Point graduate and former Army officer who became the second player in the history of West Point to ever be selected in the NFL draft and the first player, under a new policy implemented by the Department of Defense (DOD), given the permission to play and serve simultaneously.

Caleb’s dream came to a halt when the DOD rescinded that policy hours before signing his first NFL contract—launching him into his own internal war that would almost cost him his life. While serving his country, Caleb kept his NFL dream alive and eventually found himself playing in the NFL—demonstrating to audiences everywhere how facing our fears, committing to mental and emotional health and staying authentic will make us stronger—even in our weakest moments.

Far from offering clichéd “do better, be better” advice, Caleb skillfully guides his audience through discussions on vulnerability, emotional intelligence, heart-centered leadership and whole-person success. Above all, Caleb’s message acts as a powerful catalyst for internal transformation—fostering emotional, relational, and collective growth on an unmatched scale.

When not on a stage, Caleb spends his time at home in Nashville, TN, trying to convince his wife, Kara, that their daughter, Sophie, needs a Bernese Mountain Dog Puppy.



Sarah Ciavarri

Closing Keynote – 41. Champions of Care: Leading the Team to Victory

Thursday, September 26 – 10:30 am – 12:00pm

Sarah Ciavarri is founder and president of Level Up Leadership, LLC, a coaching, leadership consulting, and curriculum design firm. Sarah works with senior leaders and mid-level managers across healthcare, community-based organizations, nonprofits, higher education, and corporations to maximize their adaptability, sustainability, and potential. For over 25 years, Sarah’s dedicated her career to helping individual leaders, teams, and groups transform and flourish. Recognized as a believer in mining our own stories for transformation, Sarah was asked by Fortress Press to write a book. This invitation resulted in *Finding our Way to the TRUTH: Seven Lies Leaders Believe and How to Let Them Go*. As a Professional Certified Coach through the International Coaching Federation, with over 1400 executive coaching hours, Sarah brings clarity and compassion to create space in which leaders can do the transformative work of changing

patterns and beliefs limit our impact. She is a regular keynote speaker on leadership topics of resilience, burnout prevention, and crafting a life you love. In 2014, Sarah was invited to serve as a Case Consultant with The Daring Way – training and coaching candidates in the research of Dr. Brené Brown. Sarah has the honor being certified in both Dare to Lead™ and The Daring Way™. Sarah is an Advisory Board member for the Women in Leadership Program at Mankato State University, Mankato, MN. Sarah is a trainer with Coaching4Today’sLeaders and LeaderWise. Sarah adds rigor to her coaching skills by earning certifications including Leadership Agility 360 Assessments, Train the Trainer Certification, 1600 hours of Clinical Pastoral Education, and Board Chaplain Certification. She earned a Masters of Divinity from Luther Seminary where she was a Presidential Scholar. Sarah is energized by empowering leaders to do their best work.



Agenda

Monday, September 23

9:00 am – 4:00 pm - Quality Awards Bronze Workshop
(Dakota Hall)

2:00 pm - NDLTCA Foundation Meeting
(Executive Room – Harvest Hall)

2:30 pm - NDLTCA Board Meeting
(Executive Room – Harvest Hall)

4:30 pm – 6:00 pm - LTCSWND Board Meeting
(Conference Room – Harvest Hall)

4:30 pm – 7:00 pm - Registration OPEN (Atrium)

5:00 pm – 7:00 pm – NDESA Board Meeting
(Board Room - Harvest Hall)

6:00 pm – 8:00 pm - ND ANFP Board meeting
(Directors Room – Harvest Hall)

Tuesday, September 24

7:00 am – 5:00 pm: Registration Open (Atrium)

7:00 am – 8:30 am: Breakfast (Pool Patio)

8:00 am – 10:00 am: Breakout Session (2 hours)

1. How to Conduct a Shelter in Place Tabletop Exercise

Presented by: Duane Ell and Marcus Lee

Room: TBT

Content: This Session will provide the attendee with a Shelter in Place Tabletop Exercise that can be taken back to their facility and with minor changes be adapted to fit their needs at their facility. It will include a Situation Manual, and objectives.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

2. Ethics in Supporting Dignity of Risk (Ethics)

Presented by: Lea Saga, UND

Room: TBT

Content: A presentation on ethics and supporting the dignity of risk, covering key areas including an introduction to ethics, understanding dignity of risk, ethical implications of dignity of risk, supporting dignity of risk in practice, ethical guidelines and frameworks, and the challenges and considerations.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

8:30 am – 10:00 am: Breakout Sessions (90 minutes)

3. Using Regulations to Change Institutional Culture

Presented by: Carmen Bowman

Room: TBT

Content: Changing institutional culture is still the answer - save money, make money, go beyond minimal compliance and create a quality-of-life people want. Use the Artifacts of Culture Change inspirational, educational, benchmarking, self-assessment tool to implement practice changes that shift the focus from institutional to individual, facility to home and focus on person-directed living rather than medical care only. Regulations support these practices and are referenced in the tool. Learn how regulations are not holding us back and instead can be used to reject and replace institutional culture with home and normal life. Don't be held hostage by your own systems. Keep the home in nursing home and the living in assisted living! Learn also about a potential North Dakota CMP reinvestment project with same intent; looking for 15 interested nursing homes over three years.

Recommended Audience: AL, BC, NF: Activities, Administrators, Certified Dietary Manager, Registered Dietitian, Environmental, Nursing, Office/Finance, Social Workers, All Disciplines.

4. Basic Care for Medicaid Recipients

Presented by: Kathryn Good

Room: TBT

Content: This session will include information on how to apply for the Basic Care Assistance Program (BCAP) and Medicaid State Plan (MSP), what the process is, who is eligible, and when a recipient may no longer be eligible for BCAP and MSP. This session will also include a review of Critical Incident Reporting requirements.

Recommended Audience: BC: Administrators, Managers, Nursing, Office/Finance, Social Services

5. Person Center Care Plans

Presented by: Scott Heichel

Room: TBT

Content: Person-centered care and care planning means the facility focuses on the resident as the center of control and supports each resident in making his or her own choices. With input from the resident and/or their representative, and the interdisciplinary team, the care plan is the opportunity to tell the unique story of each resident. It also allows the facility to evaluate whether they are assisting the resident in attaining or maintaining his or her highest practicable quality of life. If care planning is not complete, or is inadequate, the consequences may negatively impact the resident's quality of life, as well as the quality of care and services received. Are your care plans telling the right story?

Recommended Audience: AL, BC, NF: Activities, Administrators, Certified Dietary Manager, Registered Dietitian, Nursing, Social Workers.

6. Fine Tuning the Facility Assessment: Understanding the Enhancements Made to the Facility Assessment and How to Meet the New Requirements

Presented by: Hawley Hunt

Room: TBT

Content: Skilled Nursing Facilities have been completing Facility Assessments for several years. However, with the release of the CMS Minimum Staffing Rule, April 22, 2024, the Facility Assessment requirements we enhanced significantly. Changes were made to several aspects of the facility assessment and this session will walk through the changes made, and how to complete an effective assessment. Furthermore, the session will outline areas of the assessment that define day-to-day operations of the facility and establishing competencies based on the assessment.

Recommended Audience: NF: Administrators, Nursing.

10:00 am– 10:15 am: Break

10:15 am – 12:00 pm: Opening Keynote/Quality Award Recognition (90 minutes)

7. Opening Keynote: Living Resilience: The Key to Thriving in a Demanding World

Presented by: Caleb Campbell

Room: TBT

Content: Are you feeling trapped in an endless cycle of performance, productivity, and unmet expectations? Does it feel like your current playbook, the one that got you this far, is suddenly failing you? Caleb Campbell understands that feeling all too well. As a former NFL player, Caleb was no stranger to high-performance playbooks designed for ultimate achievement. But when he left the league, he discovered that his old playbook had an expiration date. He needed a new one—not just for success, but for wholeness, emotional well-being, and real, authentic leadership. This keynote will shift your perspective, turning what you may perceive as your breaking point into your breakthrough moment. This isn't merely about surviving the demands of leadership—it's about transcending them to find success and a deep, fulfilling sense of wholeness in both your professional and personal life.

Recommended Audience: AL, BC, NF: Activities, Administrators, Certified Dietary Manager, Registered Dietitian, Environmental, Nursing, Office/Finance, Social Workers, All Disciplines.

12:00 pm – 1:00 pm - Participant Lunch (Pool Patio)

12:00 pm – 2:00 pm: Membership Lunches

NDLTCA Membership Meeting Lunch
(TBT)

LTCSWND Membership Meeting Lunch
(TBT)

ND ANFP Membership Meeting Lunch
(TBT)

1:00 pm – 2:00 pm: General Sessions

8. Generational Differences in the Workplace

Presented by: Aimee Robertson

Room: TBT

Content: Using research from Perdue University, explore each of the four generations currently represented in the workforce. Understanding what major historic events took place during the formative years of each generation and what impacts were made. Learn the preferred methods of work and communication for each generation, all the while discovering how each generation might work best with another.

Recommended Audience: AL, BC, NF: Activities, Administrators, CDM, Environmental, Nursing, Office/Finance, Social Workers, All Disciplines.

9. Tips and Techniques for Training Staff to Engage Residents in Meaningful Activities

Presented by: Julie Reginek

Room: TBT

Content: In this era of culture change and resident directed care, all facility staff plays an important role in providing meaningful activity involvement for residents that support their quality of life. However, staff do not know how or have the resources to do this. In this session, we will explore how you, the activity expert, can help all staff to identify ways to involve residents in meaningful activity and how to identify and use available resources. A focus will be on tips and techniques that use the three "P's" for training staff.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

2:00 pm – 2:30 pm: Break

2:30 pm – 4:00 pm: Breakout Sessions (90 minutes)

10. Preserve and Protect the Skin Integrity of the Older Adult

Presented by: Susan Rolfe

Room: TBT

Content: The session will highlight standards of practice in promoting skin integrity, prevention, and treatment of pressure injuries. Explore factors to facilitate healing, recognize indicators of infection and distinguish treatment modalities for pressure injuries and lower extremity wounds.

Recommended Audience: AL, BC, NF: Administrator, Nursing.

11. Managing Time, Space, and People in Activities

Presented by: Julie Reginek

Location: TBT

Content: The secret to dealing with the future is to first define what we have to work with in the present. There's so much information overload that organizational skills are vital in the success of activity and recreation programs. Minutes spent on planning and organizing can save hours of time spent relocating and reviewing later. For an organizational plan to be effective it must be continually monitored. This session will look at way to effectively sort through the information overload and suggest ways to define the future.

Recommended Audience: AL, BC, NF: Activities

12. Hospice Partnering With You

Presented by: Susanne Olson and Tiffany Krumm

Room: TBT

Content: This session will cover the benefits of Hospice in your facility. Hospice myths and facts. Tips on conversation starters, overview of diagnosis indicators. When medical professionals say "There is nothing more we can do" there is much more that can be done, changing from aggressive treatment to comfort with dignity. Information provided on the "New Rules of End of Life Care" Interactive discussion is encouraged.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

13. ND DHS Cost Reporting 101

Presented by: Brad DeJong

Room: TBT

Content: The ND DHS cost report has a major impact on the financial progress of a nursing home or basic care facility. Making sure you understand the basics of how the reports are completed based on your information is integral in making sure you are reporting accurately. This session will review the basic reporting concepts of the cost report to ensure that you are reporting properly and asking the right questions from your team to capture costs.

Recommended Audience: BC, NF: Administrators, Office/Finance.

14. Improving Your Leadership Communication

Presented by: Aimee Robertson

Room: TBT

Content: Do your employee or resident surveys often result in low marks for communication? Using research from Harvard Business School, and Forbes, explore 8 ways leaders can improve their communication styles and techniques, leading to increased productivity and effectiveness among their teams. When used with intentionality, these methods can easily spread to your team members, potentially resulting in greater employee satisfaction and retention.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

2:00 pm – 4:00 pm: **Expo Set up** (Great Hall)

4:00 pm – 6:30 pm: **Expo** (Great Hall)

Wednesday, September 25

7:30 am – 5:00 pm: **Registration Open** (Atrium)

7:30 am – 8:30 am: **Breakfast** (Pool Patio)

7:30 am – 8:30 am: **NADONA Executive Board Breakfast Meeting (Club III)**

8:30 am– 10:00 am: **Breakout Sessions (90 minutes)**

15. Realign to 9 – Top Food Allergens (Food Safety Session)

Presented by: Julie Zikmund

Room: TBT

Content: For many years, in the United States, the 'Big 8' food allergens have been discussed. In the past year, sesame was added to the 'big 8' allergens and it is time to realign thoughts about food allergies to make room for NINE instead of 8 allergens. Food and Nutrition Professionals are uniquely equipped to prevent the accidental exposure to food allergens. Come learn more about food allergies and hone your skills because someone you know; their life depends on it!

Recommended Audience: AL, BC, NF: Administrators, Activities, Certified Dietary Manager, Registered Dietitian, Nursing.

16. Medicaid for LTC Individuals - Basic Care

Presented by: Amy Clouse and Brenda Kadlac

Location: TBT

Content: Basics of long term care Medicaid eligibility in Basic Care. Will highlight the most complex parts and encouraging Q&A throughout the session.

Recommended Audience: BC: Administrators, Managers, Office/Finance, Social Services.

17. Dementia Capable Care: An Effective Approach to Prevent and Safely Manage (De-Escalate) Distress Behavior

Presented by: Sharon Jackson

Room: TBT

Content: Over 90% of individuals living with dementia will experience distress behaviors putting themselves and others at risk. But it doesn't have to be this way. This session will describe a highly effective, non-pharmacological approach to prevent and de-escalate distress behaviors.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

18. An Administrator and Director of Nursing Approach to Compliance

Presented by: Susan Rolfes

Room: TBT

Content: With the updated Requirements of Participation being in place for a while, it is time for the NHA and DON to take a system-by-system review of key processes leading to compliance and quality outcomes. This engaging session will provide leaders with key strategies and tools for compliance and process improvement. Attendees will walk out with a streamlined system resource which includes leadership guidance, system implementation list, policy and procedure, training plan, posttest, and answer key as well as a detailed PowerPoint for one priority system. This approach can be utilized as a guide for quality outcomes and success

Recommended Audience: BC, NF: Administrator, Nursing.

19. HC Standard Trouble Shooting

Presented by: Duane Ell and Hunter Hubrig

Room: TBT

Content: This session will allow the attendee to ask specific questions they may have about HC standard and HC mobile that they are struggling with. We will also give a demo on how to enter, and view residents in HC standard as well as HC Mobile.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

10:00 am – 10:15 am: Break (*Pool Patio*)

10:15 am – 11:45 am: Breakout Sessions (90 minutes)

20. To “B” or not to “B” - Fostering Belonging in Nutrition & Dietetics Eldercare

Presented by: Angela Brekken

Room: TBT

Content: Join us for an insightful session focused on the crucial aspect of Diversity, Equity, Inclusion, and Belonging (DEIB) with a specific emphasis on “Belonging” from the resident’s and staff member’s perspectives. This presentation will delve into how creating a sense of belonging within the nutrition and dietetics departments can impact our resident’s lives as well as our professional environments.

Recommended Audience: AL, BC, NF: Administrators, Certified Dietary Manager, Registered Dietitian, Nursing.

21. Developing a Charge Nurse

Presented by: Cyndi Siders

Room: TBT

Content: Are your charge nurses prepared to lead the way when faced with challenging events, residents, staff and family members? The ability to critically think, prioritize, thoughtfully delegate and manage emergencies are core competencies of effective leadership. This presentation will address strategies for building a team of situationally aware supervisors, shift leaders and charge nurses. Topics will include resident, family and staff “messaging” when faced with difficult questions and unplanned situations; mentoring a new team member, coaching the under-performing team member, critical thinking as a daily work practice, and communication strategies to optimize team performance

and resident safety. Illustrated case scenarios and facilitated discussion will be incorporated throughout the session.

Recommended Audience: AL, BC, NF: Administrator, Nursing, Risk and Quality Professionals.

22. Managing Managed Care

Presented by: Nisha Hammel, AHCA

Room: TBT

Content: More than 30 million Americans are enrolled in Medicare Advantage plans and Medicare eligible beneficiaries continue to show a strong preference for MA over original Medicare. While North Dakota’s MA penetration is below the national average, MA enrollment experienced high growth. The growth in managed care has had implications from both, a beneficiary access to care and provider sustainability perspective. This session will cover the current state of managed care in PAC, how Medicare Advantage works, provider strategies and AHCA initiatives.

Recommended Audience: AL, BC, NF: Administrator, Nursing, Office/Finance.

23. Dementia Behaviors: What We Have Here is a Failure to Cooperate

Presented by: Tia Hovatter

Room: TBT

Content: Do you ever feel like your activity programs become the dumping ground for residents with behaviors? Are you having difficulty managing difficult behaviors during activities with residents living with dementia? Are you being met with resistance at every turn? This is the session for you! We will unpack all tools you will need so that you can change your approach and programming calendar in order to obtain a positive and cooperative outcome to all your residents living with dementia.

Recommended Audience: AL, BC, NF: Administrators, Activities, Nursing.

24. Adult and Aging Services - What Services are Available When a Resident Transitions Home

Presented by: Nancy Nikolas Maier

Room: TBT

Content: This presentation will provide an overview of the services administered by the ND Department of Human Services Adult and Aging Services section. Learn about transition and in-home and community-based services that assist eligible recipients who return to the community after a skilled nursing facility stay. Participants will learn how to assist residents with making referrals to Money Follows the Person (MFP) or the Aging and Disability Resource Link (ADRL) intake. Presenters will share best practices and highlight successful collaboration with facility staff that has led to safe and effective discharges to the community.

Recommended Audience: AL, BC, NF: Administrators, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services.

25. Clinical Approach to Preventing Suicide

Presented by: Sara Dukart

Room: TBT

Content: This presentation is intended for all healthcare professionals who work directly with patients ages 18 and older who can prescribe and provide treatment. Please note that all healthcare professionals who work directly with patients have a role to play in preventing suicide. We will cover several important concepts in our conversation, starting with an overview of terminology and how to talk about suicide safely. Next, we will review the epidemiology of suicide, risk factors that might contribute to suicide risk, and the relationship between problem-solving skills and cognitive inflexibility in people who may be at risk for suicidal behavior. We'll then talk about warning signs, screening tools and risk assessments, followed by potential treatment options. Finally, we will discuss how to help patients develop their safety plan for managing suicidal ideation and behavior and how to determine a longer-term treatment plan.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

11:45 a.m. – 1:15 pm: Lunches

Participant Lunch (Pool Patio)

NADONA Membership Meeting Lunch

(TBT)

ACHCA/ND Rough Rider Chapter Membership Meeting Lunch (TBT)

APND Networking Lunch (TBT)

1:15 pm– 2:45 pm: Breakout Sessions (90 minutes)

26. AL/BC Networking (Closed Session-Members Only)

Moderators: Joyce Linnerud Fowler, Kiara Tuchscherer, Nikki Wegner

Room: TBT

Content: Join your peers in this networking opportunity to learn what other facilities in the state are doing.

Recommended Audience: AL, BC: Administrators, Managers, Nursing and Staff.

27. Value Based Care and Population Health: The What, the Why, the Now What?

Presented by: Nisha Hammel, AHCA

Room: TBT

Content: Value based care and population health models continue to expand as CMS drives towards the goal of having all Medicare beneficiaries in “accountable care” relationships by 2030. In this evolving landscape, the roles of SNF and LTC providers have varied from directly bearing the risk to responding to and partnering with health systems, physician groups, MA plans and conveners. Join this session to learn more about the opportunities for SNF and LTC providers to engage in population health models.

Recommended Audience: NF: Administrator, Nursing, Office/Finance.

28. Creating a Sustainable Person-Centered Trauma-Informed Culture for Residents and Staff (Part 1)

Presented by: Paige Hector

Room: TBT

Content: Even before the relentless stress of the pandemic, trauma was recognized as “a widespread, harmful and costly public health problem” and addressing trauma “an important component of effective behavioral health service delivery” (SAMHSA). Whether it’s a pandemic or other life events, each of us will experience situations that generate intense emotions, which may also be traumatic. The experience of these events is cumulative across a lifetime and may impact us at any time, no matter how long ago the originating event occurred. In a healthcare setting, these impacts may show up in ways that staff find difficult to hear or to be around and are often labeled as “behaviors”, which may affect the caregiving relationship. This two-part series will bring person-centered trauma-informed principles to life with Nonviolent Communication skills and practices to help create sustainable trauma-informed workplace cultures.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

29. Regulation Translation

Presented by: Tia Hovatter

Room: TBT

Content: Ever feel like regulations are written in foreign language? You are not alone! We will translate the federal activity regulations and the intent of those regulations and learn how to easily incorporate and monitor the regulations into your department to ensure survey success!

Recommended Audience: AL, BC, NF: Administrator, Activities, Nursing.

30. 3 Risks Review Infection Control, Building Safety Inspections, and ND WSI Premium Reduction Program (Sanitation Session)

Presented by: Larry Poague

Room: TBT

Content: During our 90 minutes, we will spend 30 minutes discussing each of the following critical items in long term care: 1) The relationship between housekeeping and infection control and the different risks and methods for effective and efficient disinfection. 2) Look at results of safety inspections in the state of ND and discuss ways to add extra set of eyes for safety inspections. 3) WSI workers compensation program and how to receive a reduction in costs.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

31. Medicaid for LTC Individuals - Skilled Nursing

Presented by: Amy Clouse and Brenda Kadlac

Location: TBT

Content: Basics of long term care Medicaid eligibility in SNF. Will highlight the most complex parts and encouraging Q&A throughout the session.

Recommended Audience: NF: Administrators, Nursing, Office/Finance, Social Services

2:45 pm – 3:00 pm: **Break** (Pool Patio)

3:00 pm – 4:30 pm: **Breakout Sessions (90 minutes)**

32. DON Strategies to Embrace and Enhance Leadership Skills in Your Nursing Management Team

Presented by: Susan Rolfes

Room: TBT

Content: Training and mentoring nursing managers in leadership skills and approaches are crucial for retention, harmony, and quality. Join us for this energized presentation on user-friendly strategies for developing and sustaining leadership skills of your managers!

Recommended Audience: BC, NF: Nursing.

33. Creating a Sustainable Person-Centered Trauma-Informed Culture for Residents and Staff (Part 2)

Presented by: Paige Hector

Room: TBT

Content: Even before the relentless stress of the pandemic, trauma was recognized as “a widespread, harmful and costly public health problem” and addressing trauma “an important component of effective behavioral health service delivery” (SAMHSA). Whether it’s a pandemic or other life events, each of us will experience situations that generate intense emotions, which may also be traumatic. The experience of these events is cumulative across a lifetime and may impact us at any time, no matter how long ago the originating event occurred. In a healthcare setting, these impacts may show up in ways that staff find difficult to hear or to be around and are often labeled as “behaviors”, which may affect the caregiving relationship. This two-part series will bring person-centered trauma-informed principles to life with Nonviolent Communication skills and practices to help create sustainable trauma-informed workplace cultures.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

34. Advancing the Science: The Latest in Alzheimer’s and Dementia Research

Presented by: Melanie Gaebe

Room: TBT

Content: Today, nearly 7 million Americans are living with Alzheimer’s — an escalating health crisis that affects many in our community. At the same time, significant progress in Alzheimer’s research has led to advancements in diagnosing, treating and preventing dementia. Join us to learn more about the latest in Alzheimer’s research, and how the Alzheimer’s Association is leading the way toward a world without Alzheimer’s and all dementias.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

35. CDM Competency Confidence!

Presented by: Barbara Thomsen

Room: TBT

Content: Competency confidence... Understand what your CDM super powers are and how to exceed expectations! Are you doing what you can to follow the CDM CFPP scope of practice and the educational competencies to help you grow in your job and career? Challenge yourself and your team to be able to exceed in food service management and food safety! 90 Minutes 1.5 General CE Level II

Recommended Audience: AL, BC, NF: Certified Dietary Manager, Registered Dietitian.

36. Who Gives a Rip About Guardianship? Or Should You?

Presented by: Scott Bernstein

Room: TBT

Content: What in the world is a guardian? What is the scope of a guardian’s authority? Who holds them accountable? What good is a guardian anyway? How come they won’t drive a person under guardianship to the doctor? Ex Parte what? In this workshop you will jump into the shoes of a guardian. Strap in and go from infinity to beyond.

Recommended Audience: AL, BC, NF: Administrator, Nursing, Office/Finance, Social Services.

6:00 pm: **PAC Event**



Thursday, September 26

7:30 am – 12:00 pm: **Registration Open** (Atrium)

7:30 am – 8:30 am: **Breakfast** (Pool Patio)

8:30 am– 10:00 am: **Breakout Sessions (90 minutes)**

37. Trash Talk....CMS LTC Survey FBombs Why is it Always F812...?

Presented by: Barbara Thomsen

Room: TBT

Content: Trash talk....CMS LTC Survey FBombs Why is it always F812... Let's clean it up! How to store, prepare and serve food under sanitary conditions. This LTC Survey tag remains one of the highest cited deficiencies nationwide in our healthcare communities. WE need to do better by understanding the regulations behind substantial compliance by having processes and procedures in place for upholding high sanitary standards in our kitchens. 90 minutes 1.5 Sanitation CE Level II

Recommended Audience: AL, BC, NF: Certified Dietary Manager, Registered Dietitian.

38. Substance Use Disorders in Nursing Facilities

Presented by: Stephanie Smith

Location: TBT

Content: We'll talk about the important role staff play every day, one that directly impacts the lives of the residents in your care. Nursing facility staff are crucial in supporting residents with substance use disorders, a growing concern in our aging population. We'll touch on several topics related to substance use disorders including what they are, how they relate to trauma, stigma, warning signs, screening, and much more.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

39. Facility Reported Incidents

Presented by: Kelly Beechie

Room: TBT

Content: I will explain the CMS requirements for reporting allegations of abuse, neglect, exploitation or mistreatment, injuries of unknown source, and misappropriation of resident property, and the required timeframe for reporting. I will explain what CMS expects facilities to include on their initial and final reports.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

40. Chaos to Clarity: Navigating Exercise Requirements and Creating Meaningful After-Action Reports

Presented by: Elaina Huffman

Room: TBT

Content: In this session, we'll demystify the Centers for Medicare & Medicaid Services (CMS) Emergency Preparedness Training and Testing Program requirements, while also showing you how to transform After-Action Reports (AARs) from mere paperwork into powerful tools for real change.

Recommended Audience: AL, BC, NF: Administrators, Environmental.

10:00 am – 10:30 am: **Break**

10:30 am – 12:00: **Closing Session (90 minutes)**

41. Closing Keynote: Champions of Care: Leading the Team to Victory

Presented by: Sarah Ciavarrri

Room: TBT

Content: Just like a championship-winning football team, achieving excellence for our residents requires strategic leadership, seamless teamwork, and an unwavering commitment to our mission. Get ready to be motivated, empowered, and equipped with actionable insights to lead your team to victory in quality care. Let's huddle up and then charge forward together, because in the field of senior healthcare, every play counts and every team member matters.

Recommended Audience: AL, BC, NF: Administrators, Activities, Environmental, Certified Dietary Manager, Registered Dietitian, Nursing, Office/Finance, Health Information Managers, Human Resources, Social Services, All Disciplines.

Early bird pricing ends
August 26th!

