

# Assisted Living Facts

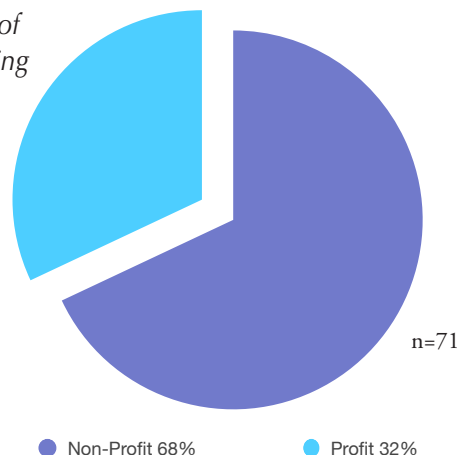
## ASSISTED LIVING AT A GLANCE

78 licensed assisted living facilities

3,143 licensed units

2018 average occupancy was **89%**  
n=33

Ownership of Assisted Living Facilities

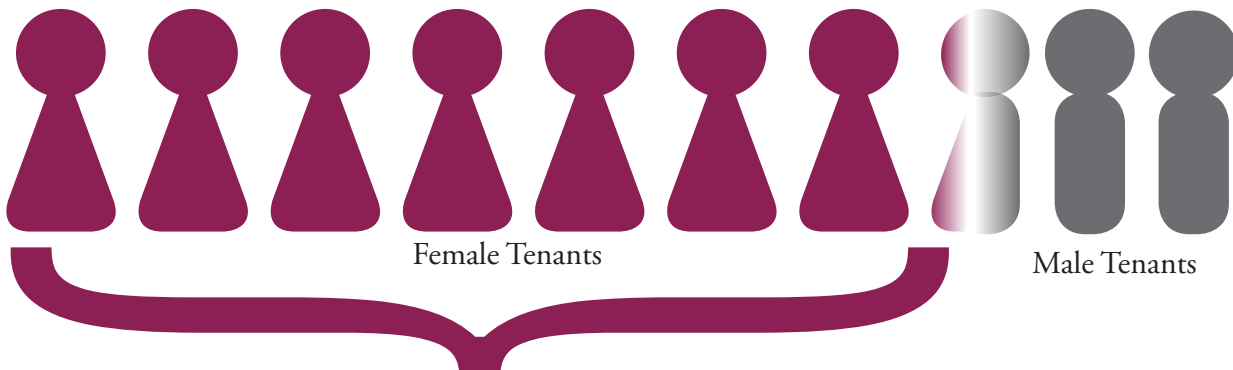


## Assisted Living Facts

- An assisted living facility is a congregate residential setting with private apartments and contracted services.
- A la carte services are contracted based upon an agreed upon service plan.
- A typical rental package includes meals, housekeeping, activities, transportation, and laundry.
- Facilities provide a full range of services from bathing to medication management to hospice care.
- Assistance with daily care, isolation and falls are the top issues precipitating the desire to move into an assisted living facility.
- Current tenants range in age from 57 to 106 with the average age being 87.



Gender of Assisted Living Residents  
n=981



**72%** of tenants in North Dakota ASSISTED LIVING are female

# Assisted Living Facts

## Assisted Living COST

In 2018 the average rent in an assisted living facility was \$2,534 per month, with a range of \$625 to \$5,370 per month.

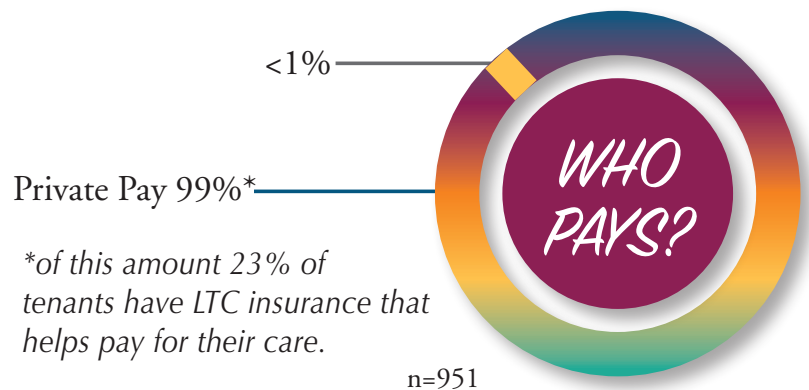
The cost for services in an assisted living facility varies dramatically, with a range of \$121 to \$4,800 per month.

The cost of assisted living is highly dependent on the size of the living space, the location in North Dakota, and the amenities in the rental package.

Most tenants pay for services from their own private funds, with long term care insurance assisting in 23% of the cases.



## Who Pays the Bill in Assisted Living Facilities?



## Care needs of assisted living tenants

**39%** of tenants have impaired mental status ranging from mild confusing or forgetfulness to a mental health diagnosis.

**41%** of tenants need full assistance with medication administration. These tenants on average take 11.7 over-the-counter and prescription medications daily.

**99%** of tenants are fully independent in eating, 97% independent with transferring, 94% with toileting, and 76% with dressing.

**66%** of tenants periodically use the assistance of a walker or cane.

**79%** of tenants are ambulatory (may use aids but not human assistance).