



North Dakota Long Term Care Association
Membership Meeting
Holiday Inn, Fargo
Tuesday, September 13, 2022

1. CALL TO ORDER

Chair, Cindy Tredwell, called the meeting of the North Dakota Long Term Care Association membership meeting to order at 11:45am, at the Holiday Inn, Fargo on Tuesday, September 13, 2022.

2. ROLL CALL

Roll call was taken and Carol Ternes, Executive Assistant announced that there was a quorum.

3. ANTITRUST AND CONFLICT OF INTEREST POLICY

Cindy asked all present to read the Antitrust and Conflict of Interest Policy. No questions or comments regarding policy were asked.

4. CALL FOR OTHER BUSINESS

Cindy called for other business and there was none.

5. APPROVAL OF THE MAY 3, 2022 MINUTES

Cindy called for approval of the May 3, 2022 minutes.

**MOTION: TIM KENNEDY/SHAWN STUHAUG MOVED AND SECONDED TO APPROVE THE MAY 3, 2022 MEMBERSHIP MINUTES.
MOTION CARRIED.**

6. 2023 ELECTIONS

Shelly Peterson conducted the election.

A. *SECRETARY/TREASURER*. Shelly announced the candidate for Secretary/Treasurer is Amy Kreidt. There were no new nominations from the floor. Shelly closed the nominations for Secretary/Treasurer.

**MOTION: REIER THOMPSON/JASON CARLSON MOVED AND SECONDED TO CEASE NOMINATIONS FOR SECRETARY/TREASURER AND CAST UNANIMOUS BALLOT FOR AMY KREIDT AS SECRETARY/TREASURER.
MOTION CARRIED**

7. 2023 MEMBERSHIP DUES INCREASE

Shelly reviewed the history of membership dues. Informed members the Budget Committee recommends a \$15 per bed/unit increase. Board supports this recommendation and requests membership approval.

**MOTION: RICK REGNER/CHRIS HASELEU MOVED AND SECONDED TO APPROVE \$15 PER BED/UNIT INCREASE FOR 2023.
MOTION CARRIED**

8. NURSE SCHOLARSHIP UPDATE

Shelly updated members on the State Grant. The State Grant Scholarship will offer additional scholarships. Total of \$80,000 is available, of that, \$20,000 will be used for CNA training. The remaining \$60,000 will be awarded to eligible student nurse applicants. Each year, up to \$30,000 will be available to award multiply \$1,000 scholarships, until all funds expended. 2022 will also offer (1) \$5,000 scholarship with the money raised from the Annual Fun Run. Grant funds must be used by June 2024. Judges will meet September 21st to review the 41 eligible applications.

9. LEGISLATIVE COMMITTEE UPDATE

Shelly updated members on legislative recommendations that the board recently approved to support. Shelly asked members to make a motion to support the following:

Amend our position on the basic care personal needs allowance, increasing it to \$135 per month rather than the \$125 supported and approved in May 2022.

**MOTION: SHAWN STUHAUG/TAMMY JANGULA MOVED AND SECONDED TO APPROVE TO AMEND BASIC CARE NEEDS ALLOWANCE, INCREASING IT TO \$135 PER MONTH RATHER THAN THE \$125.
MOTION CARRIED**

Support changes to the Basic Care Payment System:

- Rebase basic care limits using the most recent cost report for the July 1, 2023 rates.
- Adopt a new limit methodology as recommended by the study group – median plus 18% for direct care and median plus 12% of indirect. Do not support a peer grouping for setting the indirect limit.
- Support a minimum of 4% annual inflationary adjustment for 2023 and 2024.

**MOTION: LANA CHARVAT/BRIAN WILLIAMS MOVED AND SECONDED TO APPROVE CHANGES TO BASIC CARE PAYMENT SYSTEM.
MOTION CARRIED**

Support legislation giving guardians authorizing to consent to a ward to be treated with prescribed mood stabilizers or antipsychotic medication against the wards will.

MOTION: PETE ANTONSON/MATT AHRNDT MOVED AND SECONDED TO APPROVE TO SUPPORT LEGISLATION GIVING GUARDIANS AUTHORIZING TO CONSENT TO A WARD TO BE TREATED WITH PRESCRIBED MOOD STABILIZER OR ANTIPSYCHOTIC MEDICAION AGAINST THE WARD WILL.

MOTION CARRIED

Support additional dollars for guardianship services for indigent adults, expanding the number of guardians and paying them more than \$10 per day.

MOTION: MARK JOHNSON/STEPHANIE EDLAND MOVED AND SECONDED TO APPROVE TO SUPPORT ADDITIONAL DOLLARS FOR GUARDIANSHIP SERVICES FOR INDIGENT ADULTS, EXPANDING THE NUMBER OF GUARDIANS AND PAYING THEM MORE THAN \$10 PER DAY.
MOTION CARRIED

10. LEGISLATIVE ADVOCACY

Shelly talked to members about the importance of visiting and establishing a relationship with legislators. The Association is viewed as politically powerful because of our members. A handout with talking points for each type of facility, basic care, nursing facility, assisted living was provided for members for their discussion with legislators.

11. CAMPAIGN TO GET RID OF COVID RESTRICTIONS

A press conference was held Monday at 4:30. Board Members Cindy Tredwell and Pete Antonson did a great job of sharing their facility story as well as Chris Larson, resident at Mayville Nursing Home and Roger Roles from ND Veterans Home sharing their personal story. Several news reporters attended. The reporter from The Forum had a great story which was shared by AHCA/NCAL.

12. MEDICAID ELIGIBILITY ZONES UPDATE

DHS continues to be challenged to review Medicaid applications within a timely period. DHS is hoping to be staffed with 3 additional people by next week. This should help to process applications. Members are urged to give families the toll free #, 1-833-755-0235, if they need help completing the application. If facilities want to be updated on an application, get a ROI signed. If an application gets “stuck”, reach out to Crystal Labatore, 701-857-6934, to review status.

13. WAGE INDEX STUDY UPDATE

Results from the Wage Index Study are complete. The Association hired Eide Bailly and CliftonLarsonAllen. Cost for the study was \$45,000. We are hopeful this study will result in better Medicare rates on 10-1-23.

14. NF VALUE BASED PURCHASING

The Association, members, and DHS are working collaboratively to develop a VBP as part of the new NF Payment System. New money of approximately \$16 million dollars will be requested to implement VBP in the 23-25 biennium. At this point, the committee is recommending 4 measures be used plus the Baldrige Quality Adoption. The tentative quality measures selected are LS Antipsychotic Use, LS Hospitalization Rate, LS Pressure Ulcers and LS UIT.

15. 2023 MEMBERSHIP AGREEMENT

Copy of agreement is included in your packet and also available online. All members are asked to complete to provide their current information.

16. EMERGENCY PALANNING REPORT

Vanessa Raile, Director of Emergency Planning provided an update to members.

1. **FALL CONFERENCE** – offering an Emergency Preparedness Day! (9/13) with repeat sessions of two topics on Wednesday, 9/14
 - a. Already happened: **Stop the Threat/Stop the Bleed – Active Shooter Training**
Cass County Sheriff Jesse Jahner and Vicky Black, Trauma Nurse from Essentia presenting – They received a grant to provide this program to businesses in the Cass County and surrounding areas.
Reach out to them and bring them in. Your staff should be prepared if this should ever happen in your facility. GREAT TRAINING!
 - b. Already happened: **HC Standard Resident Tracking & Evacuation with Chair Stair/Med Sled** – This session will be repeated 3 more times on Wednesday – with much turnover in your facilities, this is a good session for those to attend.
 - c. **HAN Assets & Everbridge Mass Communication – 2:00 – 3:00 PM** – find out the many durable assets available in the Medical Cache and the basics of Everbridge Mass Communication. – This session will be repeated on Wednesday
 - d. **Back to the Basics – Emergency Preparedness Survey in Skilled Nursing Facilities** – the E-Tags will be discussed as what is needed in your Emergency Preparedness Operation Plans – Also to be discussed the recent Federal Life Safety & EP Surveys that were done in ND as well as citations given.

2. As of 9/1, **I have revised the Emergency Preparedness Contact List/Email List to Administrator preference.** Emergency Preparedness Update emails will no longer be sent to the Administrator List Serve separately from the EP Contact list/email list. If you want to continue to receive the EP emails, your administrator must ask for you to be added. If you were receiving them but no longer are, please contact your administrator to get you back on the Emergency Preparedness Contact Listing – Email me.

3. On 9/7 in **Awareness of Emergency Preparedness Month**, I sent an EP Update with links to all of the online resources available to you
 - a. **AHCA/NCAL EP Website** – there are resources there that are only accessible to NDLTCA/AHCA members although there is some general information accessible to non-members. If there is something you see that you would like to access but it is locked to members only, please contact Carol at our office to look at a membership agreement
 - b. **NDDoH EP links & resources**
 - c. **NDLTCA EP Web Page** – check out the 3 pages available with training dates, templates, and links to other resources.

Check out that email and share with those appropriate

4. **Lastly, let's talk COVID –**

- a. **New Bi-Valent Booster-** Now available for you residents and staff. Any one over 5 years of age that has the primary vaccine series is eligible. Make sure if you are a vaccine provider that you are ordering your vaccine & supplies from the Vaccine Program or contact your LTC pharmacy provider or contact your local public health office. Let's continue our great effort of getting residents and staff up to date on their vaccines.

- b. **Are you having problems getting PPE supplies from your primary and secondary vendors?**

We have heard that some facilities that are in an outbreak are having difficulty getting the N95 masks – that they are on backorder.

If you contact the NDDoH DOC/HAN assets and they deny sending to you in an emergency, please let me know. I am in daily contact with Juli Sickler and the NDDoH Emergency Preparedness Response division. I will get you help. The normal process will be to replenish once you can get them.

- c. **The Call to Action Campaign – to Rescind COVID restrictions** needs that Extra Push!

We are at 1010 letters! We need any facility that has not done a push for letter at their facility to do so now. We have made the process very easy.

- i. Talking points to consider when writing your letter
- j. Plus a form letter for anyone to write and sign
- k. Please send them to the CDC, CMS and a copy to Vanessa@ndltca.org

Let's get to 2000 letters by Sept 30th!

We held a press conference yesterday. We were hoping for national attention. A reporter from the FORUM got her story in the AHCA/NCAL Provider Daily. Check out the story.

- d. If you need anything regarding COVID, please let me know.

Thank you for all you have done during this 2½ year pandemic. Keep up the great work. One more thing, we have extra Emergency Preparedness Reference Guides at the back of the room. Take some for all of your nurse's stations/wings, etc. If you would like more, please contact me and I can send some out.

17. **EDUCATION REPORT**

Peggy Krikava, Education Director, provided update to members.

- Fall Conference – WELCOME!
 - 368 registered give or take
 - A couple of changes to the schedule
 - Ralph Peterson needs to change his day/times so Session 33 “How to Manage when No One wants to Work” moved from Wednesday afternoon to Tuesday from 2:00-3:30 p.m. and Session 39 “AHCA Quality Awards Journey” has moved to Wednesday from 8:30-10:00 a.m. Both will be in Embassy A & B.
 - Carmen Bowman, scheduled to present three activity sessions on Wednesday, has COVID and is not able to make it. She has provided us

with a video of her presentations that we will play and have lined up APND to facilitate the Q&A's and discussion at the end.

- Rooms have been set to max.
- Breaks will be outside the breakout rooms in the foyers. Breakfast and Lunch will be in the pool patio
- Expo is tonight from 5:30-7:30 p.m. Please be sure to stop each of the booths and visit with our sponsors and thank them for their sponsorship. Miranda created a fun "getting to know your sponsors" crossword game to play for a chance to win a prize.
- Be sure you get your name badge scanned as you enter your session and exit when done. This is the only way you will get ce's. If your next session is in the same room, you will need to scan out of your current session and scan in for the next session.
- Be sure to buy cherished hopes tickets for a chance to win one of the awesome Cherished Hopes baskets. Baskets are on display at the registration desk.
- Handouts and Evaluations were posted on our website and will remain up for one month following the conference.
- COA is in your packet. Be sure to mark the sessions you attend, sign, and turn into the registration desk before you leave the conference.
- PAC event is Wednesday night from 6:00-9:00 pm at the Eide Bailly office.

- Upcoming education

October 19 (Bismarck, Ramkota) & 20 (Holiday Inn, Fargo) Frontline Caregiver

Chair Cindy Tredwell adjourned meeting at 1:45pm.

Respectfully submitted,

Amy Kreidt, Secretary/Treasurer