



North Dakota Long Term Care Association
Board Meeting
Monday, September 12, 2022
Noon – 4:00pm
Holiday Inn, Fargo
Executive Room – Harvest Hall

1. CALL TO ORDER

Chair, Cindy Tredwell, called the meeting of the North Dakota Long Term Care Association Board to order at 12:23pm on Monday, September 12, 2022.

2. ROLL CALL

Amy Kreidt, Secretary/Treasurer took roll call.

MEMBERS PRESENT:

Cindy Tredwell
Pete Antonson
Tim Kennedy
Dan Kelly
Nikki Grebel

Jill Foertsch
Trevor Tompkins (departed early)
Rick Regner
Amy Kreidt (Virtual)
Kiara Tuchscherer

OTHERS PRESENT:

Shelly Peterson, NDLTCA President
Peggy Krikava, Education Director
Carol Ternes, Executive Assistant
Vanessa Raile, NDLTCA Emergency Planning
Mirranda Gross, Education Assistant

3. CALL FOR OTHER BUSINESS

Nikki Grebel added discussion be held regarding Fall Conference held the same week as Assisted Living Week. Added to agenda.

4. ANTITRUST AND CONFLICT OF INTEREST POLICY

Cindy asked all present to read the Antitrust and Conflict of Interest Policy. No questions or comments regarding policy were asked.

5. APPROVAL OF THE JULY 26, 2022 MINUTES

Cindy called for approval of the July 26, 2022 minutes.

MOTION: KELLY/KENNEDY MOVED AND SECONDED TO APPROVE THE JULY 26, 2022 MINUTES.

100% YEAS. 0 NAYS. MOTION CARRIED.

6. 2021 990 REPORT FOR THE ASSOCIATION AND FOUNDATION

Anne Stoll, Eide Bailly reviewed the 2021 990 for the Association and Foundation. It was noted that Trevor Tompkins name was misspelled on the Association 990. Correction will be made.

MOTION: GREBEL/REGNER MOVED AND SECONDED TO APPROVE THE 2021 990 REPORT FOR THE ASSOCIATION, WITH CORRECTIONS.

100% YEAS. 0 NAYS. MOTION CARRIED.

It was noted that the Board Members listed on the Foundation needed to be updated. Correction will be made.

MOTION: REGNER/FOERTSCH MOVED AND SECONDED TO APPROVE THE 2021 990 REPORT FOR THE FOUNDATION, WITH CORRECTIONS.

100% YEAS. 0 NAYS. MOTION CARRIED.

7. 2022 YEAR TO DATE FINANCIALS

Due to Shawn Surface, Account Tech, resignation in August, the year-to-date financials are not available.

8. 2023 ASSOCIATION BUDGET & AHCA DUES INCREASE

The 2023 draft budget has a negative balance. Three facilities have closed and in the past 25 years, 1806 NF beds have been eliminated. Members have not had a dues increase since 2016. The Budget Committee met and discussed a \$15 per bed increase. This increase would provide for a \$18,000 profit for 2023 budget. Discussion held.

MOTION: ANTONSON/REGNER MOVED AND SECONDED TO APPROVE PRESENTING A \$15 PER BED INCREASE TO MEMBERS.

100% YEAS. 0 NAYS. MOTION CARRIED.

9. FRANK WEDGE TRUST UPDATE

US Bank Representatives present to introduce themselves to board members and provide a history of the Frank Wedge Trust.

10. LEGISLATIVE RECOMMENDATIONS

Shelly reviewed the Legislative Recommendations and discussed the four motions presented for approval.

1. Amend our position on the basic care personal needs allowance, increasing it to \$135 per month rather than the \$125 supported and approved in May 2022.
2. Support changes to the Basic Care Payment System:
 - Rebase basic care limits using the most recent cost report for the July 1, 2023 rates.
 - Adopt a new limit methodology as recommended by the study group – median plus 18% for direct care and median plus 12% of indirect. Do not support a peer grouping for setting the indirect limit.
 - Support a minimum of 4% annual inflationary adjustment for 2023 and 2024.
3. Support legislation giving guardians authorizing to consent to a ward to be treated with prescribed mood stabilizers or antipsychotic medication against the wards will. (This legislation is being brought forward by the Guardianship Standards Workgroup, a group appointed by the court and chaired by Judge Feland.)
4. Support additional dollars for guardianship services for indigent adults, expanding the number of guardians and paying them more than \$10 per day. (This legislation is being brought forward by many groups advocating on behalf of guardianship services. NDLTCA received a letter asking for our organizational support of this initiative.)

MOTION: KELLY/ANTONSON MOVED AND SECONDED TO SUPPORT ALL FOUR LEGISLATIVE RECOMMENDATIONS PRESENTED. 100% YEAS. 0 NAYS. MOTION CARRIED.

11. CAMPAIGN TO GET RID OF COVID RESTRICTIONS

Shelly informed the board over 1,000 letters have been sent. Press conference today at 4:30. Presenting at the press conference will be: Shelly Peterson, Cynthia Tredwell, Pete Antonson, Vanessa Raile, Roger Roles, Chris Larson. It is our hope CMS/CDC will listen to the emails and lessen restrictions soon. Next week the 1,000 emails will be presented to Governor Burgum's staff and congressional office staff, as well as DHS and DOH.

12. LEGISLATIVE ADVOCACY

Shelly encouraged all members to reach out to legislators in their district. There are 98 legislators on the November ballot. Talking points for each type of facility was provided. It is our goal to have all BC, AL, and NFs be the trusted voice of long term care. Relationships with legislators need to be nurtured. All members are encouraged to set up meetings with their legislators. Talk about the staffing crisis and our legislative priorities.

13. NF VALUE BASED PURCHASING

The Association, members, and DHS are working collaboratively to develop a VBP as part of the new NF Payment System. New money of approximately \$16 million dollars will be requested to implement VBP in the 23-25 biennium. At this point, the committee is recommending 4 measures be used plus the Baldrige Quality Adoption. The tentative quality measures selected are LS Antipsychotic Use, LS Hospitalization Rate, LS Pressure Ulcers and LS UTI.

14. WAGE IMPACT STUDY UPDATE

Results from the Wage Index Study are complete. Scott Braun, Eide Bailly, reviewed the wage index for Altru, Sanford Bismarck and Fargo, Essentia, CHI St. Alexius/Common Spirit. Jill Sigelman, CliftonLarsonAllen, reviewed the wage index for Trinity Health, Minot.

Cost for the study was \$45,000. We are hopeful this study will result in better rates on 10-1-23.

15. GPO OPPORTUNITY WITH INCITE

Nick Trankito, Incite, discussed with board members the possibility of working with members to offer a group purchasing opportunity. Board members discussed conflict with Sponsor members similar program. Is there an opportunity for Incite to become a sponsor? If a board member is interested in comparing Incite pricing with their current providers, reach out to Shelly.

16. SUCCESSION OF PRESIDENT TIMELINE FOLLOW-UP

Board members discussed the Executive Search handout. Several changes discussed. Board would like the final copy completed by end of December.

Interview process will include (5) Board Members, Cindy, Nikki, Amy, Rick, and Trevor. Interview process will also include Shelly.

17. NURSE SCHOLARSHIP UPDATE

Shelly updated the board members on the State Grant. The State Grant Scholarship will offer additional scholarships. Total of \$80,000 is available, of that, \$20,000 will be used for CNA training. The remaining \$60,000 will be awarded to eligible student nurse applicants. Each year, up to \$30,000 will be available to award multiply \$1,000 scholarships, until all funds expended. 2022 will also offer (1) \$5,000 scholarship with the money raised from the Annual Fun Run. Grant funds must be used by June 2024. Judges will meet September 21st to review the 41 eligible applications.

18. DISTINGUISHED SERVICE AWARD

Board reviewed the current list of past Distinguished Service Award Recipients. Board members will discuss recommendation for 2023.

19. EMERGENCY PREPAREDNESS UPDATE

Due to lack of time, Vanessa will provide full update at membership meeting.

20. EDUCATION REPORT

Peggy Krikava, Education Director, provided an update on the Sponsorship Program to the board. A complete update will be presented at the membership meeting.

- Sponsorship Program
 - Currently: 32 Sponsors (4 platinum, 13 gold, 15 gold) = \$148,500
 - 2023 Budget: 32 Sponsor (4 Platinum, 13 Gold, 15 Bronze) = \$180,500
 - NOTE: increasing sponsorship fees
 - Have not increased for at least 18 years. (2005 is as far back as I could find)

- Inflation has increased YTD over 9%
- Conference expenses have increased (food, speaker fees, speaker travel, contract services)

21. NDLTCA-PAC UPDATE

PAC Event will be held, Wednesday, September 14th, from 6:00-9:00 at Eide Bailly Headquarters. Even includes dinner, beverages, games and door prizes. All are encouraged to attend.

22. NDLTCA-PAC DONATION AT NATIONAL CONVENTION

Board discussion regarding purchase tickets to the PAC Event at the AHCA Convention for members that are attending the Convention.

MOTION: KELLY/GREBEL MOVED AND SECONDED TO APPROVE PURCHASE OF TICKETS TO PAC EVENT UP TO \$2,600.00. 100% YEAS. 0 NAYS. MOTION CARRIED.

PAC Donation for Governor Burgum brought back for discussion.

MOTION: ANTONSON/TUCHSCHERER MOVED AND SECONDED TO APPROVE DONATION FO \$2,000 TO SUPPORT GOVERNOR BURGUM RE-ELECTION. 100% YEAS. 0 NAYS. MOTION CARRIED

23. OTHER BUSINESS: Move Fall Conference to a different week as it is the same week as Assisted Living Week.

Peggy informed the board the conference is booked out several years in advance to ensure venue. Note, 2023 Fall Conference is the week of September 25th, which is not Assisted Living Week. Peggy will make note for future booking.

Chair Cindy Tredwell adjourned meeting at 4:00pm

Respectfully submitted,

Amy Kreidt, Secretary/Treasurer