



North Dakota Long Term Care Association
Board Meeting
Tuesday, January 31, 2023
11:00am – 1:00pm
Ramada Hotel, Bismarck, ND

1. CALL TO ORDER

Chair, Cindy Tredwell, called the meeting of the North Dakota Long Term Care Association Board to order at 11:00am on Tuesday, January 31, 2023.

2. ROLL CALL

Amy Kreidt, Secretary/Treasurer took roll call.

MEMBERS PRESENT:

| | |
|----------------|-------------------|
| Cindy Tredwell | Jill Foertsch |
| Jac McTaggart | Richard Regner |
| Tim Kennedy | Gerry Leadbetter |
| Amy Kreidt | Belinda Moen |
| Nikki Grebel | Kiara Tuchscherer |

OTHERS PRESENT:

Shelly Peterson, NDLTCA President
Peggy Krikava, NDLTCA Education Director
Carol Ternes, NDLTCA Executive Assistant
Mirranda Gross, NDLTCA Education Assistant
Vanessa Raile, NDLTCA Director of Emergency Planning
Beth Urbanec, AIT, St. Luke's Home, Dickinson

3. CALL FOR OTHER BUSINESS

Cindy called for other business and there was none.

4. ANTITRUST AND CONFLICT OF INTEREST POLICY

Cindy asked all present to read the Antitrust and Conflict of Interest Policy.
No questions or comments regarding policy were asked.

5. APPROVAL OF THE DECEMBER 14, 2022 MINUTES

Cindy called for approval of the December 14, 2022 minutes.

MOTION: REGNER/LEADBETTER MOVED AND SECONDED TO APPROVE THE DECEMBER 14, 2022 MINUTES.

100% YEAS. 0 NAYS. MOTION CARRIED.

6. INTRODUCE NEW/RE-ELECTED BOARD MEMBERS

Cindy informed the board the Secretary/Treasurer position is open and asked the board for nominations. Tim Kennedy was nominated and accepted nomination.

MOTION: REGNER/TUCHSCHERER MOVED AND SECONDED TO APPROVE TIM KENNEDY AS NDLTCA SECRETARY/TREASURER

100% YEAS. 0 NAYS. MOTION CARRIED.

Cindy welcomed Belinda Moen, Region 1 Director and Jac McTaggart, Hospital Attached Director-At-Large to the board.

7. APPOINTMENT OF NURSING FACILITY DIRECTOR-AT-LARGE

Cindy asked board members for recommendation for NF Director-At-Large. Tim Kennedy recommended Stephanie Edland, Aneta Parkview Health Center. Stephanie accepted nomination.

MOTION: GREBEL/MCTAGGART MOVED AND SECONDED TO APPROVE STEPHANIE EDLAND AS NDLTCA NURSING FACILITY DIRECTOR-AT-LARGE.

100% YEAS. 0 NAYS. MOTION CARRIED.

8. SECURITY ISSUES

Shelly updated the board on recent emails from a former employee. Shelly provided background on the employee's position, health issues, and the employee's decision to leave employment due to their health issues.

Board discussed employee safety while at the office because of the recent emails and several issues regarding the neighborhood.

Board suggested the following safety upgrades:

- Security system for the office, Peggy will reach out to Bek Communications, NDLTCA Bronze Sponsor, for a quote
- Coating on the front door that will prevent seeing inside
- Ring Door Camera
- Parking lot lighting
- Snow removal around the building
- Steps to back patio off Shelly's office

Shelly will provide estimates to board and board will approve at that time.

9. 2022 YEAR TO DATE FINANCIALS

Shelly discussed the year-to-date financials.

-Edward Jones investment loss is majority of financial statement showing a loss

-Wage Index Study additional expense was not in the budget, board approved

-Still awaiting Clifton Larson invoice for Wage Index Study.

MOTION: FOERTSCH /KREIDT MOVED AND SECONDED TO APPROVE THE 2022 YEAR TO DATE FINANCIALS.

100% YEAS. 0 NAYS. MOTION CARRIED.

10. LEGISLAIVE UPDATE

Shelly reviewed the Bill Status Report

-bills continue to be added as they are introduced and reviewed

-SB 2088 regarding licensure of assisted living facilities has been defeated

-Legislators may want to do a study of AL facilities

Shelly reviewed the 2023 Facts & Figures book. This will be available for legislators tonight, great resource for information on long term care facts.

Shelly urged members to reach out to their legislators and talk with them about our priority legislation. Member contacts are important and make a difference.

11. EDUCATION REPORT

Peggy Krikava, Education Director, provided an update to the board.

- 2023 Education
 - Annual Convention - May 2-5, Bismarck “Unmasking Your Potential”
 - Registration to launch mid-February
 - Administrator’s Conference – July 25-28, Walker, MN
 - Fall Conference – Sept 25-28, Fargo
 - Proactive Webinar Series
 - Deep Dive into Federal Regulations – 13 full registrations, 1 Jan registration
 - 5-Star Work Plans – 13 full registrations
 - Hot Topics for Administrators – 16 full registrations
 - Department Head Debriefing
- 2023 Sponsor Program:
 - Sponsorship fees increased by \$1,000. No opposition at this point. Lost Kraus-Anderson, AMT and Sanford Equip.
 - Platinum \$9,000, Gold \$6,5000, Bronze \$4,000
 - Budgeted: 4 Platinum, 13 Gold and 15 Bronze = \$180,500
 - Renewals: 7 Platinum (2 new = Northland Pace and Maxon Nursing and Essity moved up), 12 Gold and 13 Bronze = \$193,000
- 2023 Associate Membership
 - Membership increased by \$50
 - Budgeted: 8 Individual, 63 Regular, 8 Expanded
 - Renewals: 1 Individual, 41 Regular, 3 Expanded (NOTE: majority renew closer to the convention/expo)
- Website

- Miranda has done an outstanding job with this project.
- Launched the website on Monday, January 23
- Board approved \$7,000, cost \$8,807 (membership facilities, secure site and ad space)
- ND Board of Examiners
 - Administrative Rule Changes
 - 20 hours of CE's can come from online approved providers starting in 2023.
 - Moving to 1,000 hours with the option for waivers for experience

12. EMERGENCY PREPAREDNESS UPDATE

Vanessa Raile, Director of Emergency planning, provided an update to the board.

PHE (Public Health Emergency) ending May 11th. – Not sure how at this time this will affect the COVID restrictions in effect by CMS. AHCA/NCAL email today states these are the Highlights:

- a. As of May 11, SNFs may no longer use the 3-Day Waiver or the Spell of Illness waiver.
- b. Temporary Nurse Aide statewide waivers could be extended by CMS to May 11 if the state requests and there is evidence of need. Currently, the state waivers for 18 states end between March 20 and April 7.
- c. The end of the PHE also ends Medicaid Flexibilities provided to states.

AHCA/NCAL is requesting CMS end requirements that were implemented during the PHE that are no longer necessary and to end this no later than the conclusion of the PHE. This includes widespread notifications on COVID cases per F885, enhanced enforcement for F880, and end or scale back NHSN COVID reporting.

AHCA/NCAL is also reaching out to the administration to understand the implications, if any, for COVID-19 vaccine and antiviral access and administration. Advocacy efforts will continue to ensure long term care remains a high priority and that burden for reporting is decreased.

EP Training through Department of Health & Human Services – Moving training to facilities rather than through our Conventions/Conferences

- a. Evacuation training & HC Standard Resident Tracking – Able to get more people through the training of loading residents in buses/ ambulances/ etc. during an emergency plus you are able to use the HC Standard Resident Tracking software at your facility
 - i. Schedule with Duane Ell, dbell@nd.gov
- b. They will also do a tabletop through video conferencing if you want help in your facility

Make sure to do your annual review of your EOP (Emergency Operation Plan).

Plan your full scale exercises – No full scale exercise at the May Convention

Always keep your Emergency Preparedness Contacts up to date – With turnover not always up to date – this list is for all EP emails

Administrators, please complete a UND ECHO Program survey – Regrading CNA training programs

Workforce – New AHCA/NCAL website – Careersincare.org – lots of resources for recruiting

Pilot Programs – through AHCA/NCAL

Leadership Academy – Building Trust – 8 Facilities from ND out of 22 applicants

a. I will be leading this.

Learning Network – Infection Control – Infection Preventionist – Shift leader – 8 applicants – 6 chosen

b. Jenifer Lauckner from Great Plains QIN will help with this.

Chair Cindy Tredwell adjourned meeting at 1:26pm

Respectfully submitted,

Tim Kennedy, Secretary/Treasurer